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Harvest
Top 10 reasons to consider your own garden

Pain Cocktails
New section debuts w/ a twist on medicated recipes

PDA

Please Don't Ask

ACCESS MANIFEST
Pull out poster map for popular Western WA collectives

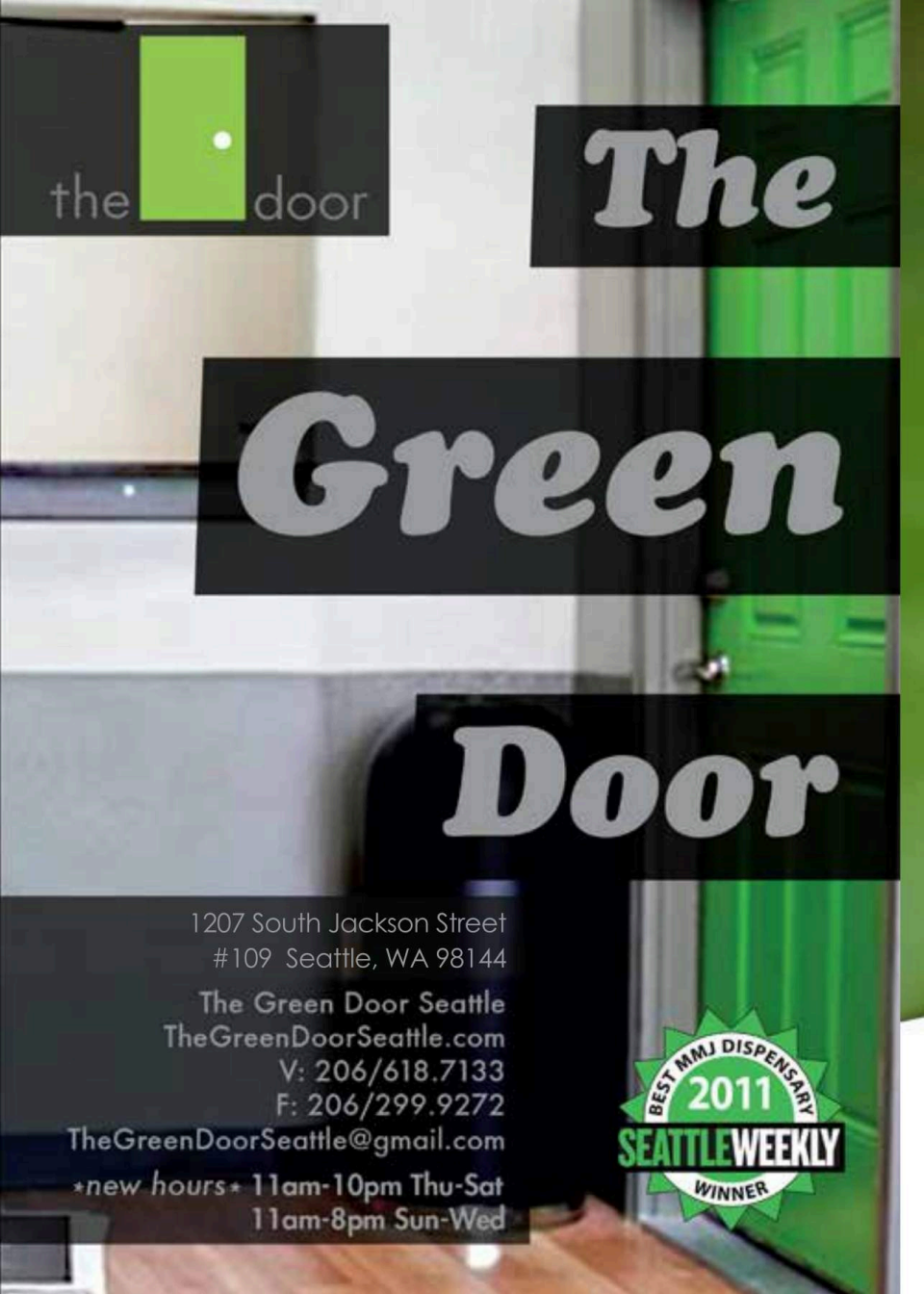
HARVEST?

NOT INTENDED FOR THOSE UNDER 21

PUBLI-CATION

Also: Erykah Badu, Stephen Marley, Cargotecture, Copper Mine Grow Ops, Jill Stein, Ed Rosenthal, djblesOne, Salumi, Frugal's, Adrift Hotel, OG Worker Bee, Canna Kickit at City Arts Fest, Method Seven, Linda's Gardening Magic, Delicatus

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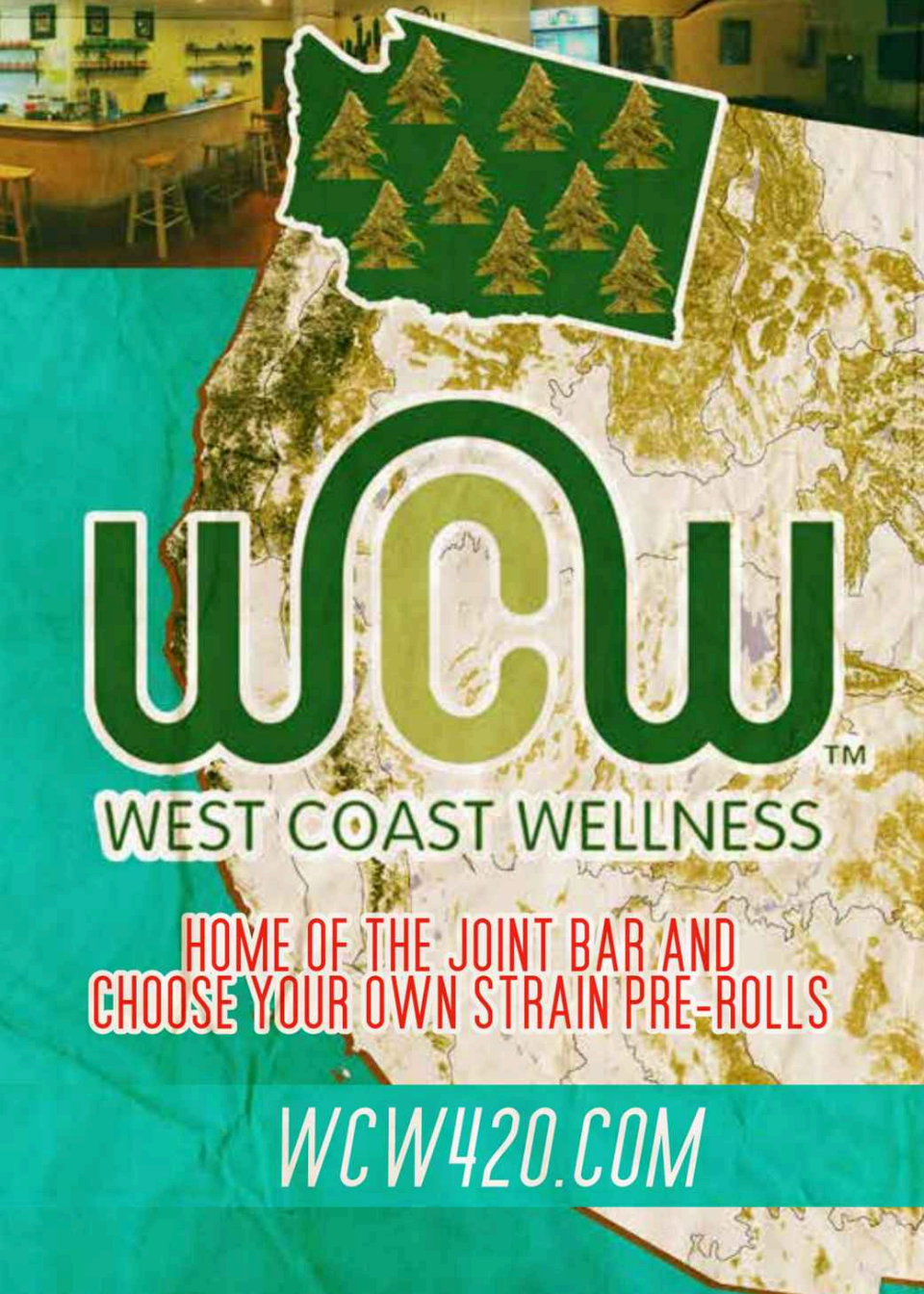
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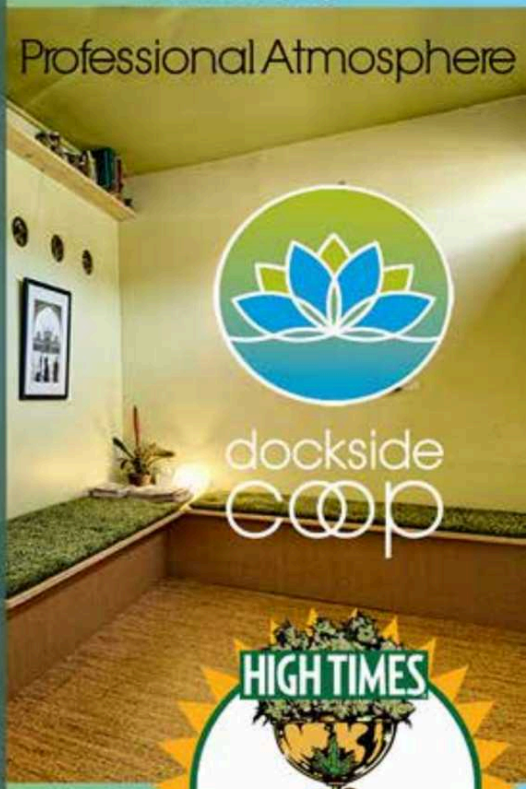
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THE OWNER'S BOX

After years of using cannabis recreationally, followed by the benefit of using this great substance as a form of medicine, I thought I knew cannabis inside-and-out. Then I started growing it. Growing brought my relationship with cannabis to a more intimate level. This plant is so similar to people, I often believe that it was created to be a companion of sorts. There to bring comfort and relief from pain, able to ease our anxieties and stress, there to teach us the principles of success and having a balanced life. In my opinion, people and plants such as cannabis, are similar in how we bear fruit.

My experiences growing cannabis have taught me more about life than I could learn from any book. I have learned about eating properly, having sufficient rest, having a good, clean, and stable environment to thrive in, needing help from others, having enough space to grow and be myself, and understanding how my roots directly impact my ability to produce the fruits I desire in life. I learned patience, and the value of those you can trust and depend on. I think the most valuable lesson I learned from growing cannabis is the value of hard work and the principles of seed and harvest.

Life is a constant cycle of sowing seeds and reaping a harvest.

In the beginning I would count down the days until harvest excited as ever to cut those stalks as if that was the finish line. By going through this process time and time again, I learned that chopping these gentle giants down was only the beginning of the harvest. This part of the process is just as important as growing. You must have the patience to dry properly, trim properly and cure properly with enthusiasm for each step. This is no different from life. Getting a job interview isn't the end of the journey and neither is graduating from college, they are the starting points for your next adventure.

Sincerely,

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VOL. 1
ISSUE 4
"For those seeking alternative solutions to the same old problems"

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THE GROW LIFE

The secret tricks of master growers can help a novice get started

STARCHITECTS

Drafting the blueprints of a better tomorrow right here at home

MUNCHIN, WA

We took the search statewide and found a memorable mouthful at every stop

MARKET WATCH

Everything a patient seeks is under one roof at NW Cannabis Market

LONG BEACH, WA

PDA parks it at Adrift Hotel, and visits Jake the "Alligator Man" at Marsh's Museum

PAIN COCKTAILS

Lisa Dank's recipe for relaxation takes the edge off this new section

HIGHTOONS

Inside the medicated dreams of a mildly hysterical artist collective

ERYKAH BADU

Baduism goes electric as the lovely Erykah talks cannabinoids in this exclusive

CANNA KICK-IT

Stephen Marley keeps the herb holy, City Arts Fest reaches a higher power

TWITTER

TO THE FILTER

A GREAT PLACE FOR A SMOKE BREAK



@ABCNews
ABC Chicago
#PotBust

Chicago Bust Finds **Pot** Farm with Plants as Big as Trees

3h ago via abcn.was/WkE6Vg



@PerezHilton
Perez Hilton
#HugePlants

Elderly British Couple Accidentally Grows The Largest **Weed** Plant, Like Ever!

8d ago via shar.es/5yCgr

@AJEnglish
Al Jazeera English
#MedicalUse
#PlantLife

Opinion: Medical **marijuana** is a legitimate way to cope with various ails, so why fuss over a plant in the ground?

4d ago via aje.me/QJWqGN



@ComplexMag Complex Magazine

Disabled **Pot**-Growing Grandma Fends Off 13 Attackers with Bear Spray.

5h ago via huff.to/NqdOzW

@TheOnion The Onion

American Voices: Vast Feild of **Marijuana** Found in Chicago. #WhatDoYouThink?

9h ago via onion.com/RHaY9K



@AndyMilonakis Andy Milonakis

What's a natural sleep aid, I don't want that melatonin shit? Should I smoke **weed** or is there something better?

9d ago via TweetDeck



@JodieEmery
Jody Emery
#marijuana #DrugWar

This is Brilliant. Please read it! "Happy Birthday Prohibition. Now die." blog.seattlepi.com/vivianmc..

30d ago via seattlepi.com

@HuffPostSmBiz
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#WeedResume

Outrageous resume lists "**Marijuana** Dealer and Nefarious Dude" as a position

6h ago via huff.to/SPQpVL

@Slate Slate Magazine

Cool animated explainer of what happens to your brain when you smoke **pot** is perfect for people who smoke **pot.**

9h ago via slate.me/QYrEKn



@BabyBash
Baby Bash
#GlassWork

My new glass work.. Stuffed wit the girl scout cookie KUSH..haha!

9d ago via instagr.am/p/QiqWeokF4N/





@RoseanneBarr
The Real Roseanne

Kick the fed forgive student loans and legalize **pot**

1d ago via iPhone

@VICEMag
Vice Magazine

I Just Want My Big Bag of **Weed** Back!

1m ago via trib.al/TxFBpQ

YESTERDAY HAD A BETTER WAY

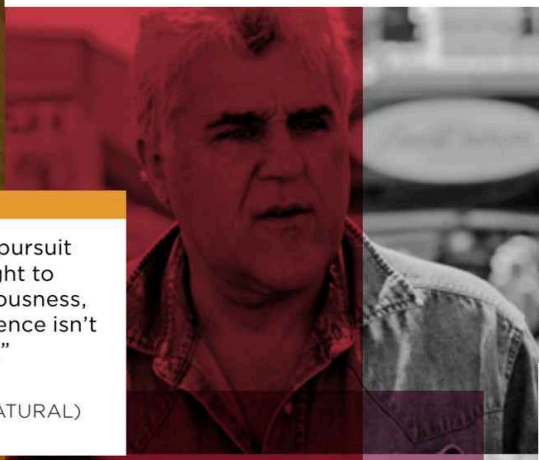
PREHIBITION

AND LOOK WHO AGREES...



"40 million Americans smoked marijuana; the only ones who didn't like it were Judge Ginsberg, Clarence Thomas and Bill Clinton."

JAY LENO (TV HOST)



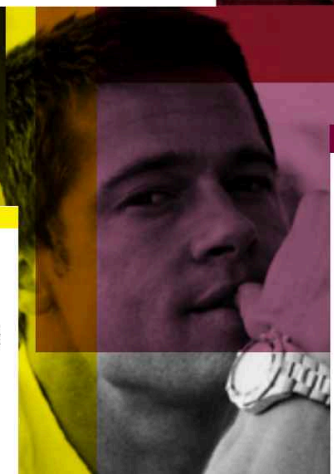
"If the words 'life, liberty and the pursuit of happiness' don't include the right to experiment with your own consciousness, then the Declaration of Independence isn't worth the hemp it was written on."

TERENCE MCKENNA
(FAR-OUT WRITER ON THE SUPERNATURAL)



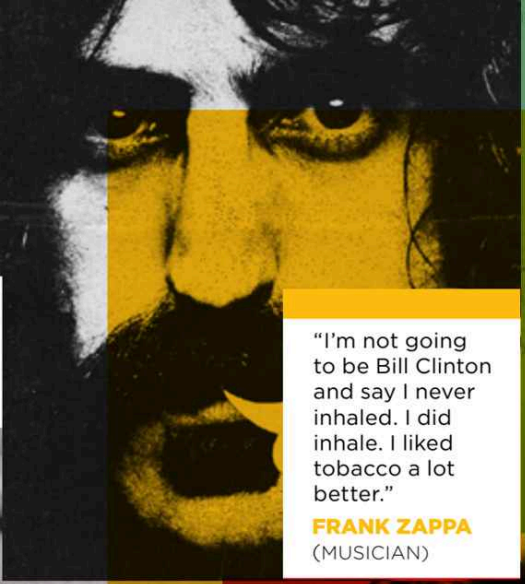
"I know that it helps ill people. I know it's great used with cataracts. I think it will be legal. I don't think you should smoke marijuana and drive."

