Sporting PDA
Sonics arena rally and local NBA pick-up games.

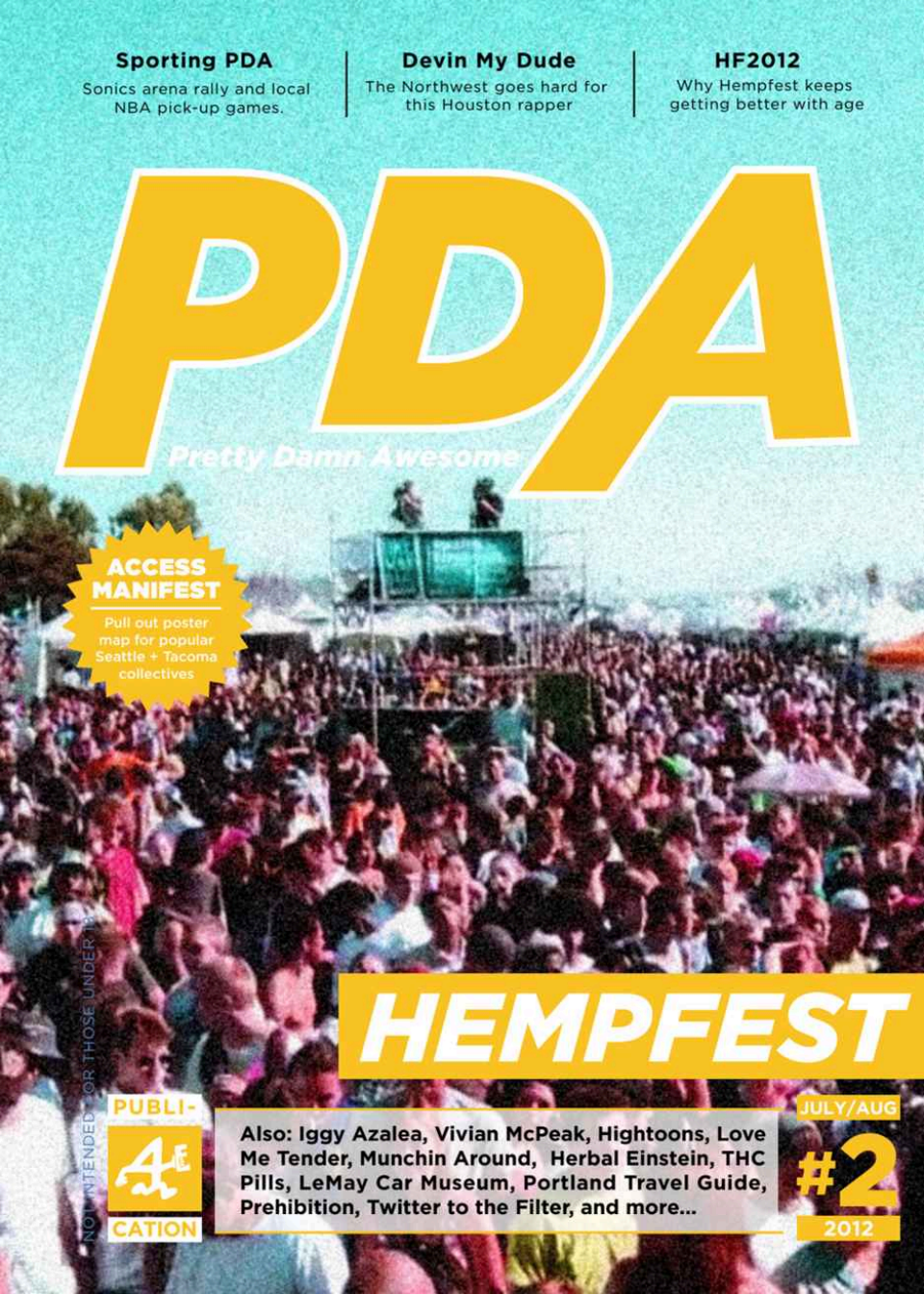
Devin My Dude
The Northwest goes hard for this Houston rapper

HF2012
Why Hempfest keeps getting better with age

PDA

Pretty Damn Awesome

ACCESS MANIFEST
Pull out poster map for popular Seattle + Tacoma collectives



HEMPFEST

PUBLI-CATION

NOT INTENDED FOR THOSE UNDER 18

Also: Iggy Azalea, Vivian McPeak, Hightoons, Love Me Tender, Munchin Around, Herbal Einstein, THC Pills, LeMay Car Museum, Portland Travel Guide, Prehibition, Twitter to the Filter, and more...

JULY/AUG
#2
2012

THE OWNER'S BOX

Around this same time every year, we are reminded of how important cannabis is to so many people. Preparing this issue of PDA was a bit sentimental for everyone in the 4E family. Reflecting on all the good times we have shared at Hempfest with cannabis supporters from our own back yard and all over the world brings us back to a place of extreme appreciation for all that we have. Hempfest is a truly remarkable event and there is no better place for it than right here.

4E has been one of the most influential catalysts to the medical cannabis industry's growth in Washington state and Hempfest has been a great help to our cause. The past two years have been full of controversy for 4E and the rest of the industry alike, but like our patients and industry colleagues we are committed to growing this industry to it's full potential.

We have stood out as not only the largest and most legitimate patient network but because of our commitment to our patients, and overall social awareness, everyone knows we are willing to put our balls on the line time and time again for you – the people we love so much. You need only check our track record to know "we have skin in the game."

Many said that we were crazy for setting up mash style tents with numerous physicians giving exams to inquisitive patients and in many cases authorizing them for medical cannabis use. But leave it to us to push the envelope and do everything humanly possible to serve the people and always stay within the boundaries set by the law. Coincidentally every year that we have been at Hempfest, our physicians have been able to assist the attendees and provide immediate medical attention to the occasionally over medicated cannabis enthusiast or any one else in need of a doctor.

So outside of the great service of providing exams we have also provided the people of Hempfest with additional trained medical staff that put patient safety first. It's important to do our part for the good of the whole. Despite the jabs from cynics, we knew that we weren't crazy, and we also knew that new ideas are sometimes hard to accept for traditional individuals set in their ways. So without hesitation we spread more love and continue this journey.

Through all of the good times and bad, one constant is that we have been there for you, and you for us, and that is the spirit of cannabis and the cannabis movement.

Remember... Hug a leaf, Smoke a tree, and ALWAYS medicate safely!

With Green Love,

R. Williams + J. Berman

4Evergreen Group

clinic location:

NEW SEATTLE LOCATION!

4500 9th Ave NE Suite 375

Seattle, WA 98105

clinic location:

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Tacoma, WA 98409

COORDINATES:



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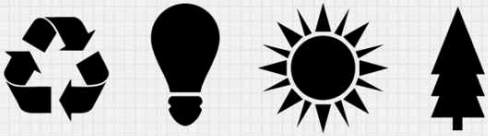


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NEW LOCATION INSIDE OF THE UNIVERSITY BUSINESS CENTER



company seal:



4EVERGREEN GROUP

LOGOTYPE

STATEMENT: MEDICAL CANNABIS AUTHORIZATIONS WRITTEN DAILY



HEMP HEMP, HOORAY.

There is not much we can say that you don't already know. Hempfest is many things to many of us, what it isn't is a hyped music festival. We aren't being asked to pay upfront, the draw isn't the entertainment specifically and there is no front row seat. Everyone lands on equal footing and our reason for migrating through the human traffic is about being there. The smart ones block out several hours and stop checking their watches. Those of us 4E folks who grew up in Seattle have been going since we were as young as 13. It's remarkable how little has changed. Many of the biggest names Hempfest books, are kept secret because they can't support another 20,000 people showing up for a free concert with no concern for the cause. The capacity is already bulging from the true believers with no expectation beyond walking around and a tolerant medicating policy. Without a headliner Hempfest has avoided the corporate gloss that ruined so many of our favorite festivals around the USA. It's as free as the speech contained within it, and always will be. From currency to ideology.

HUG A LEAF. SMOKE A TREE. 4E+

20
70
94
103
121
149
160
170
172

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VOL. 1
ISSUE 2

"For those seeking alternative solutions to the same old problems"

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Of course all of our wonderful patients and the medical professionals that care for them

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SAY WHAT?
Cannabis view points from every angle, real talk

HEMPFEST
Exec. Director Vivian McPeak, Gas Works '94, Historical Timeline + Park Map

MOMS FOR MARY
Speaking out against sensational news headlines as patients and mothers

MUNCHIN AROUND
Tacoma's around-the-way eateries, plus North Seattle is more than drive-thrus

HERBAL EINSTEIN
These locally sourced strain head-shots are dripping with tricomes for your pleasure

EARBUDS
Devin the Dude, Iggy Azalea and Michael Blackson are calling cannabis out

ROBBED RALLY
5,000 Sonics fans in Pioneer Square, and where to see NBA pick-up games this summer

ROADTRIP GUIDE
Travel to Portland when you wanna get away like a Southwest Airlines flight

EEEE MADE
All the newest products from the 4E Art Dept. presented as a "look book" collection

TWITTER TO THE FILTER

A GREAT PLACE FOR A SMOKE BREAK



@Huffingtonpost
The Huffington Post
#MileyCyrus

We're curious to know if **@Miley Cyrus** picked anything up at the **weed dispensary** the other day http://huff.to/yaT3oG

24 Feb via @HuffPostCeleb

@Californiaprobs
California Problems
#StevenColbert

"CA teens have you never heard of medical **marijuana**? Stop drinking hand sanitizer."
-Steven Colbert

7 May via cc.com



@TheRealRoseanne
Roseanne Barr
#BarackObama

I'm glad that #P.O.T.U.S. *SAID* the right thing re: marriage equality - saying isn't doing tho - **said he would leave MMJ users alone** in Cali - Talk is cheap.