LARRY KING (TV HOST)



"If someone wants to do drugs... as long as he or she isn't corrupting minors or driving under the influence or endangering others, shouldn't a person have that right?"

BRAD PITT (ACTOR)



"I'm not going to be Bill Clinton and say I never inhaled. I did inhale. I liked tobacco a lot better."

FRANK ZAPPA
(MUSICIAN)



"And I'll tell you this Obama: you'll get my joint when you pry it out of my cold dead fingers, that's what. And I know I don't want to get on Obama's kill list. You know, I've got to look out for drones on my way home now, I know that."

ROSEANNE BARR
(ACTRESS AND POLITICIAN)



"I asked him if I could have a spliff, but they didn't have any."

RICHARD BRANSON
(OWNER OF VIRGIN GROUP INT'L, SAID OF HANGING OUT WITH PRESIDENT OBAMA AT THE WHITE HOUSE)





"I smoke two joints before I smoke two joints, and then I smoke two more..."

SUBLIME (MUSIC GROUP)

"Congress should definitely consider decriminalizing possession of marijuana... We should concentrate on prosecuting the rapists and burglars who are a menace to society."

DAN QUAYLE
(FORMER VICE PRESIDENT SAID IN 1977)



djblesOne

DJ, Bboy, Graphic Designer, Producer, Vocalist for **Don't Talk to the Cops!** and **Mash Hall**

"I believe it has a lot of medical uses. It's especially best for calming people down from being assholes, myself included. Good or bad, everyone has an agenda. I'm only interested in the truth, I do my own research. Ultimately people will chose what they are willing to put in their body no matter what anyone says. Education is key with anything you consume. If I see it becoming a real problem for someone close to me I will check them though. You can believe that!"

Is there a role cannabis plays in the creative and entertainment scenes of the Puget Sound area?

"Weed can easily create a bonding experience between strangers. That might be Washington's secret to why so many different musicians from so many different genres can all kick it and enjoy each others music."

soundcloud.com/djblesone
donttalktothecopsmusic.com

Jill Stein

Green Party Presidential Candidate, Medical Doctor, Environmental Health Advocate

"Cannabis not only has a proven medical value, but an all around value. I want to see a thriving commercial hemp industry providing food, fiber, and other products from the hemp plant, along with respect of cannabis in the medical field. It will be good for the environment and good for our economy. One of the first things I would do as President would be to fire Michele Leonhart (Leonhart is head of the Drug Enforcement Agency, appointed by former President G.W. Bush). He supports the irrational classification of marijuana in the most dangerous drug category, and he supports the ban on commercial hemp growing."

Is it socially unacceptable to smoke cannabis these days in your opinion?

"There is a large and growing community that supports making cannabis more socially accepted. In return there is a large and growing community against it. A win-win solution is within reach if we can just shake off the Bush-Obama past and embrace a rational, effective drug policy for the 21st century."

jillstein.org



Keyboard Kid

Recording Artist, Music Producer, DJ for **Lil B the Based God**

"I for one never liked taking pills or anything like that. I don't even like taking NYQUIL. I'd rather get medicinal tea. I think we need it legalized but we gotta be careful how we legalize it. I for one don't want the big companies and government taking over the the (cannabis) industry. I just don't trust them because they are all for profit."

"In my younger years... I was the guy in the group that always got too high and passed out. So one time we picked up some cute girls and we're on the way to get food or something. I completely OD and I'm trying my hardest to stay awake in the backseat. I end up passing out and snoring on one of the chick's arms [Laughter]. Really embarrassing."

Have you had a humorous expirience with cannabis that you can share?

keyboardkid206.bandcamp.com





Regina Aletto

Artist, Writer, Producer at Screaming Flea Productions

"I did a lot of research on this topic for my job and I can honestly say that yes, I believe cannabis has numerous medicinal values. The patients I spoke to told tales that brought tears to my eyes. From the alleviated pain to the newfound hunger that cannabis patients experience, I absolutely think the plant can give new life and hope to a multitude of suffering people. Overall, I'd love to see people in the medical cannabis community, producers and patients, protected firstly... but I also think it would be lovely if marijuana was fully legalized."

How do you feel about friends and/or family using this plant?

"I've always been super comfortable with pretty much anyone I know using marijuana. I think that anything in excess, even delicious donuts or Reuben sandwiches, isn't a good thing. So that would be my only concern. Also, people tend to think I'm a lot funnier than I actually am when they smoke, so I kind of love high people for that reason."

sfpseattle.com



WELCOME TO WA STATE



Up until now PDA has been neighborhood and Western Washington focused. In co-ordination with 4E's "Embrace the Entire State" initiative we are traveling to more spots across the mountains and near the peninsula. We visit Jake the "Alligator Man" in Long Beach, bunk up at the Adrift Hotel, and eat a charming burger at Frugal's in Port Angeles. ***Munchin Around*** *hits Everett and Tri-Cities for more food we've never tried while helping establish new clinical locations to better serve the patients of the Evergreen State. Get out and seek adventure responsibly. Take it from us, no matter what your vantage point is this is a beautiful place to call home.*


WELCOME TO
WA STATE



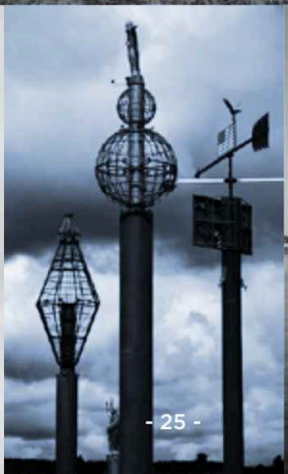

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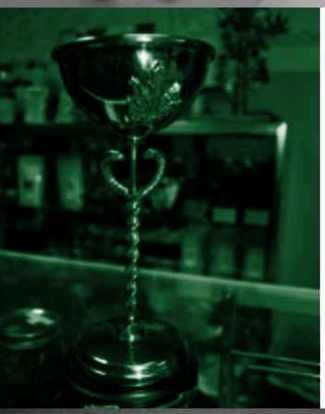
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The kief and BHO offering was remarkable—rare is it to see actual choices when it comes to kief (more common is a gentle BHO variety, but this selection was downright sinister). Kief to frost your bowl? You have your choice of Afcrack, Sensi Star, Blueberry, Silver Haze, or G-13 all for $15/g. BHO more your



flavor? Good luck choosing between the 12 different varieties of made from the private gardens of the Greenside family.

But back to the absurd deals you get at Greenside... Kush Creams were just $15, not $20. Pack-a-Punch Sodas were $8, not the usual $10. The famous Cotton Head Cotton Candy was 2 for $15, rather than the standard 2 for $20 — what gives?

"We are the vendor's vendor" the owner divulges.

Greenside Medical's William's Wonder was recently crowned **KING** of the Indica category at the High Times Medical Cannabis Cup that took place in September. Something wasn't adding up so we connected the dots for you.

Why were there were so many $6/g strains carried by an establishment operated by an elite group of gardeners? Because the owners' standards are so strict, that if it literally isn't championship show quality, it doesn't warrant the higher price tag. Greenside Medical is the place to go to stock up on championship medicine and all types of fire that won't burn a hole in your pocket.

—L.D.

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Pacific NW Medical





Anytime you walk in a room and get greeted by 80,000 lady bugs, you know it's going to be your lucky day. That was the case recently when we visited Pacific NW Medical. As a thriving collective garden, they are always doing active plant maintenance right there on site, and the lady bugs were of course there to help keep the plants safe from mites, an all-natural trick known to the finest of cultivators.

We got to hang out with some of the coolest and most attentive staff we have come across in the entire state, and that's not an exaggeration. We were handed a book in the waiting room which details their seasonal clones, special products such as Vita Verde & Cannaheal and even more impressive, it displayed their testing results (from Cannatest) which showed



the cannibinoid profiles of several of their available strains.

It has all the convenience of a happy-hour menu.

Waiting a bit is unavoidable at the good spots because patient's privacy is important, and here they take the time to make sure every question is answered. In the budtending room, there are between 15 and 20 strains available of all types, ranging from $10 to $15 per gram. Anytime you make a purchase of 7 grams or more however, you get it for $10/g and you get a free lighter.

Those numbers add up to a thrifty donation by our calculations. We also peeked at the top notch grow room which was built and maintained by Solutions 4 Medical Cannabis. They run a fantastic operation, always getting the most out of their 45-plant limit.

—B.Y.

19926

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Truly + Helpful Collective



Located just blocks from the heart of one of Seattle's friendliest neighborhoods, Wallingford, not far from the 4Evergreen Group Seattle Clinic— Truly Helpful couldn't have picked a better place to set up shop when they opened their doors just four months ago. The neighborhood loves them— they have elderly neighbors out for a stroll knocking on their door thanking them for moving in, they were even featured on Wallyhood.org, a local neighborhood blog, with nothing but songs of praise to sing.

After speaking with the owners, it's no surprise— these guys literally are "Truly Helpful." They do dog food drives every month in support of the Humane Society and collect coats for the homeless who might need an extra layer or two come the bitter winter months of slick Seattle.



Find your way by following a sandwich board pointing to a mammoth green cross banner hung from a roof (be a moth to that glowing green halo encompassing frosted glass windows). Patients



enter a clean waiting room with a custom brushed steel "Truly Helpful" sign hanging below check in. Inside, the bud room displays an absolutely brilliant price wall that breaks down the medicine from 1g, 1/16th of a gram and up to an ounce.

Afraid the top shelf will burn ya? Everything turns to MAX $10/g after the half ounce break, but you start saving as soon as you hit the standard "dub" mark— which is a treat when you are trying to get as much of that OG Kush, Seattle Blue, or Strawberry Diesel as you can possibly carry.

We caught ourselves lingering, lovingly soaking in the hopeful positivity of the devoted staff. We got it, it's not just us. Watching the familiarity and ease of rapport these guys had with the patients that breezed through reaffirmed our confidence in the spirit of the shop. Patients can come here and build a relationship, share inputs and feedback, ask questions and gain knowledge about the industry and cannabis community without fear or awkwardness.

—L.D.

4423

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The guru of ganja, Ed Rosenthal, is so fond of saying "using marijuana may not be addictive, but growing it is," that he put it on a t-shirt. In an election year access to medicine always becomes a hot topic, and patients are quick to point out Federal intervention targets access points more than personal indoor gardens. So maybe you're thinking about it. Always do your due diligence regarding the location of your garden, comply with state and county codes, and post an official copy of your authorization at the entrance to the grow room. 4E spends a lot of time with new patients and for the "Harvest Issue" of PDA we wanted to provide more of a novice guidebook than a complete overview. Many accomplished writers like Rosenthal laid that blueprint down 40 years ago. So instead we talked with growers collectives, vendors and seed banks to get a few tips and tricks that they wished they knew when they were just starting out.



YOU
DO

Indoor gardens are a big commitment, so PDA tracks down pearls of wisdom from the most established local greenthumbs

4E has always admired the code that growers adhere to in the Pacific Northwest. It seems it is proper etiquette to share your cuts and starts (small clones in their infancy) to keep the genealogy alive, and then if something happens in one garden you have the means of getting that strain back. Through this unwritten rule the community has been able to preserve strains that are actively being harvested on a regular cycle for decades.

Due to legal implications of being on the record, 4E will not be quoting anyone directly. We will however feature highly-touted products, a vision for the future and the Top-10 list of what matters most in the grow room (we organized it chronologically from 1-to-10, starting your garden being number one to trimming your flowers last). Think of this more informally as a resource only the strongest, and most closely-knit, patient network can provide. When patients help patients there is very little we can't accomplish together.


CANNA
IT!

No. 01 CLOSED SYSTEMS

This 3-part set-up will ensure every precaution is taken to avoid infestation and a bad harvest

You know how you are supposed to wash your hands between going from uncooked meat to cooked? Well the same principle applies to cannabis cultivation. If you cut your stalks and hang them for curing in the same space where you are growing starts and blooming the next crop you have exposed your entire environment to unnecessary risk from those persistent pests. It is best to create three self-contained chambers which can be independently regulated for moisture and temperature. You'll need a small one for your germination station, as the roots bulk up. You'll need a large room for the growing and blooming of your plants, since your spindly little clones will call a large pot home as it sky-rockets to adulthood. The third being a clean, sterile spot for the drying and curing to take place as the plant expels chlorophyl and develops that pungent aroma.

No. 02 PLANTS ARE LIKE HUMANS

Space, food, climate and friends all play a role in content cannabis farms

In our conversations with experienced cultivators almost all reference the similarities between humans and plants, when it comes to fundamental needs. They need the right amount of space to mature properly. Breakfast is their most important meal of the day, and a well-balanced diet of nutrients creates plants ready to perform. Cannabis farmers are fond of saying "plants talk to you, you just have to speak their language." There are a million tells they exhibit, this isn't the poker table. There is no magic number though, strangely enough too much of a good thing will kill your crop. Moderation is key, sounds like personal advice from the old lady on the stoop right?

The extent of the plant's tells are too far-reaching to get into here. But keep a close-eye on their posture, color and size. What you want is big stalks, huge leaves and very few of them. They act as solar panels, and this is the best architecture for a plant which will be more efficient and ultimately produce better medicine. As silly as it sounds the advice we heard most often was to get a pet first. If you can take care of a pet day-in and day-out, and keep the little bugger happy, then you have what it takes to cultivate. "Plants are like children," one farmer explained. "You decide their fate."

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ARCHIVE SEED BANK

GROWER'S COLLECTIVE

This growers collective gets into the hardcore ***genetics of cultivation***, pushing the plant to new heights through creative crosses. We love their ***"Release From The Vault"*** series of reading materials on the seeds, and the detailed listings of potential yield, male-to-female ratios and flower time. Understandably not much is available about them online, and contact info isn't widely distributed, but if you visit ***NW Cannabis Farmer's Market*** in Seattle's White Center you can talk with a representative about seeds and starts.

No. 04

LINDA'S GARDENING MAGIC

In-House Plant Nutrient
hydrolights.net

This two-part nutrient formula will take a beginner's garden from growth to bloom with easy mix and measure directions. You specify your media (soil, clay pellets, rockwool etc...) and get a solution for that environment. It's a local company with a store front in Puyallup open six days a week. It's good enough for the masters but gentle on the new jacks.

No. 05

WHAT TO DO ABOUT CO2?

A plant has to breathe, but outside air is bad news
exhaleco2bags.com

You can use CO2 tanks but filling up a bunch of those at Lowe's is a dead giveaway. Many of the experts we consulted are using what is commonly called a "mushroom bag." It's a thick bag with a small ventilating patch, and inside is a large amount of mycelium which consumes the organic material in the bag while giving off CO2 naturally. When the organic material is gone it "fruits" producing mushrooms, but the spores are too large to escape through the filtering patch and your plants are no worse for wear. Depending on the size of the room you'll need multiple bags, and they have a life cycle of about three-to-six months so budget for replacements. You'll need a sniffer too. Try the iGrain by Crop Protector, the multi-sensor package determines temp, moisture and CO2 levels in your garden and can interface with existing regulatory system to automatically control levels in some cases. If your first crop has buds that are too "airy" that means you had too much CO2. The perfect balance is delicate, yet essential to a great yield.



NEEM OIL + MYCHORRHIZA BACTERIA

THESE ARE SMALL ADDITIONS THAT MAKE A BIG DIFFERENCE IN RESULTS

Natural pesticide sprays can be bought from companies like ***"Zero Tolerance,"*** which is owned by Ed Rosenthal, and his potion uses ingredients like cinnamon, clove and rosemary. But the most frequently recommended natural solution to the Northwest Pest problem is ***a neem oil, soap and water solution*** you can mist with a spray bottle. When done incorrectly the buds will become slick, but if you dissolve the oil sufficiently so there is none standing at waterline in the bottle, ***you can avoid this messy debacle.*** Duration of the spray cycle varies, but opinions on the importance of helpful soil bacteria does not. ***Mycorrhiza bacteria helps symbiotically stimulate root development*** while also protecting against "root rot." Over-watering can drown plants, another reason most of the prolific cultivators we came across use ***aeroponics or hydroponics*** and ditch the soil all together.