9 May via Web

@thegooglefact The Google Fact™

Caffeine is more addictive than **marijuana.**

15 May via HootSuite



@FuckTyler Tyler, the Creator

You Smoke Weed And Sip Cough Syrup? You Are So Cool, Damn, **You Reek Of Swag.**

15 May via MobileWeb



@Diplo Diplo

Smoked so much **weed** in the basement of China played cutty ranks while Japanese girls hung upside down in bikiniz

11 May via UberSocial for Blackberry



@ComplexMag
Complex Magazine
#Policies

Medical **Marijuana** growers can purchase insurance policies for protection. cmplx.it/IFOXaQ

7 May via Complex Media Broadcaster



@Ariannahuff
Arianna Huffington
#Politics #GOP

Medical **marijuana** laws for states supported by more than 2/3 of GOP.

16 Feb via http://huff.to/JRjmA6 viai



@DrBronner Dr. Bronner's Soaps #BarakObama

@BarakObama We employ over 100 Americans and use **#Hemp** oil in our products. We want your help to let farmers grow this non-drug crop.

7 May via web



@CelebStoner
CelebStoner
#Redman

Redman backstage at NY **Marijuana Rally** in Union Square #mmot

5 May via pic.twitter.com/rUs6bv3y





@therealredman
Redman

We on the road...@the realredman still in MALLORCA, SPAIN...I get **free bud** everywhere... JERSEY U KNW HOW WE DO!!!

16 May via web

YESTERDAY HAD A BETTER WAY

PREHIBITION

AND LOOK WHO AGREES...



"Unquestionably this drug is very useful to the artist, activating trains of association that would otherwise be inaccessible. I owe many of the scenes in 'Naked Lunch' (the 1950s bestseller) directly to the use of cannabis."

WILLIAM S. BURROUGH (BEAT WRITER)

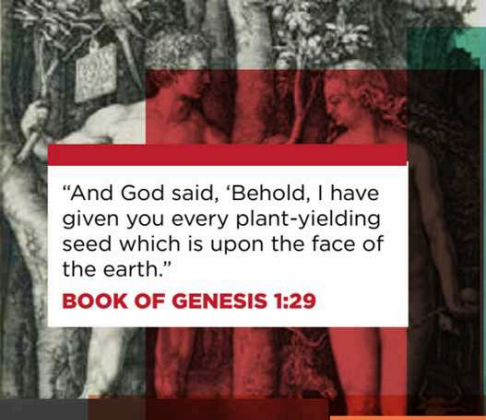
"The biggest killer on the planet is stress and I still think the best medicine is and always has been cannabis."

WILLIE NELSON
(FOLK SINGER)



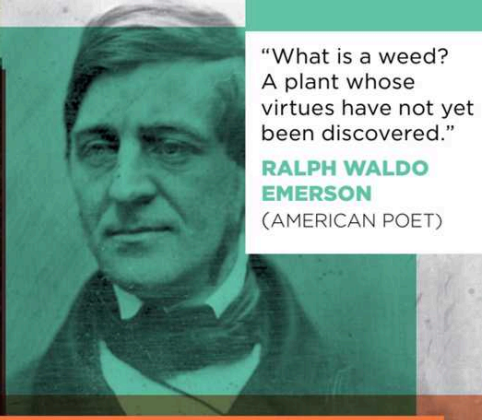
"Anyway, since I get nervous in places like Vegas, it occurred to me to do this funny little routine — actually telling the audience about my hangup. The point was, you shouldn't rely on emotional crutches. It was almost a sermon — no crutches, people; crutches are a no-no. Then at the end, I'd take out a joint and light it. First, just faking it. Then I started lighting live joints, passing them around to the band — you know. It was great — it relieved all my tensions. And I ended up with the greatest supply of grass ever. Other acts up and down the Strip heard about what I was doing — Little Anthony and the Imperials, people like that — and started sending me the best dope in the world."

BARBARA STREISAND (ROLLING STONE)



"And God said, 'Behold, I have given you every plant-yielding seed which is upon the face of the earth."

BOOK OF GENESIS 1:29



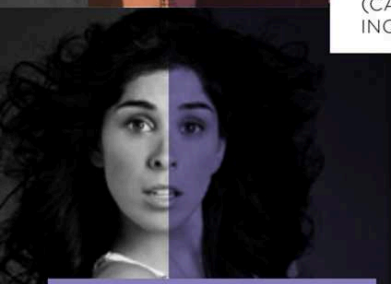
"What is a weed? A plant whose virtues have not yet been discovered."

RALPH WALDO EMERSON
(AMERICAN POET)



"Much of this 'homegrown' marijuana is neither marketed, nor intended to be marketed. Rather, it is generally consumed by it's cultivator and those with whom he is friendly. Increasingly, however, some persons have been cultivating cannabis on a commercial scale. With respect to the cultivation of cannabis other than for purposes of trafficking, I recommend that it continue to be an offense with penalties identical to those I recommend for simple possession. $25 fine."