No. 07 GET ADVICE FROM A MYSTIC

Plant whispering works, we have faith

Before you burst into mockery, consider that most harvests have multiple strains growing during the same cycle. The way these different plants interact can be visibly manifested, and some salt-of-the-earth farmers swear different strains create different energy. 4E has even heard stories of hearing distant whispers when a mystic comes around. There are folks who specialize in the botanical realm too. Apparently jealousy is a trait that is easily spotted in a room full of narcissistic beauties. Changing the groupings, orientation and nutrient cycle are common recommendations, after reading the non-traditional communication of plants living in close quarters. Knock it if you want to, but plenty of exceptional gardeners believe the mystical perspective offers valuable insight. There have been times when they have acted on a diagnosis and saved an entire crop, real talk.

No. 09 LIGHT HOOD PLACEMENT

The height of the lights controls the height of the plants

For most beginners the rule of thumb is to just keep the light hoods 12-inches away from the top of the plant, and draw it up gradually as the crop grows. It will minimize the risk of burning your best colas but if you want to try for a homerun on your first swing we have got an idea for you. Top growers keep the plants cool with temperature regulation and raise the CO_2 levels, then they put the light hood right on top of the plant (around 8" away). Locals call it "bench press" weed.

No. 10 CURING IT RIGHT

Why branches are hung upside down and patience pays off

The story goes that mites tend to climb upward once they find a feeding ground so if your branch is upside down the colas will be protected. Of course a closed environment should neutralize this problem but perfection is impossible in any living system. Make sure to leave the smaller leaves around the flowers in place while curing, as it protects while the entire branch dries and expels the chlorophyl. Our little nugget of nuance in this department is to fully manicure the buds and then lock them away for 30 days in mason jars. The restriction of oxygen causes a deeper, denser flower to emerge with increased potency if you can stand to wait that long. Make sure to use food grade containers when storing cannabis because foreign objects and debris tend to become a problem at the end of the process.

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DONT' FORGET TO FLUSH

RINSING THE NUTRIENT SOLUTION OUT OF THE PLANT BEFORE HARVEST IS CRUCIAL

One of the reasons the tried-and-true gardens in Washington don't use soil is for flushing benefits. Depending on a number of variables the flush cycle takes one to two weeks. A cool trick we were told to recommend to new 4E patients is using a sugar additive to the watering solution while flushing. The carbohydrate boost causes bigger blooms, and the best ingredients to use according to our sampling are orange juice, table syrup or molasses. Diluting it properly and getting the right ratio is important when introducing the watering solution to the plants. Another goal during this period is to "stress out" the plants, some break branches in key spots or deprive the garden of light for as much as three days.

PEST-EYE VIEW

The world's greatest pot farmer for the past 40 years solves the Northwest Pest problem

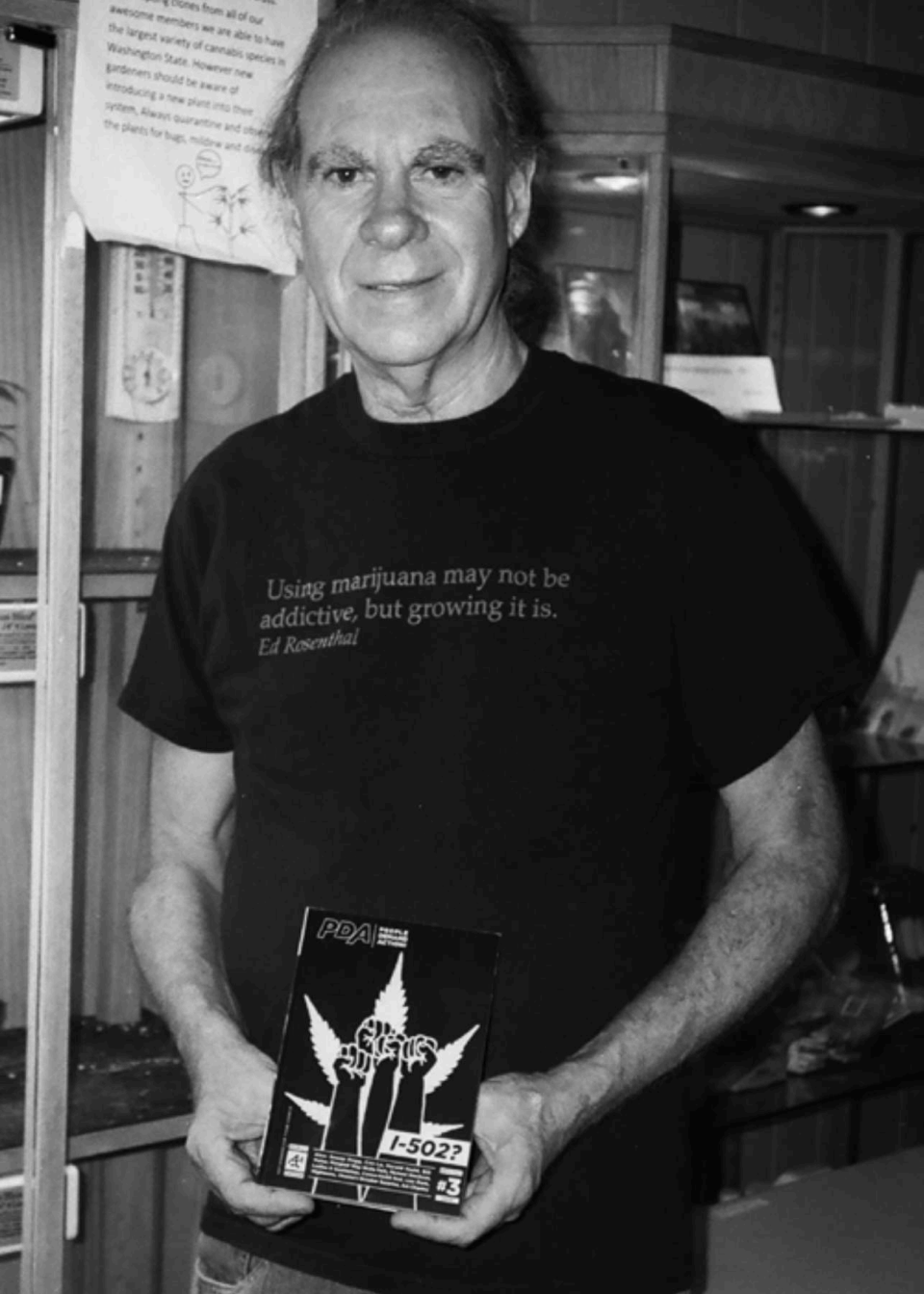
Our damp climate is a pest, fungus and bacteria paradise. From the kitchen sink to the garden floor, standing water is a five-star accommodation for these microscopic trouble-makers. Yet, considering our Northwest morals we just can't use harmful pesticides, no matter what Lance Armstrong-style growth hormone success you might get from the yield. This isn't the case all over the country. Ed Rosenthal is the author of the "Grower's Handbook," the million-copy seller that was first published 40 years ago, and this year he has put out a new table-thumper called "Marijuana Pest and Disease Control."

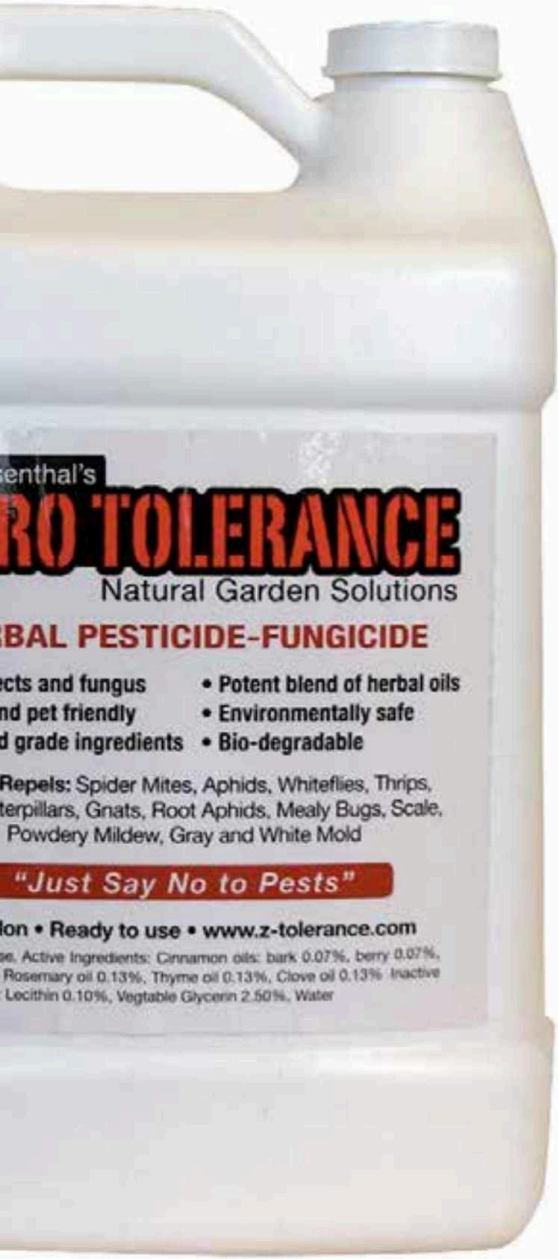
"Natural pesticide chemistry has been used by plants with no help from humankind for millions of years," Rosenthal explains.

His influence reaches beyond the printed pages of pulp as he is actively creating products that solve the problems facing novice growers. The "Zero Tolerance" all-natural pesticide recipe using cinnamon, clove and rosemary amongst other exotic ingredients, has become an industry staple. Rosenthal has chosen to turn his attention to the upstart growers just learning the

cont. >>>




awesome members we are able to have
the largest variety of cannabis species in
Washington State. However new
gardeners should be aware of
introducing a new plant into their
system. Always quarantine and
the plants for bugs, mildew and
Using marijuana may not be
addictive, but growing it is.
Ed Rosenthal
PDA
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#3


enthal's
RO TOLERANCE
Natural Garden Solutions
BAL PESTICIDE-FUNGICIDE
cts and fungus
nd pet friendly
d grade ingredients
• Potent blend of herbal oils
• Environmentally safe
• Bio-degradable
Repels: Spider Mites, Aphids, Whiteflies, Thrips,
terpillars, Gnats, Root Aphids, Mealy Bugs, Scale,
Powdery Mildew, Gray and White Mold
"Just Say No to Pests"
lon • Ready to use • www.z-tolerance.com
e. Active Ingredients: Cinnamon oils: bark 0.07%, berry 0.07%,
Rosemary oil 0.13%, Thyme oil 0.13%, Clove oil 0.13% Inactive
Lecithin 0.10%, Vegtable Glycerin 2.50%, Water


Ed Rosenthal's
ZERO TOLERA
Natural Garden S
HERBAL PESTICI
CONCENTRA
MAKES 5 GALLON
• Kills mites, insects, and
• Family and pet friendly
• Pure food grade ingredi
• Potent blend of herbal
• Environmentally safe
• Bio-degradable
"Just Say No to Pest
1 Quart Liquid CONCENTR

ropes, after decades of pioneering advanced techniques for the botanical elite. He lays out a five-point plan to keep the critters at bay consisting of barriers, biological controls, helpful soil bacteria, all-natural pesticides, and overall sanitation.

As one of the first American writers to explore the horticultural breakthroughs in Holland, with the popularity of indoor gardens still a long ways off, his contributions earn him the royal treatment. On a low-key weekday last month he visits Tacoma Cross to sign a few books and inspire the aspiring. A gray-haired senior wearing a yarmulke chews the fat with a twenty something sporting neck tattoos. Rosenthal's appeal transcends the differences between us. Dating back to his co-founding of "High Times" magazine, and the "Ask Ed" column that ran forever, he has been the trustworthy father figure that quietly speaks from the heart.

Patients who visit him at Tacoma Cross are eager to share stories from the wildly popular cooking and growing classes offered to a standing-room only crowd in the Downtown collective. An aging gentleman with a baseball hat approaches with a first edition of the "Grower's Handbook," it's in poor condition so an autograph is obviously about the experience not the increased monetary value. He mentions he got it when it first came out, and a much younger budtender adds "it hasn't changed a bit."

Pests however, continue to evolve. They are engineered for adaptation. This new offering gets up close and personal with everything from slug penises that are shed after the dirty deed to moths and caterpillars, who love targeting that clone that is full of potential. He spends a lot of time on avoiding root rot which is particularly relevant in the Pacific Northwest. At 4E we really liked the insects perspective of co-evolution alongside humans. This exercise seems to have created a real appreciation in Rosenthal, one can't help but marvel at the intelligent design that makes insects better suited for survival than humans in the event of catastrophe.

THROUGH THE



LOOKING GLASS

Sunglasses that save your eyes in the grow room

The glass is molded in Germany and the frames in Italy. It's packaged in Santa Cruz, CA and coming soon to where ever "High Pressure Sodium (HPS)" lighting is used to grow plants indoors. It blocks all of the UV spectrum. It blocks infrared heat rays. It leaps tall light hoods in a single bound. High Times called it "Gear of the Year" in 2012, we'll just call it worth the price.



The term they are using is “epic clarity,” and it’s easy enough to see when the harsh yellow-tinged illumination turns to the HD quality of a Samsung flat-screen. We tried for ourselves at this year’s “High Times Cannabis Cup” at Seattle’s Fremont Studios, and then bought two pairs.

Apparently we have their patent pending “Rendition Technology” to thank. After blocking the yellow, it white balances what is left in the light spectrum and eliminates your optical fatigue. It an agreed upon medical fact that prolonged exposure to UV and infrared radiation causes eye damage, so the product is far from frivolous.

“But that’s not the whole story,” a Method Seven representative told us. “Cones and rods within your eyes control the eye’s ability to focus and function best at light wavelengths very different from the indoor grow environment. New science proves that the eye’s extra effort to focus and correct for excess yellow from HPS lights causes a host of eye strain and health problems.”

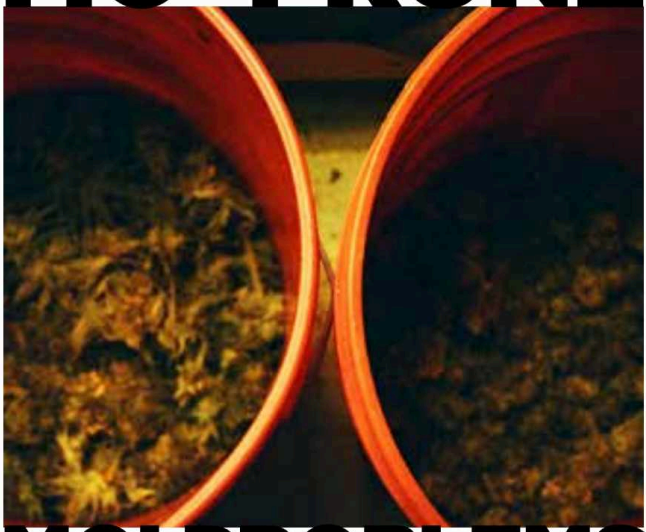
Just as important is the fact that you can view your leaves much better. This assists in spotting pests, foreign invaders, mold and mineral deficiencies. 4E has been schooled in the simple proverb of indoor gardening, “your plants are talking, you just have to speak their language.”

It seems Method Seven has made the rosetta stone for translating those messages.




METHOD SEVEN

MO' PRUNE



MO' PROBLEMS

Regional preferences make manicuring dried herb a complicated task

In our harvesting exploration we didn't find a single local that uses bud trimming machines. These contraptions take the most tedious part of the harvest, hand-manicuring and gently trimming while trying to capture every falling leaf for your bubble hash blend. It's a marathon, and every cannabis gardener gets shivers just thinking about it. But in California, it's the opposite.









After a recent PDA development trip to the Bay Area, and sunny So-Cal, we found that all medicine is professionally sheared and the buds tend to be denser. We asked around in the Northwest and most vendors won't even acquire a wholesale donation that has been mechanically sheared. Opinions vary as to why. Some say the illegal commercial operations and cartels use the machines and it just became a stigma over time. Others contend that the small leaves left unpruned are great for making concentrates and patients prefer to get their meds with those still attached.

The regional preference was alarming to us. Many harvests have been significantly compromised by making the wrong decision about manicuring.

Leaving the trim leaves as it dries means greater weight overall, but the quality of the flower's presentation is affected. As we asked around most actually believed the opposite to be true, that the trim leaves made the bud more pleasing to the eye. What in the heck is goin' on around here?

No one can argue that the presence of those more chlorophyll-rich leaves also will emit a "planty" scent that will dull the smell you worked so hard to produce. If only slightly. How could something so elementary become so polarizing? At 4E we believe it speaks to the passion for the plant and hope the debate rages on while the community is still small enough to care what patients prefer.