GERALD LE DAIN
(CANADIAN CHAIRMAN OF THE COMMISION OF INQUIRY INTO THE NON-MEDICAL USE OF DRUGS)



"Don't do it too much kids. It takes all the fun out of it."

SARAH SILVERMAN
(COMEDIAN)



"A wondrous languor... possesses itself of your spirit, and spreads itself across your faculties as a fog spreads itself in a meadow."

CHARLES BAUDELAIRE
(19TH CENTURY FRENCH POET)





CHIKARA SUGIYAMA

Owner of Rock Paper Scissors, Sneaker connoisseur, Archivist

"I was at the Sneaker Pimps sneaker tour in NY 2010 and hanging out on-stage with Wale. I busted out a fat blunt the size of two sharpies and started blazing right there. Wale looked at the blunt and asked me "What's in there fam? Is it weed and tabacco?" I look at him with a grin and told him "Naaaa.. its all weed. This is how we roll in Seattle." When the blunt got around to Wale, he hit it and was lit! I think it was a blunt of G13."



Marz Martinez

Founder/Curator of Art Ache

Yes, (cannabis) seems to help people who are hurting. For example, I just met someone who uses it who has a degenerative disorder and it helps with that. I think to each their own when using the plant as long as it is age appropriate, and not around others who may be underage. I think there is a ton of good that comes from it.

Is there a role cannabis plays in the entertainment scenes in town?

When people are out at any social event it can be a good way to bond and enjoy the night.

Do you think cannabis has medical value?

"I really do believe cannabis does have medical impacts for many different ailments. I've met a variety of patients that use it for various reasons. One thing I've learned is that every strain of weed has different effects for every condition that a patient might have. I feel that its about time the federal government recognizes it, not as a narcotic but as medicine."



Fredo a.k.a. "Bboy Free"

Title: Freestyle Dancer, Bboy, Soul Shifters/Circle of Fire founder

"Its hard to find someone who doesn't find a medical value in cannabis now-a-days, which is a great thing. It means people are waking up, instead of walking around with ignorant notions. I don't judge people for using. And I am blessed to have family and friends who don't judge me. We need to move past the idea that there needs to be any judgment towards the issue at all. I have noticed that cannabis plays a big role in just about every aspect of the Puget Sound. People smoke on the streets, at festivals and are more open about their usage. We have rallies, and benefits all focusing on cannabis. I think its a beautiful thing."

Do you follow the politics about cannabis in Olympia?

"I try not to follow the news too much. I find out facts on certain subjects and form my opinions around that. If more people did the same, they would find their opinions changing. And notice that the news feeds you the watered down version of the truth."





Elisa Beall

Journalist, Music Writer

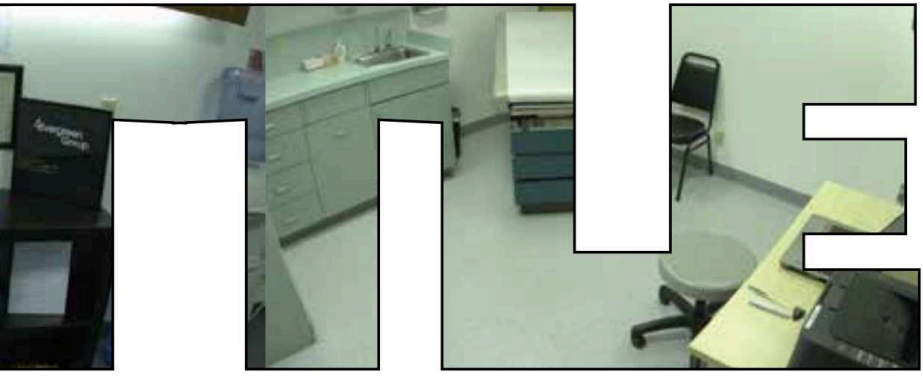
"At a time where a pill for everything has become normal, and pill marketing/advertisement, is being pushed practically down our throats; how can we be okay with something that will cause so many negative side effects, and reject something natural like cannabis? Seems crazy right? Most Puget Sound residents are open pro-cannabis advocates. This is evident in our musical gatherings and festivals like Hempfest. After visiting Japan, where a person can do hardcore time for possession of even a small amount; I was happy to come back home, where it is more accepted."

As a writer how do you feel about mass media's coverage of the cannabis issue?

"In the beginning, I think every advocate for the cause was excited that the media was even discussing the topic. However like most things, the media took what could be a positive platform and tainted it. They cover our protests, and then end the story with a negative undertone. I like to call it 'Back Handed Journalism'."


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WELCOME TO
TACOMA





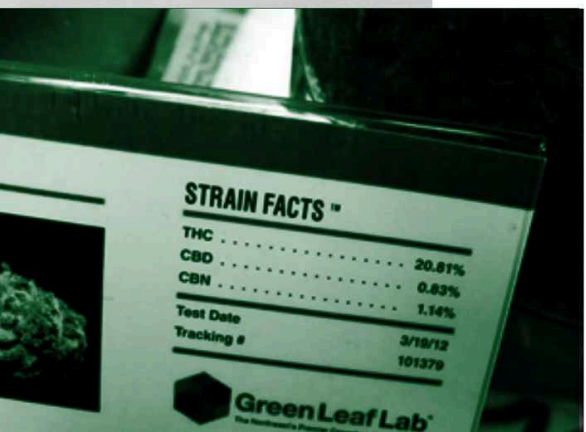


Tacoma is on the come-up. 4E checked out the opening of the LeMay Car Museum, the modern space-aged caterpillar building that looks crispy next to the Tacoma Glass Museum nearby. We're always finding old signage and remnants of history we didn't know were there. Everyone in the state should visit Tacoma. Our patients swear by the cannabis quality: the donations are reasonable and the people are friendly. They are part of this culture for the right reasons. This issue we sat down with our old friend John from Southern Kitchen and sampled the tricks of the "Magical Sandwich Makers."

Bold initiatives like "Graffiti Garages" and the industrial landscape make Tacoma a place like no other. Explore it this summer, and experience the joy of $3 gas prices...







Centrally located and hard to miss, Cannabis Club on 6th Ave shows it's personality as soon as you walk in the door. From the Jim Phillips skate posters to budtenders with a sense of humor that drop lines like "make sure to sign the agreement at the door to smile," its a friendly atmosphere that feels comfortable for all types of cannabis patients. It helps that the strains are perfectly displayed in well-lit shelving and all have testing results printed on easy-to-ready cards right next to the jar.

The selection of Kit Teas and Kush Cream products is always extensive. Even hard to find items, and everything that sells out is quickly re-stocked. The in-house edibles however sell out quickly, and are a special

cont. >>>



2407

6TH

AVENUE

253.507.4625

TACOMA

facebook.com/
ccc6thave

MON-SAT
11 AM - 8 PM
SUNDAY
12 PM – 7 PM

SOUND TRANSIT
590 593 594

CENTRALLY LOCATED

DEALS ON FACEBOOK

DE FRIENDLY ENVIRONMENT

HUGE SELECTION OF TOPICALS




CANNABIS CLUB
6th


FEATURING THE ARTISTIC STYLINGS OF:
KEVIN HAMBRING • DEMETRIE TYLER • TESIA WOODS
CANNABIS CLUB
AK-47

occasion, so make sure to ask if they have anything home-cooked when you make your visit. The medicated “Gardettos” and Sunflower Seeds are some 4E favorites. High Alpine Baking Company is a righteous edible vendor too, and the Cannbis Club has a wide variety of their treats at different dosages for different kinds of patient needs.

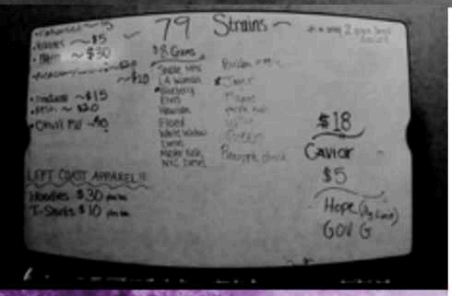
Follow them on Facebook too because they post donation deals regularly. Specials like $200 top-shelf ounces are an everyday thing. We also made sure to sample some of the $5/g stock. You can always tell a good spot if the low priced meds are still respectable, and the “WTF” from Cannabis Club was much more than that. But of course, with as many 20-percent plus THC strains as they offer 4E added some “Snow Cap” and “Hash Plant” to the personal stash.





Cannabis Club offers a kick-ass collection of t-shirts and other merchandise.





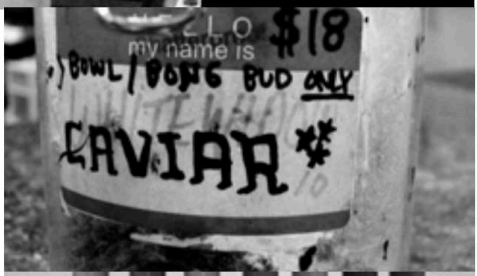


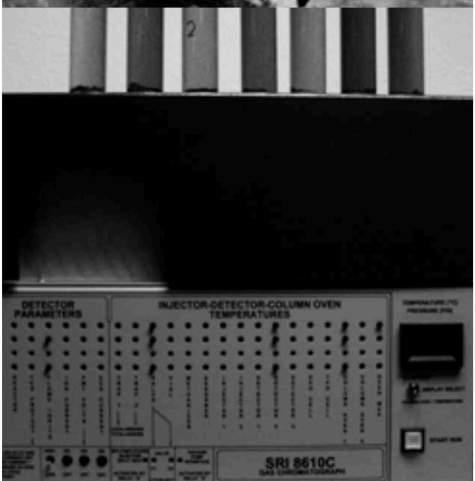
The dry-erase board looks intimidating as you walk in to Left Coast. More than 80 strains on tap, some so exotic that the name didn't even register to us (April O'Neill was our favorite), we were swimming in choices. Behind the counter they know just what to do when a new patient has that overwhelmed look. Small sample jars are neatly arranged in carousels and questions are patiently answered with compassion.