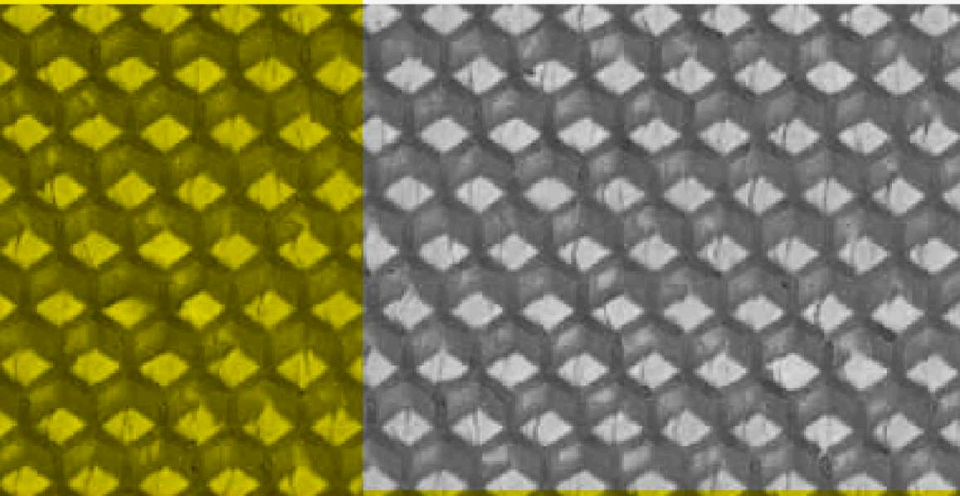


ALL THE TRIMMINGS

The “OG Worker Bee” by Harvestime Tech. will save you from being hunched over


HARVESTIME
ODOR BARRIER BAGS
LARGE



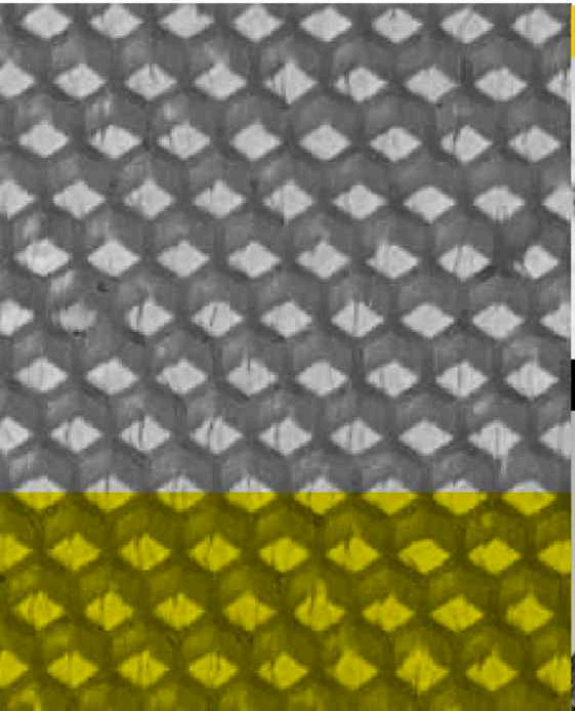


One small addition that seemed to change a lot of lives in the indoor cannabis gardening community was that catch-all tray that lets you sit upright while you trim, you know the one with the funny name. As hard as it was to recall the exact product title, the folks that spent a couple hundred bucks swore up and down that it paid for itself in a matter of months.

The OG Worker Bee knows about buzz, the yellow and black design is highly recognizable, the proprietors make the rounds during festival seasons and the demonstration is all they need to seal the deal. It comes with a re-useable tray bag and a handy tool kit so you can snip with the best of them. The elbow pads are a life saver. That's why this new company founded in 2011 is marketing their flagship product as "ergonomical and portable."

Every unit is fully made in the USA and the place we have sent people to get them locally is NW Indoor Growing in Downtown Tacoma on Court Street. 4E has not had a single dissatisfied patient referral yet. We've got a good feeling about the innovations they have on deck since their stated objective is "to create revolutionary harvesting tools for the high-value retail gardening industry in a sustainable manner, while employing local companies and individuals."

Right on.



ogworkerbee.com



facebook.com/ogworkerbee





Lady Bugs eat mites. Mites are a common infestation that plagues indoor cannabis gardens. This simple solution that nature provides helps our local cannabis crops stay pest free without harsh chemicals. Isn't it ironic that the lady bug helps cannabis, so cannabis can help you? Prescription drugs are the harmful pesticides, they are killing the host as often as they are boosting health. Cannabis can be to you what the lady bugs are to it.

A wonderful solution found in nature to cure some of your everyday problems.



Lady Bugs provided by Pacific NW Medical, none were harmed during photographing

Seattle Location
4500 9th Ave NE Suite 375
Seattle, WA 98105

Tri-Cities Location
5219 W. Clearwater Ave ste 17
Kennewick, WA 99336

Tacoma Location
4803 Center Street
Tacoma, WA 98409

1.800.414.2022



HARVEST SMARTER NOT HARDER





4E looks at underground illegal gardens, artificial reefs in the Atlantic Ocean and a local architecture firm that we believe has the key to Washington's indoor cannabis cultivation future. We draw the conclusion before most even identify the problem. PDA does it all ... from critique to technique





Shown: NYC subway cars being re-purposed for corral reefs in the Mid-Atlantic

In an abandoned shaft of the Rome Metro system the Guardia di Finanza, or Italy's financial police, raided what was permitted as a mushroom colony this August. The smell wafting to the street suggested otherwise, and they found 340 kilograms of marijuana instead of local foragers. The garden was behind a hidden wall that dated before Mussolini's reign. The farmer was found and arrested as was widely reported in TIME Magazine and the New York Times.

The ventilation cut close to a Central Bank vault and the police were astonished at the sophistication in putting a down-trodden under belly of the Southeastern part of the city to profitable use. Work shifts were written on a black board, all the processing accoutrements were on-site as well. Rome is full of miles of underground tunnels, many a total mystery even to city planners. During the time of their empire the builders would remove what they called "pozzolana," or volcanic rock, in order to use it for erecting their monuments to the gods. They left artificial caverns that were brimming with potential behind.

Skateboarding pioneer C.R. Stecyk III once famously said of surfing on concrete with a piece of wood and clay wheels:

"Two hundred years of American technology has unwittingly created a massive cement playground of unlimited potential. But it took the minds of 11-year olds to see that potential."

Those Dogtown (Venice, CA) skateboarders reclaimed pools that were emptied because of a drought in the late 1970s, and made a competitive

cont. >>>



art form that changed the world. Our point in all this is that the renegades often illuminate the good ideas, and while they proceed a bit fast and usurp the law in many cases, their brilliance is not overshadowed by the moral ambiguity. The 21st Century has been about reclaiming abandoned spaces, the ones with character from the eras of great wars and artisanal stone masonry. Restoring and reoccupying has become our preference to building a new.

The outlaw in the Roman subway tunnels had the same idea that a U.S. mining conglomerate in Michigan did. Let's use something no one wants, to create something patients really need.

If you hold up your right hand and press your thumb against the side of your palm it looks like the State of Michigan. People that are from there point to a spot on that hand to show where they are from. If you were to do just that the index finger would be what is called the "Upper Peninsula" or U.P. for short. A defunct mine in the U.P. called White Pine was the subject of an extensive feature in the Detroit Free Press this year, police investigated an underground garden more than a mile below top soil in 2010 and found no cannabis despite a local informant's tip.

Brent Zettl is the President and CEO of Prairie Plant Systems (PPS), which is a bio-pharmaceutical company based in Saskatoon, Saskatchewan. The Canadian conglomerate owns SubTerra which owns the White Pine Mine in Michigan. PPS wants to serve Michigan's 130,000 authorized patients (they keep detailed registration records in that state), and wants to use its products to do so in useless eye-sores that are strewn about every country on the planet since manufacturing moved to China in search of greater profits and mineral deposits dried up.

Mines are a waste of space when they don't have anyone digging for buried treasure. But they also could be the perfect site for serving what is sure to be an explosion in demand for good, permitted, tested, and approved medication — if legalization measures take root at the state level.

Being that far underground means security, constant temperature with negligible fluctuation, controlled light and humidity, a sizable distance from pests, insects and fungus and basically everything indoor gardens value at a premium. These Canadian botany behemoths already cultivate cannabis in the Flin Flon, Manitoba mine by Trout Lake.

"There's a need to bring this under

cont. >>>


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the proper reins of appropriate manufacturing for patient safety and for public safety, " said Zettl recently.

As with any capitalist endeavor the profit motive cannot be ignored. So let's gaze upon a more altruistic example in the Atlantic Ocean, where Delaware is doing more than just sheltering companies from paying the proper amount of taxes. A tradition they have become known for in our oasis of deregulation. Since 1995 Delaware Bay has been the test site for using decommissioned NYC subway cars to create artificial reefs that allow for corral growth, and other marine fauna, in the barren sandy desert of the North Atlantic. These metal scrap heaps can provide shelter for smaller fish and become underwater metropolises for sea life.

In 2001 the MTA in New York said it wanted to donate 1,300 subway cars that they otherwise would need to dispose of. The ecological impact was a primary concern and these trains were scrubbed to remove toxic residues from every crevasse before being sunk. The idea actually dates back much further as early colonial inhabitants of North America began noticing great fishing grounds close to shipwrecks in the 1800s. The coastline had plenty of those during the Trans-Atlantic routes that often ignored the hurricane season to chase greater profits.

But only 14 subway cars have been submerged thus far. They are clustered for observation in what has been deemed "Redbird Reef" in reference to the old slang term in New York from the 1970s when trains were painted a deep red in an attempt to combat

cont. >>>



















graffiti. In 2010 Delaware sunk two 100-foot barges, in 2011 a Naval destroyer. What explanation can be made for why this isn't a widely copied program that is being used globally to capitalize on unused cast-aways for a truly essential purpose? Why of course the same one that prevents cannabis from being grown inside mines that are unoccupied.

Bureaucracy.

The only way to defeat its might is with an onslaught of great ideas that can improve lives. So with that we return home to a modest-sized architectural firm with offices on Seattle's Capitol Hill.

HyBrid Architecture was established in 2003 by Robert Humble and Joel Egan. Along with their workshop HyBrid Assembly they design, research and construct in a single process. This issue of PDA features our favorite local architects building a bridge to the Northwest landscape of the future. Our decision to do so was brought about by "Cargotecture" a radical project from the drafting tables of HyBrid.

cont. >>>



These guys take ISBU cargo-containers, the things you see being shipped on railroad tracks and stacked in the Port of Seattle, and make mixed-use spaces out of them. In 2004 they constructed a prototype in Enumclaw, WA they called "Studio 320." The interior was made using wood reclaimed from old gym bleachers in a nearby local high school. Interiors are also furred and readied for utilities, they use a soy-based spray foam insulation. Most of the time they finish it with a unique exterior door to visually set it apart.

They were conceived initially as pre-fab homes that ranged from $29.5K to a luxury package that maxes out at $200K. You still have to buy the land to create the foundation where it can be anchored. These containers are durable enough to last several generations of occupancy and are entirely re-locatable including the foundations. If that doesn't wet your whistle consider they are engineered for high magnitude seismic activity, flood protection, stability in high wind gusts or if poor soil conditions threaten the property.

Recently they have used the same structures to create pop-up retail and recording studio spaces. The applications of this technology and design vision are endless. With an aim towards developing a fully transportable space that can move with the changing seasons from a "fish camp to a surf shack" as they put it, it became clear HyBrid was providing the retail flexibility of a food truck to a much wider range of businesses. In order to

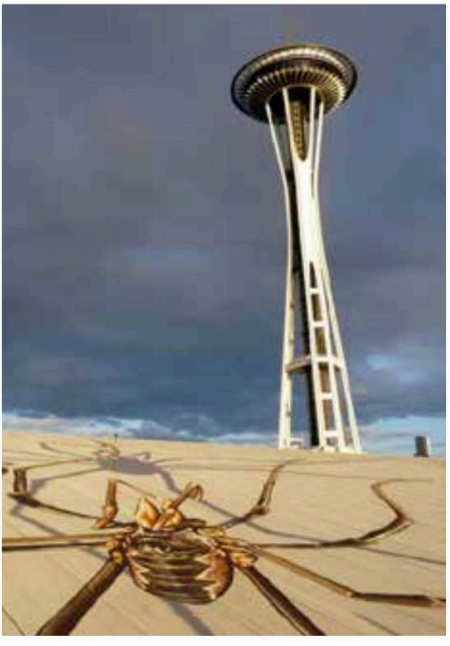


achieve this objective they developed the "off-the-grid" option.

You can request a "deep green" package, we find that name to be particularly ironic at 4E given what we are about to say. This incorporates natural gas and propane appliances (including water heater and furnace). It adds solar panels and an inverter for energy independency. Composting toilets or "green machine" sewage treatment systems come standard, along with roof-water harvest mechanisms for re-use. In essence the closed system that a cannabis garden requires can be completely executed "off-the-grid" in any part of rural Washington State.

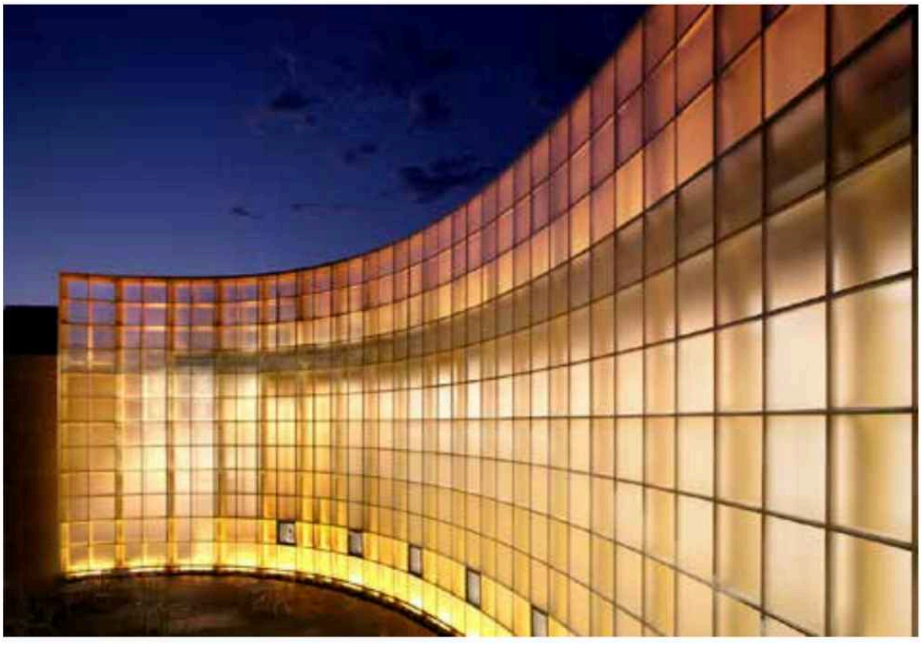
We arrive finally at the crux of this argument, the basis for this editorial column devised by the 4E brain trust. When cannabis is legalized and regulated, whenever that is (wink, wink), we propose a government subsidy to better make use of the vast acreage of this woodsy environment. A grant if you will that pairs HyBrid ideas with responsible permitted horticulturalists to harvest the medication we all deserve. Let's get it out of school zones and residential areas. Lets devise a system we can grow with, one that is scalable and sustainable for generations. Just like the cargo-containers we propose as the new vehicles for bringing our medicinal herb to bloom.

hybridarc.com/cargotecture











After being inspired by all the DIY craftiness of local cannabis farmers, and the applications of "Cargotecture," PDA wanted to gush about a few local architecture firms that are erecting a new vision for the Northwest. The elements of the region dictate design, and a select few turn those challenges into a definitive style. From the adaptive re-use concepts of **Graham Baba** to the [storefront] **Olson + Kundig** outreach and residential masterpieces, there is nothing second rate about the spaces coming to life in our neck of the woods.

Graham Baba

When Marlin Peterson used his illustrated scientific art background to paint gigantic spiders on top of the Seattle Center Armory (formerly the Center House), it gave some the willies. Using a process called "trompe l'oeil," where you paint the shadows in so when viewed from above the object appears to be 3D, Peterson has made tourists looking down from the Space Needle stare in amazement. Architects Graham Baba have created their own cause for pause inside the new Armory they renovated this year, are those actually locals promenading around the food court?

"Perhaps one of the more exciting stories we've tracked is the epic overhaul of the Armory at Seattle Center," Seattle Met magazine said. "What once was a humdrum food court is now a bona fide culinary destination."