As you return to Left Coast the checkout register stores your preferences and helps budtenders recommend strains based on what they know you like. Facebook raffles are held Fridays at 4:20 p.m. and the more you donate during the week the more entries you receive. There is a real feel of neighborhood with this collective, people greet each other by name and linger after their transaction to shoot the shit. But make no mistake, this access point is known for quality medicine and one of the widest selections of it in the state.

cont. >>>







7604-B

SOUTH TACOMA WAY

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TACOMA

leftcoast cannabis.com

MON-SAT
9 AM –9 PM
SUNDAY
12 PM – 5 PM

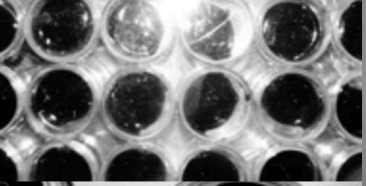
SOUND TRANSIT
574 578 594

LOTS OF PARKING

IN-HOUSE CAVIAR

ATM ON-SITE

IN-HOUSE BHO




THC
Butter







From the $18/g Caviar to the $5/g discount herbs, it all exceeds expectation. The BHO oil is modestly priced at $30/g but packs a punch as well as any we have tried. Like six-hours later you still have the effects even with a built-in tolerance. “Chill Pills” for $10 are a welcomed selection for many patients and these THC capsules gave more than one 4E member the giggles. At the heart of the experience there is “real testing with real results for real people.”

Co-owner Mike Allison is a real patient, he has been living with HIV for more than a decade and is a straight-shooter about what he is doing at Left Coast. While he hasn’t taken a vow of poverty as he puts it, he spends his days testing the strains Left Coast carries himself with a gas chromatograph. He’s less concerned with “projected THC levels” and provides real information to the members of the collective even if it doesn’t make everything look like a Cannabis Cup winner.

“I’m not gonna grow old, I’m gonna die,” Allison says bluntly. “If I have a pile of money in the corner of my hospital room on that day it won’t mean much to me. I just want people to know what’s in their medicine and that’s it.”





Co-owner Mike Allison at his testing workshop in Tacoma.

WELCOME TO NORTH SEATTLE









Although it was built in the corridors of super-highways and requires a car to navigate, North Seattle's dense residential boroughs and ample city parks make it a thriving community. While not known for its dining, architecture, or party scene ... 4E knows its way around and unearthed some gems for you. There are plenty of good people making medicine available, and it's always premium from the experience to the potency.

We've reviewed our patients' favorite spots, provided some ***Herbal Einstein™*** *strain spotlights and munched around the best grub spots. Summer is great time to take a day-trip and visit parts of your city you weren't up on. PDA was created to help you plan these creative outings, hop off the couch and puff on some fresh air. 4E loves all sides of our fair lady Seattle –* ***North, South, East and West.***











The product has its own intrinsic value. That's the way we feel about "Greenworks" collective on Lake City Way, magically located next to one to the greatest sandwich shops in Seattle, Tubs Gourmet Subs. Founded by a collective of local growers fed up with the offerings at the time, "Greenworks" was founded on the principle of providing the best medicine possible.

"We are really known for our hash" they tell us. We are then dumbstruck by a variety of hashish that was insane. Bubble hash balls as big as your fist, palm press so oozing with goodness it gleams like the sun off a freshly waxed car... shatter, peanut butter, CO2 extracts, BHO, and PHO (PHO, Petroleum Hash Oil) is an extract whose compounds are unspeakingly high in CBD's with virtually no psycho-active effects unlike BHO which WILL GET YOU HIGH.

He continued on to explain in detail the multi-faceted star rating system based on duration of the bubble before it combusts and the cleanliness of the ash after it breaks. From Kief ranking at a star to the



medicated stained glass that is the querkle shatter ranking at 6 (the highest) there is an alternative to your alternative medicine at available at any potency you feel comfortable with.

And then came the dried flowers.

Every single herb we were shown was a full face of perfectly cured crystal dripped medicine exactly the way you want it to be. Bud porn stars if you will. Herb after herb was show grade, clearly grown by a master grower who cares about their product and patient. What's more, each meticulously trimmed bud we were shown was completely unique; a curated buffet that included strains we have never heard of or seen until now.

The prices are fair market that increases with value and quality; samples are displayed in everyone's favorite airtight glass jars, organized by price and type. But you don't come to "Greenworks" for cute display jars; you come to "Greenworks" to get the best medicine and a sandwich next door to-go.

—L.D.

11064

LAKE CITY

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LAKE CITY

greenworksnw.com

MON-THURS
11AM TO 8PM
FRI-SAT
11AM TO 9PM
SUNDAY
11AM TO 5PM

METRO SERVICE
312 306

UNRIVALED BHO + PHO

CONCENTRATE RANKING SYSTEM

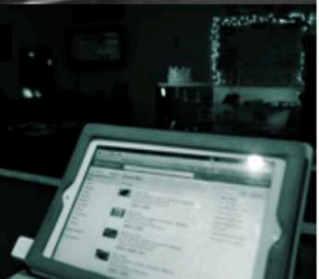
20% FIRST DONATION

GROWER RUN ESTABLISHMENT



WEST COAST WELLNESS





This hidden gem is right at the back of a business complex at the Shoreline city limits. No over the top signage (just the standard given to the business in the complex), this place feels like a "You gotta KNOW about it to know about it" places. Understandably so, upon entering we felt like we were being welcomed into the home of a friend rather than an access point.