Graham Baba did it before with Melrose Market, and has the uncanny gift of preserving standing pieces of history while giving them new purposes. This process has an official descriptor in their industry: "adaptive re-use." The Kolstrand Building in Ballard is another such feat.

One of our favorite outfitters in Seattle, Jack Straw, is a client and the buzz about "Building 115" in Fremont is well deserved. Founded in 2006 by Jim Graham and Brett Baba, their signature look is sturdy, modern and functional but has a lived in quality that is more approachable than most modern interiors. Wood is left bare and unpolished, cement floors are dyed in a patina of colors. Exposed steel beams reflect warehouse lighting in a more blue-collar form of luxury.

Because art deco looks out of place next to Douglas Fir.

grahambaba.com













Olson Kundig

Social practice experiments are these store installations that Olson Kundig Architects presents as community events. This year they established a home base called [storefront] in Pioneer Square next to the infallible Ebbet's Field Flannels. These events have included a mushroom farm that shows how coffee grinds can be used sustainably, a record store, a hardware store where partner Tom Kundig displayed his individually crafted set of tools and an exhibit called "Skid Row" which humanely addressed the homeless experience in Pioneer Square and featured one of our favorite artists Mary Larson.

Jim Olson and Tom Kundig have laid a foundation in the field since the 1970s. Kundig rose to "starchitect" status with his Leschi residence in 1998, and his book "Houses 2" is a fixture on the coffee tables of PDA's office. Nowadays it's fully transparent loft spaces and wealthy residences in Manhattan's upper east side on the docket. But Kundig remains down to earth and ever-ready to concoct gems like the "Delta Shelter" and the "Chicken Point Cabin" where he devised a window wall (30 ft. x 20 ft.) that opens the entire space to the lake by cranking a wheel.

Olson is a painter of light, he manipulates it in ways that brighten the entire block. His collaboration on "Lightcatcher" at the Whatcom Museum is epic and the Mondrian-style grid of clear, translucent and colored glass at the Gethsemane Lutheran Church is going to capture hearts and minds. Our all-time favorite project from the firm was the "Sedgwick Rd." creative advertising office in the Star Machinery building. Jim Walker ran the agency with backing from McCann Worldwide for an action-packed 5-year run. They basically made WaMu a player in the banking industry, then merged with a bigger firm.

Some of their creations are gone in a flash and others will last for generations. But the impressions they have made will outlast any structure Olson Kundig Architects can fabricate.

olsonkundigarchitects.com

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Munchin' AROUND

This issue we will take you to the best $3 bacon cheeseburger and the five-course lunch that lasts all afternoon. Our staff is expanding the search and munching to a town near you as we attempt to provide a more statewide view with PDA. Take a look at how the urban food truck model is getting off the ground in Tri-Cities, plus sample the hot pastrami sandwich in Everett that was so good it visits us in our dreams about once a week. Don't forget, always ask for extra napkins because life gets messy...



Munchin' AROUND

SALUMI

309 3rd Avenue South
(206) 621-8772
salumicuredmeats.com

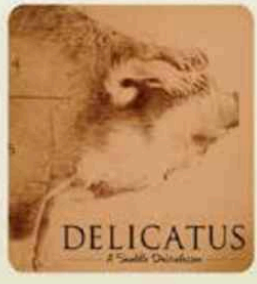
This is a place that is rarely open and never without a line. The mystique comes from the lineage of the ownership. Armandino Batali, globally famous celebrity chef Mario Batali's father, founded the company with his wife. Their family owned Seattle's first import store in 1903. There are some fine slabs, and slicing recommendations on their website, but more than anything Salumi preserves the Italian tradition of the "salumeria," where the artisan factory is also a storefront and lunch counter.

Take an afternoon off and drop in after the rush around 2:30 pm. Get the "Porchetta" sandwich, if you try to ask for cheese on it you will be politely told it doesn't need cheese. The chunks of pork are going to romance your taste buds. Get a link of mole salami for later and order whatever soup or side is the weekly special. Doesn't matter if you hate every ingredient in it, just order it.

This is the royal dinner table for foodie elite in Seattle. We have heard stories of the clout that has gathered around the table in the back of their Pioneer Square shop. If you want to experience a little bit of that jazz you can call ahead and book a party of 8-10 people during lunch hours. They ask that you clear the rest of your







afternoon then sit your down to a five-course menu featuring "the chef's whims," as they put it. That's right you don't order jack diddly squat. It's $40 per person plus tax, tip and wine.

DELICATUS

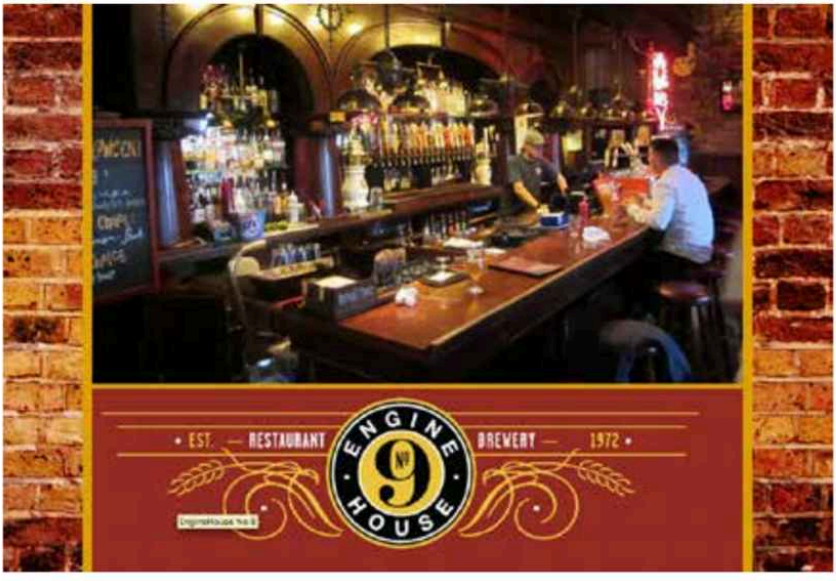
103 1st Avenue South
(206) 632-3780
delicatusseattle.com

Everyone likes a good quote. Hand-written quips on chalkboard paint surround the upper level mezzanine of Delicatus where eaters can park it without table service during the busier times. The interior design is impeccable. Floor-to-ceiling windows at the front, cast-iron fixtures and dark wood in all directions. Owners Derek Shankland and Mike Klotz come from a high-end restaurant background but opted for a fusion of European Delicatessen and Northwest natural beauty. Every ingredient is from local farmers or artisan producers. Their sandwiches have catchy names with local references, and they cook in an open kitchen behind a meat display case.

The menu is divided into the "Traditionalists" and the "Progressives." 4E favorites include the Mudd Honey, Fire of 1889, Gypsy Rose Lee and the Dumwamish. All of which are on the progressive side of the menu. Figures.

The sandwiches are a mouthful so when we stop by in the evenings options like the oyster chowder and warm chicken salad with pesto vinaigrette hit the spot. So whether you consider yourself traditional or progressive this is where you can break bread.

WELCOME TO PIONEER SQUARE



Munchin' AROUND

ENGINE HOUSE #9

611 North Pine Street
(253) 272-3435
ehouse9.com

This converted 1907 fire station, and historic landmark, now houses a pub brewery that 4E counts among its favorite haunts. It was established in 1972 and the food has taken off after a recent change in management. The signature plate is the "Famous E9 Northwest Taco" which has been on the menu since the beginning, it still features the smoky E9 sauce and is unique in the way it's prepared. The flour tortilla is rolled and baked with the fixins inside.

Bar trivia night is a hoot and when we have guests from out of town that want to try something new we bring them to E9 for a bison burger with blue cheese crumbles. Eating buffalo meat in a saloon-style brick building tends to satisfy the tourist's need for a Northwest adventure in dining.

The selection of craft beers are ample and the brewmasters are always serving a small batch draught with an exotic flavor combination. They do karaoke on Saturdays and the regulars go hard with their 80s covers. Private dining is available with a reservation; E9 caters too.



Munchin' AROUND

PHILLY YA BELLY

12432 Hwy 99 suite 65
(425) 710-0103
phillyyabelly.com

Have you ever tried a flash grilled pastrami sandwich? We hadn't either until we found this Everett grub spot while checking out new clinic locations. They add just the right amount of dill pickle. The "Cheese Steak Deluxe" featured seasoned ribeye steak cut thin, the good pale American cheese and these sweet bell peppers that were to die for.

We ordered extra bell peppers on every sandwich during our second visit.

They have a veggie sandwich option that one of our less carnivorous 4E staff members tried and it got high marks. You can add cheese whiz to anything, and that really is a must when electing for comfort food and breaking all your dietary resolutions.

They stay open 'til 8 pm every night, and are closed on Sundays. No one has tried the "Chicago Style" cheese steak where cheddar cheese is used and a 1/4 lb. German sausage comes along for the ride. But it's next on the list when we circle back that way again. See you in line.

WELCOME TO EVERETT



Munchin' AROUND

FRUGALS

1520 East Front Street

(360) 452-4320

frugalburger.com

When owners Peter and Sheila Stewart put their minds to reinventing the fast food burger joint, they concluded that they could set themselves apart by maximizing efficiency in the operation and passing the savings on to the customers. With that they opened Frugals in Port Angeles in 1988. It was an instant classic and has expanded to eight locations including far-flung states like Montana and Minnesota.

From the absolutely killer logo to the pink and blue staff t-shirts, it's a pleasing sight. The traditional burger stand not trying to do too much. You might be enticed to stop by "Frugal Fontaine," the waving mascot with a burger for a head and a silver suit, that is always down for an instagram photo. The Stewart couple implemented a "double drive-thru" which lowered overhead costs, and they stay open late seven nights a week.

The monthly burger special in October was the Bacon Pepper Jack upgrade on the 1/4 lb. frugal standard. It costed $3.09. We always recommend adding grilled onions and fry sauce to every burger order. Quality costs less when it says "Frugals" on the sign.



Munchin' AROUND

EL FAT CAT GRILL

539 N Edison Street

(509) 546-1413

facebook.com/Elfatcatgrill

In March 2012 this local favorite closed down and decided the big city food truck model was perfect for Tri-Cities. There is a lot of ground to cover and the population tops 250,000 people including the outer metro areas. So "El Fat" gets to all the events, keeps a following on Facebook and the results are speaking volumes. They recently showed some marketing savvy and gave away free meals in a smartphone photo contest.

The food has always been good, the Paella is not some Tex-Mex knock-off and people rave about the burritos. Eastern Washington just has more stripes in the Mexican food department. Hands down. Felix Sanchez is the personable chef who created the menu. Everything is better with the walnut hot sauce they make in house, and during a trip last month we got lucky and showed up on "Mole" week. The thing about Tri-Cities is almost everyone has access to fresh produce for cheap. The ingredients in everything that comes out of "El Fat" comes from a short drive away. They are closed on weekends and only accept cash.



EVERYTHING UNDER ONE ROOF

The Northwest Cannabis Market in Seattle's White Center neighborhood combines good times and good meds five days a week


FoodSaver
FoodSaver


HUMANITY
Purple Rush
HUMANITY
Strawberry Diesel
HUMANITY
Jihad Kush


HUMANITY
HUMANITY
Tahoa Kush
HUMANITY
Blueberry Kush

There is a certain vendor vibe that makes NW Cannabis Market so special. The outside booths along the wall are fairly constant and the faces become familiar. Everyone genuinely enjoys each other's company and it spreads to the visiting patients, taking the tension out of the access point experience. Booths around the inner circle tend to see patients at the market a few times a week, and rotate in ad-hoc. There is a medication lounge on the premises so vendors will occasionally let you sample a strain before buying.

It's that kind of hospitality that makes an impression.

Roses are put out in delicate arrangements on Thursdays for ladies appreciation day. That's 4E's favorite day to come anyway because you get a little more time with the vendors than on weekends. The market can see hundreds of patients in a single day, and hosts local comedy nights, karaoke contests, and other wildly popular events that always seem to be a big hit. The eclectic main strip in White Center, 16th Ave SW, has parking galore too even during the lunch rush.

It's people like Rick DeLove of "People's Champz Edibles" that you come to see. After spending 20 years as a bartender he used his mixology know-how to perfectly balance and sweeten medicated juices. His clients often need a morning dosage and he prepares them with this in mind. You know they are good because the other vendors are always sneaking over and making trades to get them. He's just starting out but has sold 1,000 bottles in three months and likes the direction things are heading.

"I'm only doing this for one reason, and that's to get people off of Vicodin, Percocet, Oxycontin, and Soma," DeLove says with an edge that suggests pill abuse has hit close to home in his life.

His edibles reflect a trend we have been seeing, small bite high-potency baked goods, that minimize the extra sugar that plagues your diet if you need to ingest cannabis daily for your ailments. Blue Bird "Cake Pops" are another light fare with a full gram dosage in a single bite, that we can't get enough of.

Julie from Puff n' Stuf is serving her homemade ravioli for lunch today, she makes an unmedicated batch for those who prefer it. Her hot medicated meals are her calling card, and they sure aren't how mama used to make. The medicated relish on any food off the grill is becoming a tradition at PDA editorial meetings.

Sasquatch Deliveries mostly serves the Eastside, a lifesaver to 4E patients across Lake Washington with little choice but a commute to Seattle for retail access to cannabis. They carry the "Euphoria" line of medicated elixirs that are made by Get Well Foods, which put most drink mixes to shame. We especially like that these have full nutrition facts on the packaging right next to the testing results, putting patient safety first is always a good look.

Humanity Collective is positioned in a booth near the door, and has built quite a rep as the late-night delivery service with top-shelf strains that

cont. >>>

VAN'Z
Fire Ball
VAN'Z
Fire Ball
VAN'Z
S'mores
SAMPLE
sample


PUFF N STUF
Banana
PUFF N STUF
Pumpkin
PUFF N STUF
Pumpkin
PUFF N STUF

fully live up to their names. We try to pry some juicy details about the nicest houses, apartments or celebrity clients they visit regularly, and confirm if the rumors are true. But the nice young MMA fighter that tends to their booth at the market can't divulge, so we instead take advantage of the two grams for $25 donation policy. Considering how good the harvests have been in the Humanity family, demand surfaced recently for their trimmings. Now they offer eight grams of shake for $20, and aspiring cannabis chefs stock their pantries for the next batch they plan to whip up.

Van is across the aisle and he is known for pushing THC concentration levels to the brink of insanity. His collective "Van'z" specializes in clones, dry goods and his ice cream is a dietary staple for the vendors at the market. The "Cookie Crush" pint is $20 but a few spoonfuls is all the lovin' a daily cannabis partaker requires. Even a high tolerance is no match, and it goes down like Ben and Jerry's. Van had a batch of medicated cookies that didn't come out right, so he soaked them in coconut milk for hours and carefully blended about 10 grams of BHO into the mixture. He partners with a bakery three blocks away, and that's just how they do it in White Center.

Analytical360 serves the testing needs of the vendors like rich folks handle dry cleaning. Every week they are dropping off and picking up. As a result a much larger number of the products available from NW Cannabis Market vendors are tested than in a typical collective. We are big fans of the hard-plastic tamperproof cards that display the results, there is a sense of authenticity that comes with that keepsake. The market then posts the testing results for the vendor's inventory on their website, establishing a permalink web page that they can they use for social media.

This isn't some lazy stoner-come-lately operation.

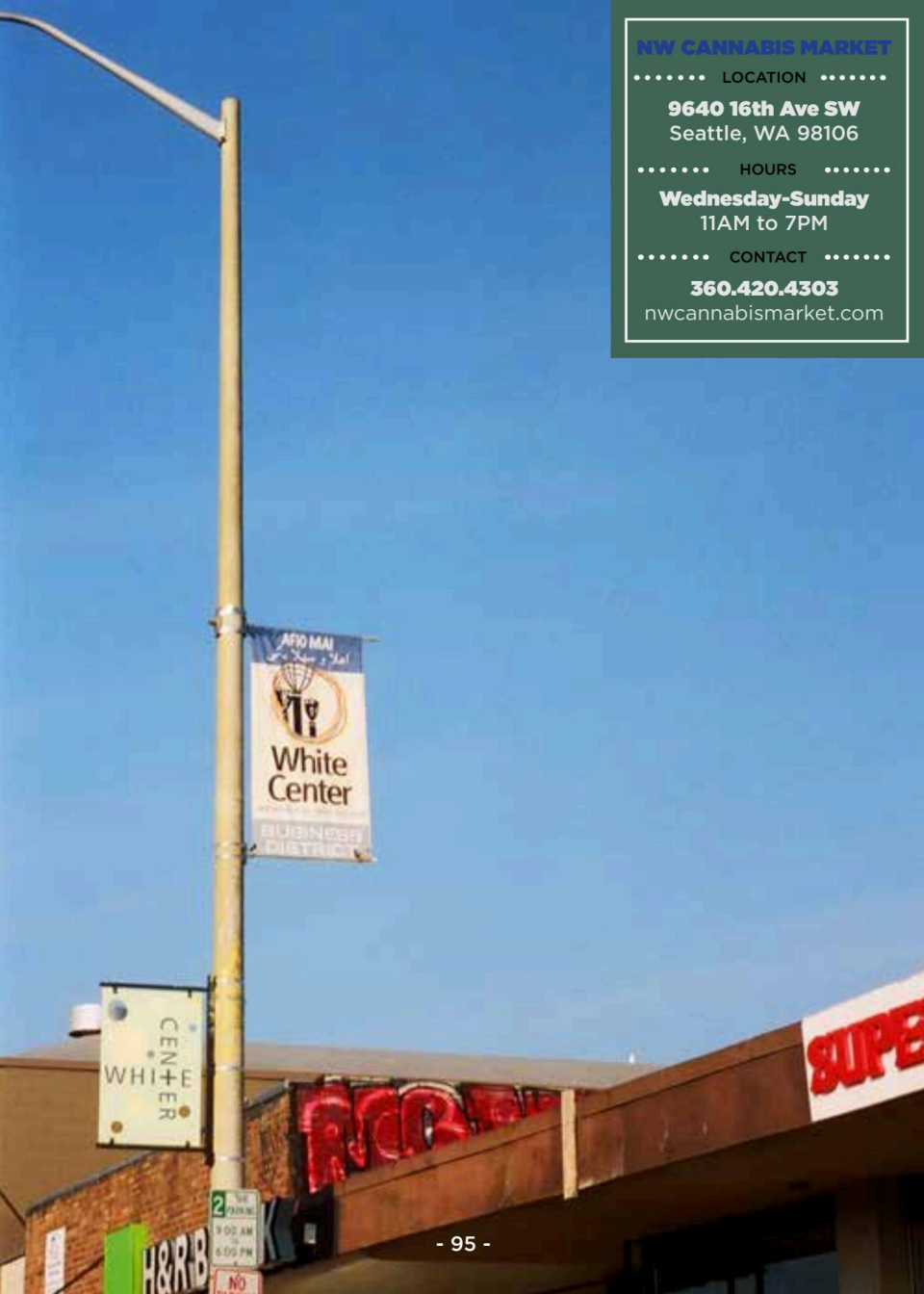
Many of the delivery services that have chosen not to set-up shop around town use the market to meet new patients and expand their network. Farmers also use the friendly confines to get to know other collective gardens in case they may want to form an alliance in the future. The interaction that takes place here is absolutely essential to protecting the fabric of a cannabis as medicine movement, where we all can enjoy each other's company as much as the medicine we share.

•••••••••









NW CANNABIS MARKET

LOCATION

9640 16th Ave SW
Seattle, WA 98106

HOURS

Wednesday-Sunday
11AM to 7PM

CONTACT

360.420.4303
nwcannabismarket.com











SET ADRIFT

This beachside retreat brings all the style of Soho to the rocky Pacific Coast

It is a local tradition for clam diggers to ring in the New Year mucking around tidal flats pulling up razor clams. The Department of Fish and Wildlife knows this and schedules an opening that night despite less than stellar clamming conditions. Visitors at Adrift Hotel can walk right out to the beach and lend a hand to the sandy pastime. Free bikes in the lobby allow guests to explore the coastline and get off the grid, while a rooftop bar and culinary destination are waiting for them to return in their soggy rubber boots.

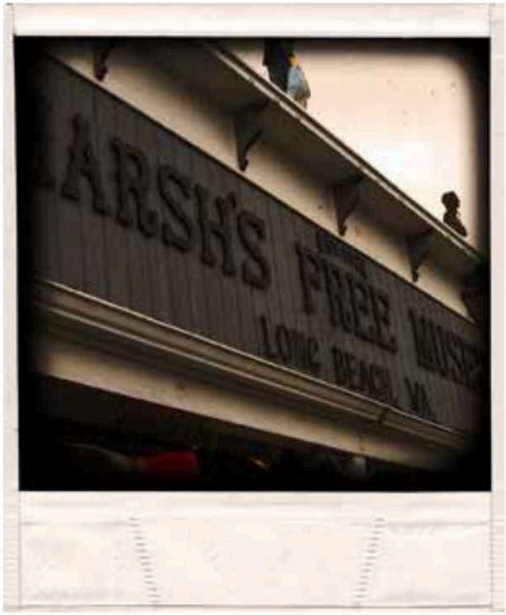
Chef Sebastian Carosi commands the kitchen at "Pickled Fish," where the views are postcards waiting to happen. He keeps the menu seasonal and during our recent stay Veronica Williams' locally foraged wild mushrooms were the theme that inspired his new offerings. Shuffleboard tournaments are a regular thing, and the rooms run from simple studios to oceanview suites.

"We took what was formerly an outdated economy motel with an amazing location and have revitalized it to become the unique oceanfront experience it is today," the management said in a press release.

It's undeniably affordable too, the best room in the place goes for around $125 a night. It's hard to get a broom closet in the U-District for that price.

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Long Beach, WA 98631
(800) 561-2456
adrifthotel.com


IT CAME
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SWAMP
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HALF-REPTILE!
SEE!
JAKE
the Alligator Man
MARSH'S
FREE MUSEUM
LONG BEACH
WASHINGTON
THE MISSING LINK?
©A 2000



YE OLDE CURIOSITIES

Jake the "Alligator Man" is the mayor of Long Beach, WA

Every year in Long Beach they throw a birthday party for a mummified oddity that has been dead since the Beatles had hit records. It happens at the beginning of August. Starting in 2001 the town gave Jake a key to the city, and now his birthday party is the summer festival of choice on the peninsula.

They even have a bride of Jake contest as part of the festivities, which is good because Jake doesn't get a lot of correspondence on his eHarmony page. In 1967 he was purchased by the Marsh family for $750 from an antiques store. The Long Beach Merchant's Association has decided to call it "Jake's 75th Birthday Party," and since he is a mummy and doesn't age, every year is his 75th birthday. In fact no one really knows how old Jake is, not to mention where the hell he came from.

Speculation is that he is from Florida and he was a tabloid sensation in 1993 when he was accused of escaping from captivity, and killing a man despite being a corpse. There can be no debating that he is the hardest working dead man in showbiz.

marshsfreemuseum.com



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HERBAL EINSTEIN

This section is about more than bud porn. Yeah, we don't like that term either, but juicy trichomes and kiefed flowers of fine genealogy are often laid out like a centerfold. Our hope is to provide testing results for the meds we use regularly. As well as a local place to get them so you can follow in our footsteps if you feel like branching out. It's by no means a full menu, but it can spark your appetite.

Fweedom Collective

POPULAR PICK

CHARLIE SHEEN

THC: 15.81%

CBD: 0.01%

CBN: 0.01%



EYEBALL VIEW

TESTED BY: nwba Northwest Botanical Analysis

WEST COAST WELLNESS

POPULAR PICK

O.G. KUSH 1

THC: 18.38%

CBD: 0.13%

CBN: 0.11%



EYEBALL VIEW

TESTED BY: nwba Northwest Botanical Analysis

GREENSIDE MEDICAL

POPULAR PICK

WILLIAM'S WONDER

THC: 18.46%

CBD: 0.07%

CBN: 0.01%



EYEBALL VIEW

TESTED BY: nwba Northwest Botanical Analysis



Pacific NW Medical

POPULAR PICK

PERMA FROST

THC: 15.42%

CBD: 0.05%

CBN: 0.02%



EYEBALL VIEW

TESTED BY: nwba Northwest Botanical Analysis

WALLINGFORD'S
TRULY + HELPFUL
COLLECTIVE

POPULAR PICK

SEATTLE BLUE

THC: 15.42%

CBD: 0.05%

CBN: 0.02%



EYEBALL VIEW

TESTED BY: nwba
Northwest Botanical Analysis

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FRI - SAT 10 A.M. - 8 P .M.
SUN 11AM - 5 PM



Being a participating member of the medical cannabis community is not about getting high, it's about healing. We all understand cannabis has miraculously transformative effects, but not all compounds are created equal. When our web-maestro **Lisa Dank** entered the fold she persistently requested we give her a section of her own to explore these mixtures. With knowledge of the uncanny therapeutic benefits of CBDs and THC, she began combining them in specific ratios to find the relief we all seek while still providing a cerebral high. 4E figured why stop there? Dank paired them with food and booze and shared them with the staff. Boom! It was a potluck sensation. Now you try...



NOTORIOUS K.R.A.B. ME-DIP-CATION

Ingredients:

- **1 1/2 lb.Dungeness Crab**
- **1 Lemon, halved • Blue Cheese**
- **2 tbsp. Olive Oil** (medicated or not)
- **Dried French Herbs • Salt/Pepper**
- **3 tbsp. butter** (medicated or not)
- **2 tbsp Garlic Gardens Lebanese Medicated Garlic Spread**

Crack and clean the crab. Squeeze half the lemon juice over the meat. Drizzle with olive oil, spinkle with salt, pepper, and French herbs. Melt butter, add Garlic Spread and whisk together. Pour over crab. Mix well. Sprinkle with blue cheese. Serve with a baguette or crackers.

JACK'S AFOOGI SWEATER

Ingredients:

- **2 Parts 17% THC Jack Herrera**
- **1 Part 13% THC Afgoo**
- **1 8.5% CBD Part Rascal OG**

This potent combo was so effective I didn't need to finish the joint. Two puffs left me feeling heady, medicated, with an absolute purpose. As if my sensors were filled to the brim, I knew there was no need to waste another hit, I was ready to go inside and conquer the situation. Conversation was gripping, my head was buzzing - I felt very conscious of the situation and everyone around me. A great morning – mid-afternoon combination when coffee isn't enough.



BARK
AT THE MOON

PAIN COCKTAILS - PAIN COCKTAILS - PAIN COCKTAILS - PAIN COCKTAILS -

TORA
BOREALIS

Ingredients:

- **2 Parts medicated WIllow Bark**
- **1 1/2 oz Woodinville White Dog Distilled Whiskey**
- **1 oz Vanilla Bean Dry Soda**
- **Lemon Wedge Garnish**

Medicated Willow Bark Tea: Brew and steep tea according to directions and add two dropperfuls of Medicine Jar Hash Drops or purchase pre-medicated Willow Bark Tea from select co-ops. Add Whiskey & Dry Soda. Willow bark is the natural alternative to aspirin with cannabis' anti-pain and anti-anxiety properties. The warmth and relaxation of the whiskey make this drink a wonderfully comforting beverage.

Ingredients:

- **1 Part 11% CBD Gravity**
- **1 Part 19% THC Tora Bora**

This made for a delightful first smoke of the day, but my job is to smoke weed and write about it so be forewarned. Tropical and smooth, we hardly coughed as we passed the joint back and forth, enjoying the quaint comforts of the naturally lit flat. An effective appetite suppressant, we didn't eat food for hours after smoking. We did, however, try out the entire Vita Verde line then felt so good and had no desire to move. We felt regal, luxurious, stoked off existence. Save this combo for a day at the beach, a picnic in a sunny field, or a movie night with your honey.

.



BLACKBERRY LAVENDER LEMONATION

Ingredients:

- **1 part Lavender Dry Soda**
- **1 part old style Lemonade**
- **2 Dropperfuls of Glycerine extract/hash drops • Ice**
- **4 Cascade Blackberries**

Combine all liquids in a tall glass. Add concentrate/extract and blackberries. The extract will not automatically combine with the liquid so use a spoon/muddler/chop-stick to mix and mash the berries and integrate the extract into the drink (kinda like honey). Add ice last. Sip and enjoy the refreshing, medicated concoction any hot afternoon you want to add some soothing effects to your after lunch cool-down.

PAIN COCKTAILS - PAIN COCKTAILS - PAIN COCKTAILS - PAIN COCKTAILS -

STRAWBERRY CAVITY

Ingredients:

- **2 Parts 21% THC Strawberry Cough • 1 Part 11% CBD Gravity**

I was having a hard time finding the perfect time to enjoy this specific pain cocktail. Too strong for a morning medication, too strong for a night cap, the Strawberry Cavity is a powerful concoction. However, this combo came together perfectly after a long run and a brief workout. My weary muscles felt instant relief; my body took a cloudlike stance on perceived density, as opposed to the lead-like member I had recently retired to my chair. My whole corpus smiled, my open lungs loved the feeling of the 21% THC, my body rejoiced over the 11% CBD. Once smoked up the pair danced inside.





NUTS AND BERRIES SUNDANK

PAIN COCKTAILS - PAIN COCKTAILS - PAIN COCKTAILS - PAIN COCKTAILS -



PURPLE DUTCH CRUMBLE

Ingredients:

- **Fleur de Weed Medicated Walnuts**
- **Honey**
- **Cold Stoned Lavender Ice Cream**
- **Cascade Blackberries**

Scoop ice-cream into bowl. Add nuts and blackberries. Drizzle with honey. Clear your schedule.

Put on a good movie and float into a sweet creamy, dreamy world of medicated, anxiety free, full stomach joy.

Ingredients:

- **1 Part 18% THC Dutch Haze**
- **1 Part 7.5% CBD Purple Thai**

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It's been a stressful time of late and the Art Dept's renderings reflect that scatterbrained scenario. As always we apologize if anyone is offended by these sketches, but doodling during lunch meetings and ad placement round tables keeps the designers sane. It has become customary to share those random acts of penmanship even when the lines are rough and often unfinished. These were intended for adults, 21-and-over, because judging by the success of Adult Swim... we never grow out of a little comic book humor.


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7PM DOORS / ALL AGES + BAR / AT THE CROCODILE



WEDNESDAY 10/31
AER + YONAS + DAVID DALLAS + SHELTON HARRIS
7:30PM DOORS / ALL AGES / AT VERA PROJECT



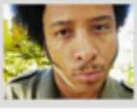
THURSDAY 11/1
CHALI 2NA & ROC C
+ THE STAXX BROTHERS + THE GOOD SIN
8PM DOORS / ALL AGES + BAR / AT THE CROCODILE



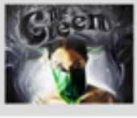
MONDAY 11/5
G-EAZY & MOD SUN + PAT BROWN
8PM DOORS / ALL AGES + BAR / AT THE CROCODILE