None of the almost overwhelming selection of dried flowers, organized by Indica/Sativa/Hybrid, need to be organized by price here, everything is $10/g donation. When you see the medicine you will be shocked, it could have easily fallen within the $13-$15/g price bracket. Patients can really get a sense of the herbs too, the large jars with wide tops allow for patients to really smell sweetness of the high grades. Considering how good they smelled, this is a fantastic bonus. Reasonable is the name of the game here, the kief was only $12/g. Mind blowing considering many places are charging $20-$30/g. It's as if everyone here is getting the homie hook up.

That level of service can be seen in the details of the "points" program and the ongoing bi-weekly



raffle. For every $10/g donation, the patient receives one point. These points are stored in the patients file (everything is managed by iPad using the Square system) and are wagered whenever the patient sees fit.

"Sometimes they'll have 3-4 hundred points saved up," the main budtender "Props" tells us. With prizes like 28g of Super Lemon or Hindu Kush, it's worth saving up for.

"It's great. Watch, today is the last day to get points and bid for this round, a bunch of patients will show up at the end of the night tonight as those last minute extra points to bid with," Props tells us.

We figured out the secret, it's Props. Indiana born artist, came to us by way of Miami. His success as an MC leaves him with a catalogue of stunning music videos, professional photographs, and of course, his music, some of which features larger national names like Wale & Stalley. It's truly a community about spreading the love and sharing the gifts at WCW. *—L.D.*

14314
GREEN O WOOD
AVE.N.
206.420.3296
SHORELINE
wcwellness center.org
MON-SAT
8 AM – 8 PM
SUNDAY
8 AM – 8 PM
METRO SERVICE
5 28 358
POPULAR POINTS PROGRAM
$10/G DONATIONS
MEMBER RAFFLES
$12/G KIEF





They say "don't judge a book by its cover," but in this case "The Medicine Jar" is a New York Times best-selling novel with a David LaChapelle photo cover. It's got the substance and the sizzle. Coyly located in a strip of business on the corner of 105th & Aurora including, but not limited to – a strip club, a pizza place, and an adult bookstore... one might be turned off. Don't. Be turned on.

For inside the doors of "The Medicine Jar" awaits an urban oasis for cannabis connoisseurs and luxury lovers. Well-tended tropical plants line the entryway of the finely furnished waiting room, as you await verification. Clear security and you are welcomed into a wide open, fresh smelling, perfectly temperature regulated, visually stunning paradise of high design and high quality medicine. Hardwood floors, vaulted ceilings, chestnut shelves suspended artfully from industrial chains display an unbeatable selection of high grade herbs at prices ranging $4-$20/g.



A selection of apothecary herbs are showcased with prideful elegance, "We try and educate the patients on the medicinal



value of all herbs, not just cannabis" explains the one known as "Seattle's Favorite BudTender."

As impressive as the selection and displays were, it was the joint bar that really caught our attention. With almost 30 different pre-rolls ranging in price and type, the joints alone filled up almost an entire wall. Everything is color coded (Note: They use the same color coding system as Leafly) so you can quickly pick your perfect joint. Every jar is clearly marked and visible from the spacious, tall chaired bud bar, apt for serving multiple patients at a time. "The Medicine Jar" considers donations from new vendors regularly, and as a result offers and expansive, at times exotic selection. The 11% CBD "Gravity" In particular blew us away.

There love of the herbs and healing patients goes bananas when they host the monthly "Seattle Cannabis Expo" – where medible vendors come and hand out samples of their best products for patients to try: all for free, all for the patients. With such a unique space, "The Medicine Jar" is the perfect host to such a delightfully unexpected collective experience. *—L.D.*

10326

AURORA

AVE. N.

206.462.1008

N. SEATTLE

themedicinejar.com

MON-SAT
11AM TO 9PM
SUN
12PM TO 7PM

METRO SERVICE
358

MODERN INTERIORS

MONTHLY EXPO + FREE EDIBLES

APOTHECARY HERBS

BEST PRE-ROLL SELECTION







Looks can be deceiving when it comes to this Shoreline gem. A small white building on the corner of 145Th & Aurora, "A Green Cure" is modest and discrete on the outside, but inside it is a perfectly manicured, or dare we say, perfectly cultivated, access point. Mirror lined walls, hard wood floors, and little white lights make you feel like you are at a posh lounge, not a co-op. Ambiance aside, it is the medicine that matters most at "A Green Cure."