FRIDAY 11/9
ELDRIDGE GRAVY & THE COURT SUPREME THEORETICS + CASCADIA '10
8PM DOORS / 21+ / AT SHOWBOX MARKET



TUESDAY 11/13
THE COUP + HI LIFE SOUND SYSTEM
8PM DOORS / ALL AGES + BAR / AT THE CROCODILE

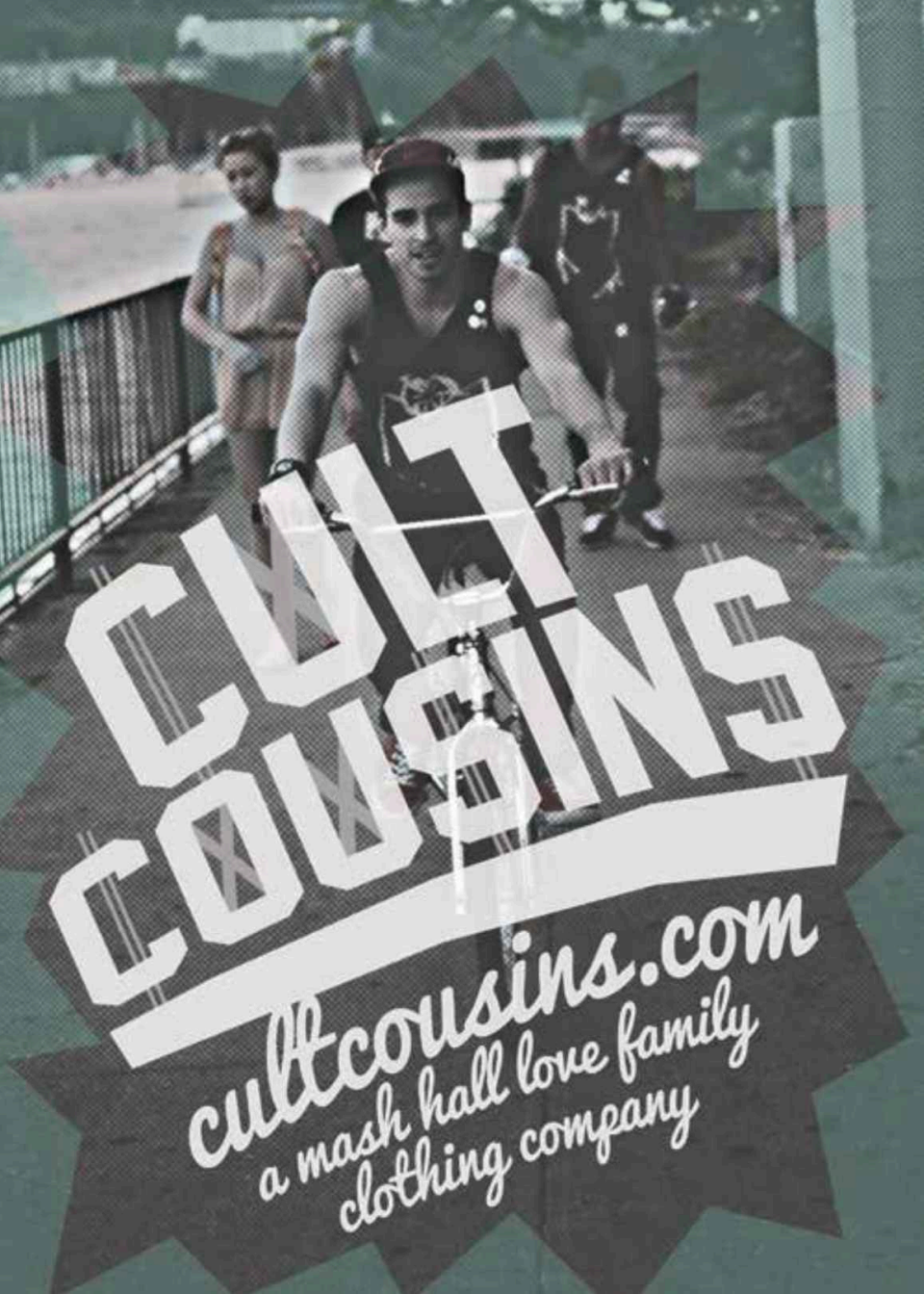


SATURDAY 11/17
THE GREEN + NATURAL VIBRATIONS + BILLY VAN
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We cleared the schedule for **Erykah Badu** this issue, she is so dynamic we let her stand alone in all her glory as the only feature in Earbuds. The incomparable Elisa Beall visits the alter of Baduism and talks sacred herbs, Seattle tour stops, being a vegan and an experience in Malaysia that had her rethinking religion. Her new group "**Cannabinoids**" has a strong scent of marijuana friendliness, and Seattle embraced her as family when as she put it: "I felt that me and the crowd connected 'til we became one living organism."



BADUISM
GOES ELECTRIC

Erykah Badu's group "The Cannabinoids" becomes 'one-living organism' with the Seattle crowd during her Decibel Festival appearance



The Cannabinoids, the name of Erykah Badu's band hints at the word cannabis, quite unapologetically. Which was the exact reason she chose it. Keeping along with the marijuana based band name, Ms. Badu has added on to her long list of A.K.A's.

"Just call me THC," she says with a smirk.

Stepping aside, but never away from her usual head wrapped, afrocentric demeanor, Badu strolled into the Emerald City in quite the electronic tone.

"[I'm] still analog girl but I can swim in the digital world," Badu explains. "And shout out to Seattle for throwing an electronic festival, that's still a rare thing. You should be proud of your city for that. I am just so happy to be a part of that history."

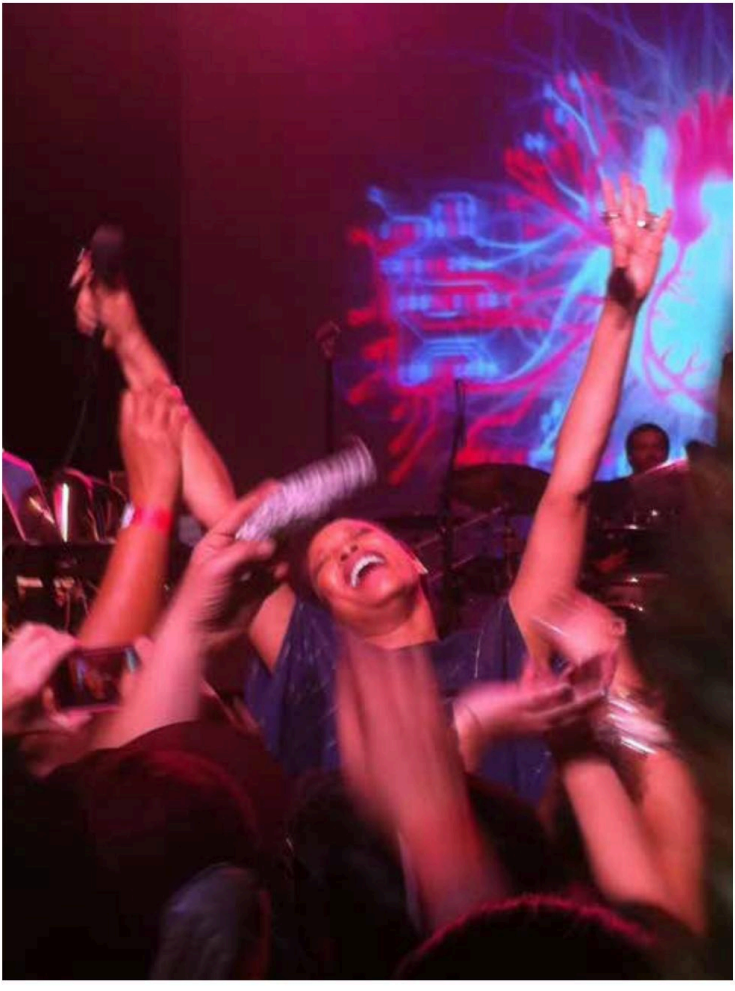
Fans packed out the Decibel Festival event, curious how Badu would fit in. Disappoint she did not, delivering each of her many hits with an electronic twist. Accompanied by stimulating visuals, a colorful stage, and a large replica of a brain no less. In a nutshell, it was every pot lover's dream concert. A concert she says she's reflected a lot on, after being banned from performing in Malaysia, for wearing a temporary tattoo that read "Allah."

"Well not every where is Seattle," states Badu. "Not every place is as open. Not every concert is a good one. After the Seattle concert, I was happy. I felt that me and the crowd connected 'til we became one living organism. I didn't get a chance to do that in Malaysia, because of a big misunderstanding. Art is often misunderstood in the realm of religion. Art can't be censored by anyone. What good is religion if you push out love?"

"My main focus in art is people; politics comes last when we connect as artists on stage. I have faith in people's ability to evolve; that's why I do what

"Well not every where is Seattle. Not every place is as open. Not every concert is a good one. After the Seattle concert, I was happy. I felt that me and the crowd connected 'til we became one living organism. I didn't get a chance to do that in Malaysia, because of a big misunderstanding. Art is often misunderstood in the realm of religion. Art can't be censored by anyone. What good is religion if you push out love?"

cont. >>>

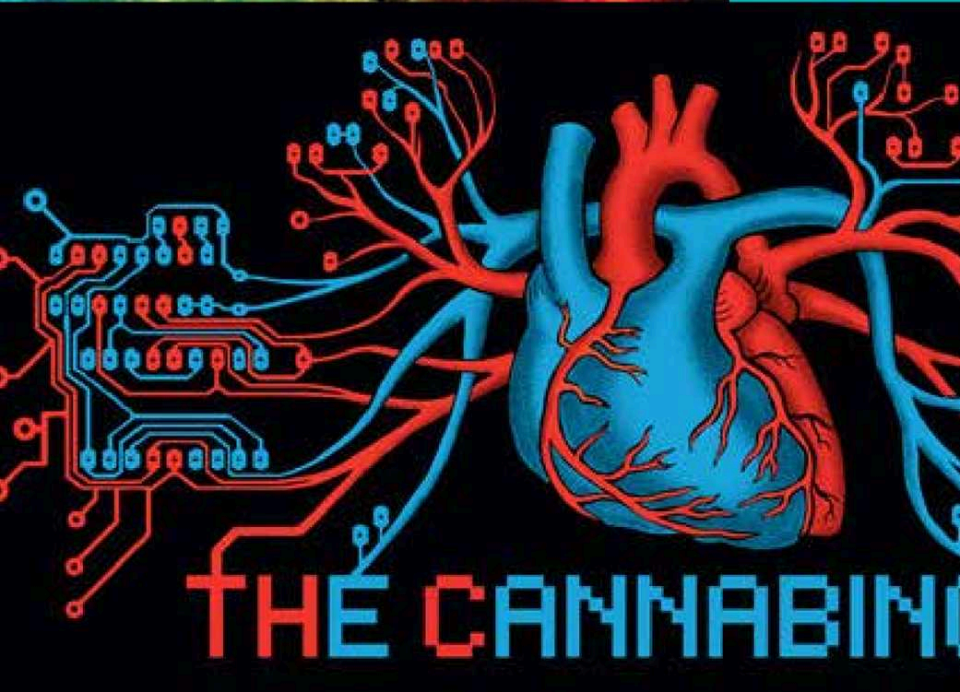




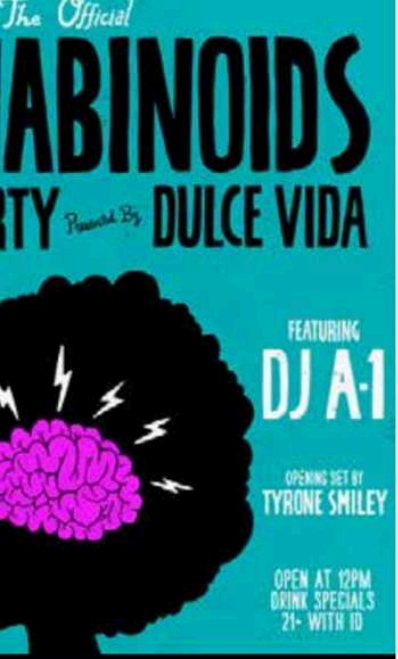
CANN
AFTER PAR

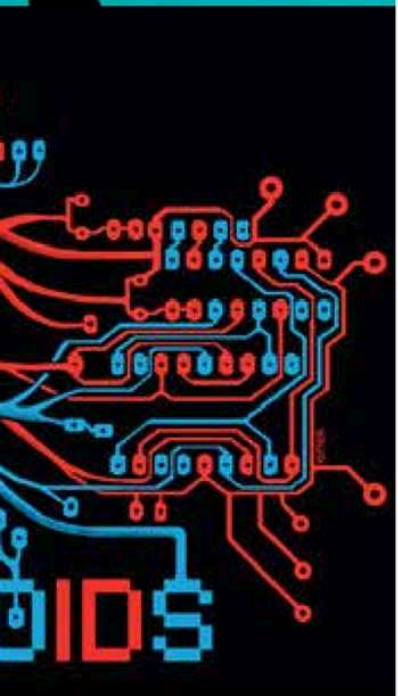
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THE CANNABIN





I do. Yes we focus on the idea of cannabis, THC, marijuana — whatever makes you happy to call it — a lot. We are also free to express art in whatever manner we like. But don't forget the music."

It is her mutual love for music and cannabis that pushed Badu to join together with the Cannibinoids to tour, calling it a form of musical therapy.

"I gave myself room to breathe and grow and to procrastinate but to finish those projects is the next successful moment that I am seeking," she confessed. "I am working really hard this year. I don't have much time to write but I can do it. Touring has helped."

While in town she gladly looked over a care package from local co-op Urban Roots, provided by 4E and PDA Magazine. She wasn't shy about sharing her feelings on the hypocracy of our drug policy in this country.

"I have a couple of friends who have dispensaries. Medical marijuana really helps a lot of people because it's an herb," Badu argues. "I don't agree with the abuse of anything. Did you know that tobacco is a far, far worse poison? There are 4,000 chemicals in tobacco, many that are known causes of cancer. I think people should have the right — like you've given people the right to choose the amount of alcohol they consume, the amount of terrible cigarettes they consume — I think people should have that right [to consume cannabis] as well."

"Each year, one in five deaths in the United States is due to smoking cigarettes. I used to smoke [cannabis], yeah sure. I just don't inhale it now, if you catch my drift. I am a vegan so, eating herbs is a part of it."

—E.B.

ERYKAH BADU PLAYS WORD VOMIT WITH PDA

Jupiter or Mars?

A: Anywhere other than Earth

Indica or Sativa?

A: Sativa

If I wasn't a musical artist, I would _____?

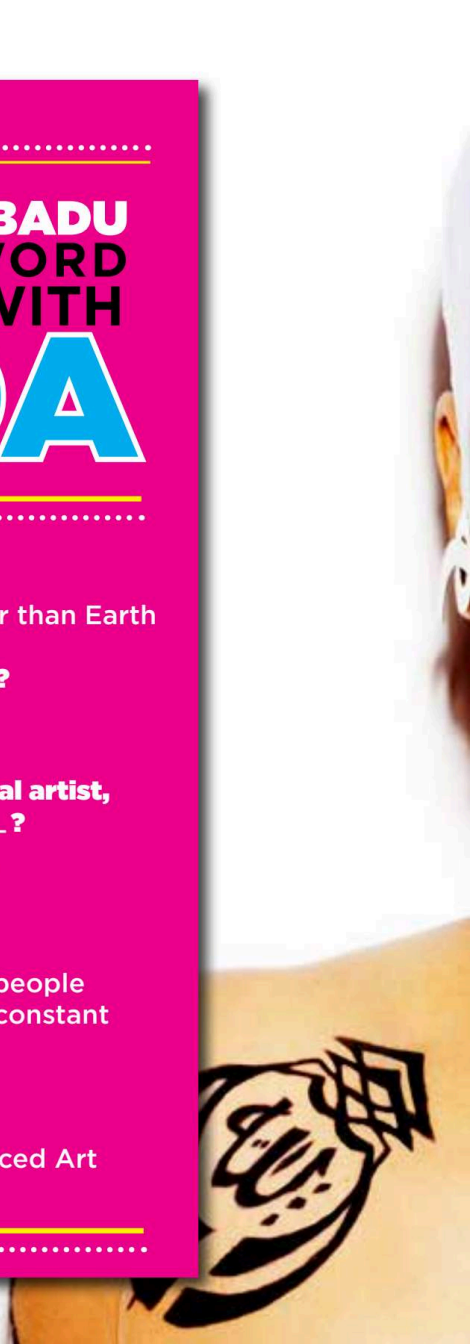
A: Be dead inside.

Seattle rain?

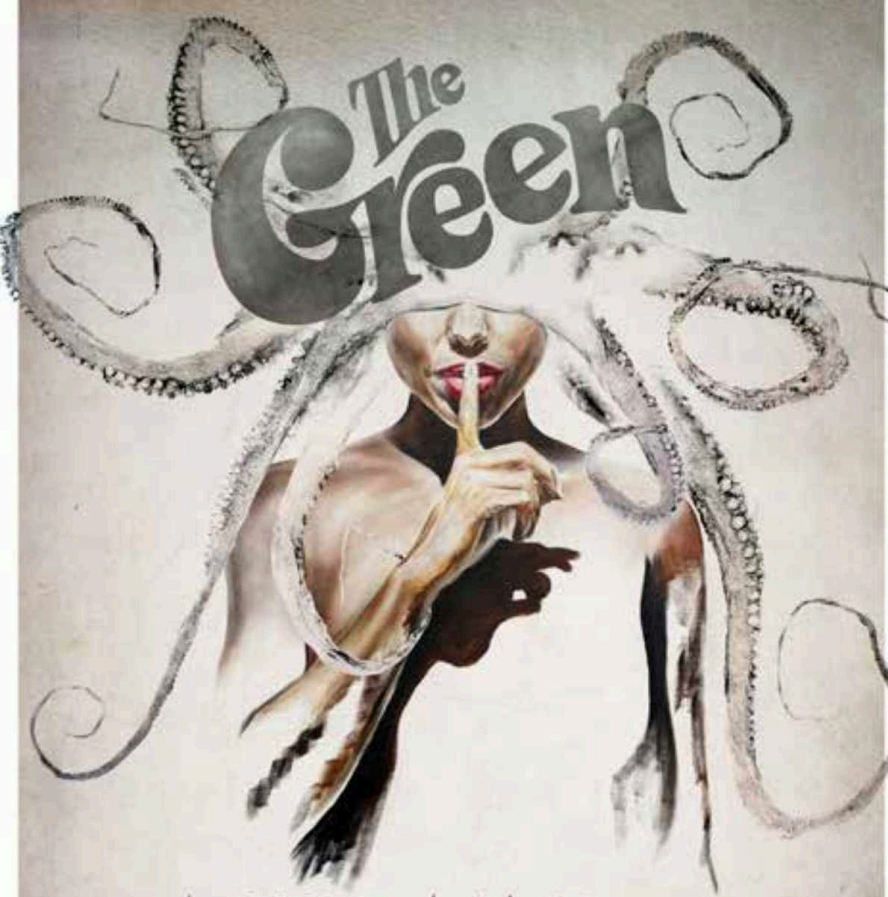
A: Isnt' as bad as people say. It's more like constant renewal.

PDA...

A: People's Displaced Art







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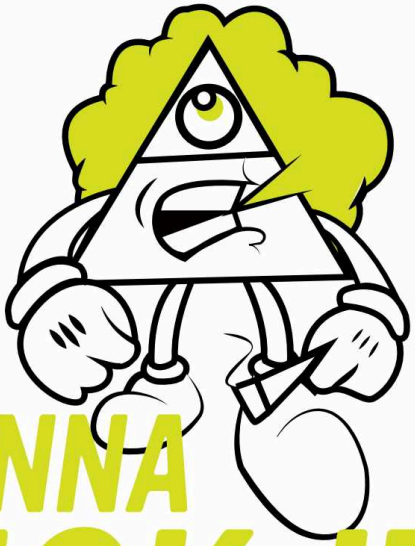
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CANNA KICK-IT

PDA publicity maven **Grace Kelly** sits down with Stephen Marley during his Seattle tour stop. He talks about leading a medication mutiny by encouraging fans to light-up in direct defiance of the security staff. We also can't say enough about "City Arts Fest" and the great people at the Seattle Office of Arts & Cultural Affairs who have proven great shows don't have to happen outdoors in the summertime. We preview upcoming 4E sponsored events as well, and follow us on Twitter because we got hook ups for days that you might be missing out on.

CANNA KICK-IT EVENTS

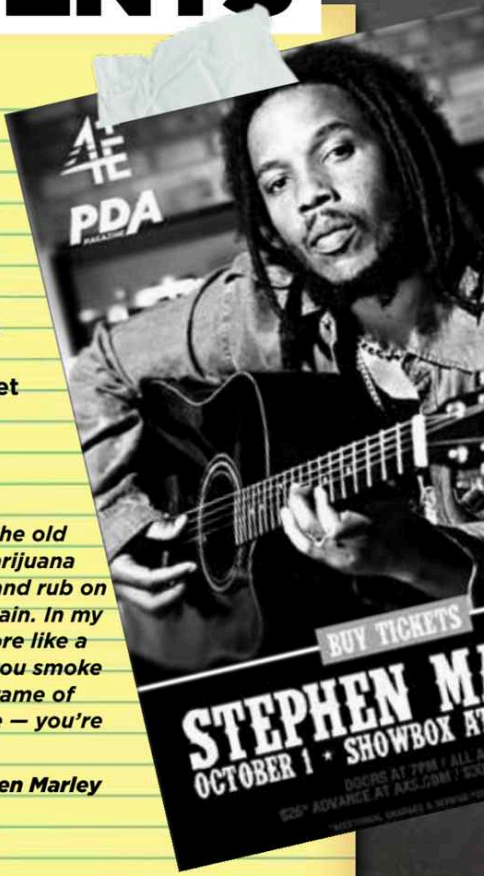
STEPHEN MARLEY

First Rule of Smoking:

"The person who rolls it, smokes it first. Lights it, let us know that its ALLLL GOOOD! Never let someone pass it unless they like it."

"In my country [Jamaica] the old folks use rum, pimento, marijuana and crush it all in a bottle and rub on their joints for aches and pain. In my culture smoking herb is more like a sacrament. It's more like, you smoke herb, then you get into a frame of mind. It's not just to smoke — you're not just getting high."

-Stephen Marley



QUICK QUESTION

PDA: How do you feel about cannabis from Seattle?

MARLEY: "It's good. You got some for me? There wasn't enough smoke in the air [at the show], so when I got on stage I said 'Sorry, this isn't going to work, you can smoke' and everyone just lit up."

FINAL THOUGHT

"It's beyond smoking marijuana — like the whole use of hemp, fuel, medicine for physical ailments, what the plant can do. But it's not publicized that way. They don't know what this plant can really do. They don't say what other effects the plant has. There's the stereotypical idea that we're stoners, we smoke it and buzz out."









DAB, DAB CITY!

High Times Cannabis Cup

A sea of titanium touched vapor clouds, vendors, collectives, and everyone's wearing our gear. Just the way we like it...







City Arts Fest

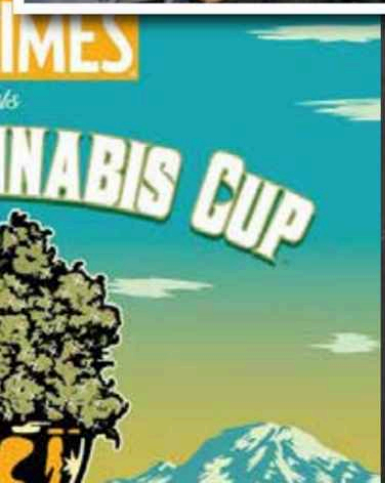
Purple clouded up as **Kingdom Crumbs** rained game on ready fans at Neumo's. **Truckasaurus** brought a tear to our eye with their moving, multi-media performance at Fred Wildlife. **Yasiin Bey** aka **Mos Def** wowed a packed house as he rocked with 2 DJ's — we were already on a good one from all the beer we toasted in honor of our local favs **The Physics** golden groovefest. Finally **Collie Budz** came around, and cannabis was on the guest list.



COMING SOON:

November 3rd – ***Joe Rogan*** at **The Moore**

November 13th – ***The Green*** at **Showbox Market**







In May of this year Clemson's star wide receiver, Sammy Watkins, was pulled over for scraping a curb on campus and the police discovered marijuana. He was not charged with a DUI. He was 18 years old. He was suspended for the first two games of the season when the 2012 season kicked off this Fall. He has scored only one touchdown and has significantly under performed the standard he set as a Freshman at the time of printing this issue of PDA.

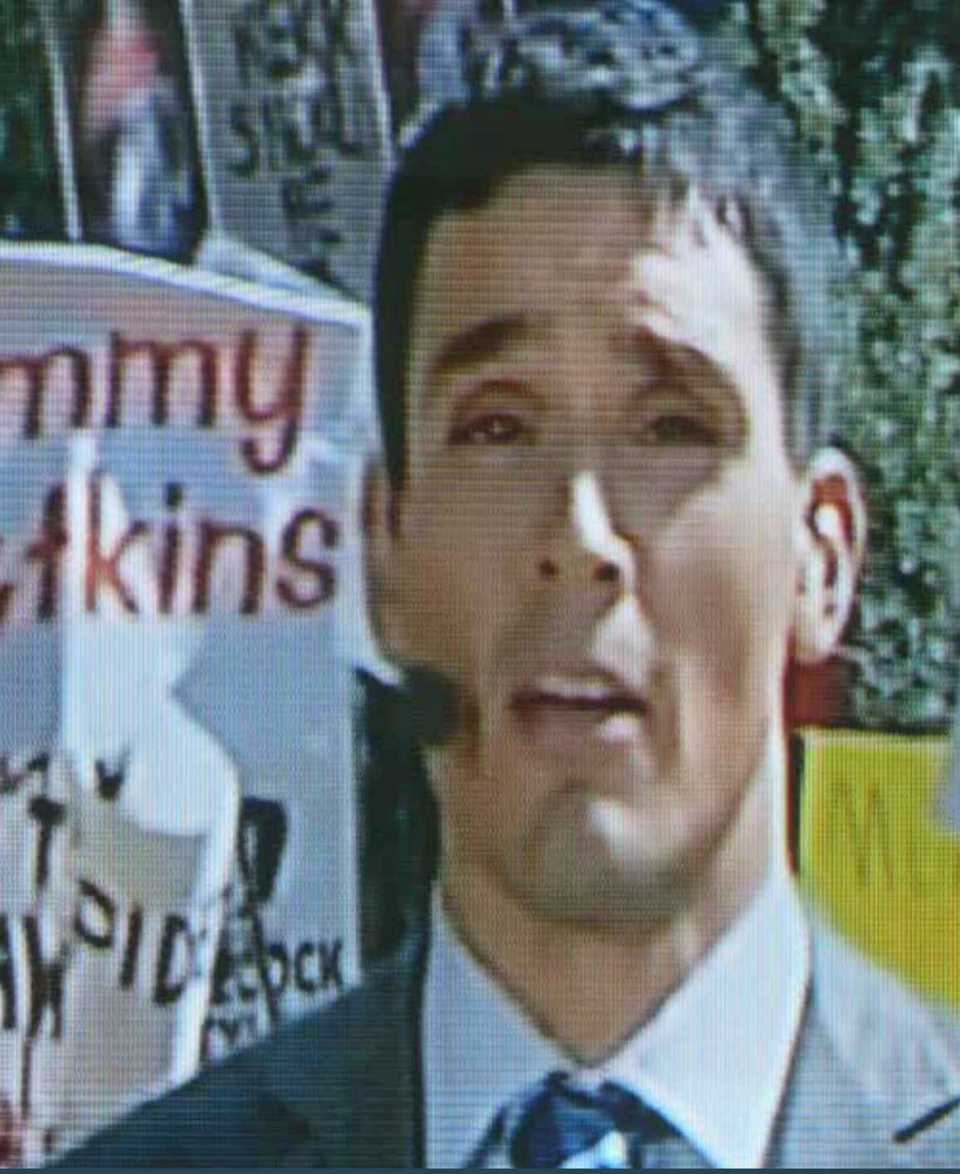
ESPN's "College Gameday" broadcast has a tradition of large audiences of students in the background, and colorful handmade signs, that adds a live element to the pre-scripted show. Some of the signs are lewd, even offensive. During one October Saturday the 4E crew was gathering for one of our gridiron and grill celebrations. With our high level of sensitivity to marijuana references we noticed the "Sammy Pawtkins" sign. The paw symbol allowed the cannabis reference to hide in plain sight, but what it really aimed to convey was "Sammy Potkins."

This is a mocking nickname rival fans have used to taunt the young Watkins at away games.

Cut the kid some slack, he made a mistake and stop bullying him into forgetting how to play the game he loves. It boggles our minds that athletes are not allowed to be registered medical cannabis patients, should their doctor decide it could help with the ailments caused by contact sports. With all the debate about head injuries, pre-mature death and chronic depression in former NFL players it seems disgustingly backwards to outlaw a natural substance with more healing properties than all the pills and shots team physicians regularly administer — combined.

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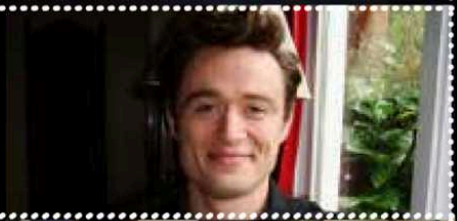


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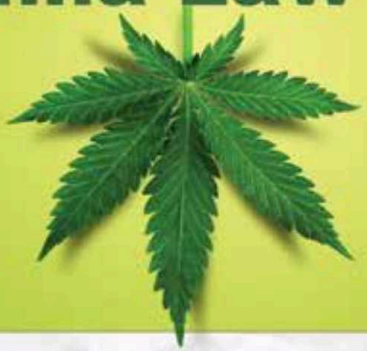
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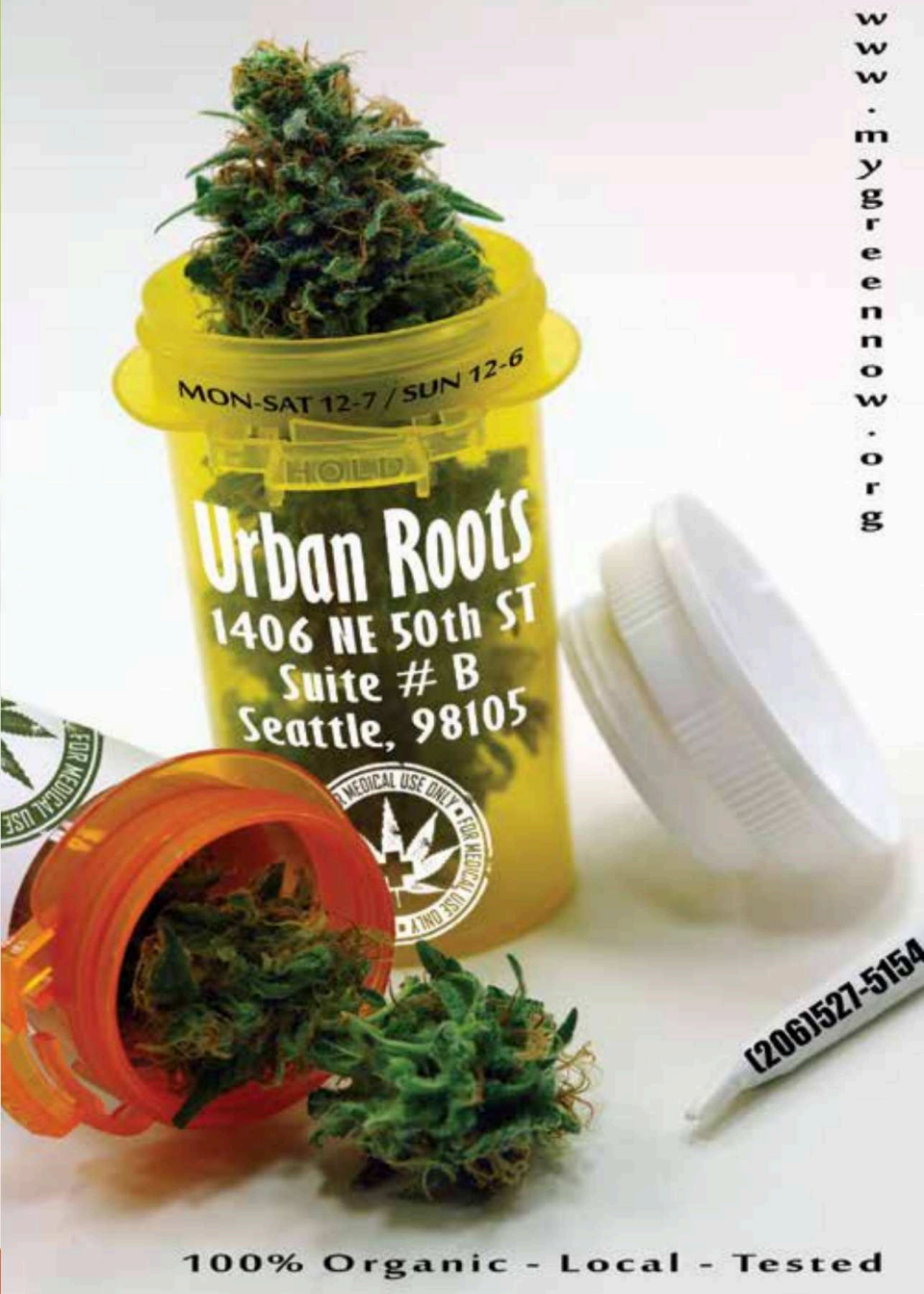
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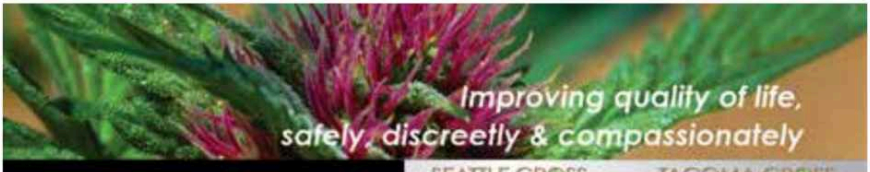
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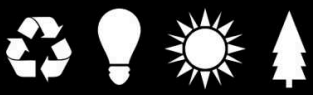
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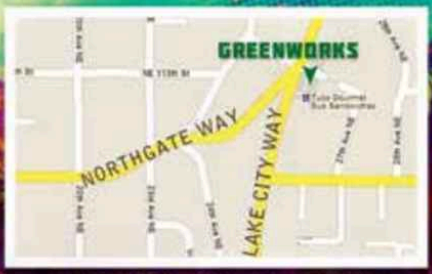
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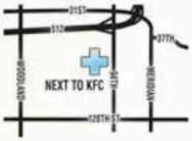


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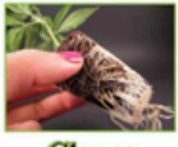
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