Each of the 20 strains available, all neatly displayed at the dual bud tending counters, are either grown in house by the owner or under his precise regiment. This allows for certainty that the herbs are all up to his quality standards, which are HIGH, each plant is ORMI Organic with a focus on "finishing the flavor." Each glass sample jar (always and only glass jars used here) displayed two types of test results on the back: Gas and Liquid break down of THC, THC-A, d9 THC, and CBD's content.

We appreciate the effort, as most places keep the testing results separate filed away somewhere, partial, or not at all. They



took it even further to offer the genetics of the strains on the front label, a helpful consideration that we rarely see. The patient really wins here, for all of the medicine is offered at $10/g.

Somewhat vertically integrated, "A Green Cure" also makes the majority of the medibles it offers in-house, about half of the 13 types of hash are made in-house.

"We usually have drinkables. I wish you could come back next week when we have the ice cream and sorbet," the owner tells us.

Honestly, "A Green Cure" has it all. They even host a small yet varied glass shop within its walls. It is stocked with ample pipes, waterpipes, and vapes alongside oil rigs, Ti-Nails, and even a couple heady pieces from local glass artists Scoz, J-Red, and Jinx Proof. Top it all off with paintings of marijuana culture icons and high res poster prints of hash oil, no detail is spared. This is truly your one stop shop for everything you could ever need, and everything you don't need but just gotta try, when it comes to medical cannabis. *—L.D.*

910 NORTH

145

TH

STREET

206.466.1264

SHORELINE

agreencure.com

MON-SAT
11AM TO 8PM
SUN
11AM TO 5PM

METRO SERVICE
358

IN-HOUSE ICE CREAM

FULL TESTING + GENETICS

LOUNGE-LIKE

LOCAL ARTIST GLASS PIPES







Tucked away a stones throw away from a Senior Center, across the street from Bitter Lake Park & Community Center is North Medical Collective. Don't be fooled by the fresh faces of the volunteers, NSMC boast a dried medicine selection that would make any connoisseur in North Seattle stop by. They would find "Patient Only" parking is available out front. Two patients came in during our visit and took advantage of the secure, handicap accessible entrance. NSMC is a totally ADA compliant bud bar so patients in wheelchairs can be served comfortably.

Regularly returning patients receive their own personal check in card with a specialized QR code to speed up to the process with those whose information they have on file and see on a regular basis. The recently redesigned co-op hosted a wall full of topical and glycerin extracts, a fridge stocked with medibles, and canned food?

NSMC gives away thousands of dollars' worth of canned food to the senior center every month.



Organized by suggested donation and type (Hybrid, Indica, Sativa) the medicine is outstanding. With over 50 strains ranging from $8-$13/g suggested donation, many of which are TGA Sub Cool, you can't make a bad choice.

They've been known to have actual buds for $3/g and ask $15/g for their in house exclusive Applejack, which sells out quick, fast and in a hurry. NSMC prides themselves on strong genetics and have developed eight exclusive strains with the strength of exclusivity, quality, and originality that they know will meet their standards. All grown and sourced locally, the owners inspect every garden they are getting their medicine from so they know it is organic, grown to the standards they expect. If they are unhappy with a batch, even from an established relationship, they will refuse to sell it.

They offer a referral program for word of mouth patient-to-patient advertising. Tell a friend to drop-in and drop your name for a Mixed Green joint (value, $8) or some of their signature kief.

—L.D.

13000

LIN◦DEN

AVE. N. ste 100

206.462.5353

N. SEATTLE

northseattlemedicalcollective.org

MON-SAT
12PM TO 9PM
SUN
12PM TO 8PM

METRO SERVICE
358

PERSONAL CHECK-IN CARDS

COMMUNITY MINDED

ADA ACCESSIBLE

IN-HOUSE APPLE JACK'S STRAIN





Easy to find on 105th & Aurora marked by a prominent, well-maintained sign, and residing in an alpine hut in the midst of industrial lots – is Seattle Quality. Shingles on an almost-A-Frame shape with exposed brick and plenty of parking right in front, Seattle Quality poses as a mountain cabin retreat, except all the pine is on the inside. We entered and learned right away that no one gets to side step the law here, if you don't have a Washington State ID, try poking your head into another establishment: They have a strict no out of state ID policy.

We recommend getting your ID so you can go inside, the interior of the budroom is gorgeous. Warm cherry wood shelves against dark walls showcased the medicine beautifully. Spacious with hardwood floors, presentation is pinnacle to Seattle Quality. Two side-by-side patient bars host two identical spreads of the current offerings organized by price ($6-$20) in tidy glass medicine jars.

"Patients love the jars" the budtender told us, a clean cut gentleman in his mid-twenties, "They ask us where we get them, or ask if they can take their medicine home in them."



Their desires are understandable; the high quality herbs look and smell great in the heavy weight glass, airtight containers.

Even the lower end herbs were frosty and smelled good. If patients like a certain strain enough, they could check the multitude of TGA Sub Cool Seeds on display behind the bud bar. One of the few Co-ops to be a certified Sub Cool Seed supplier, it was the largest variety of seeds at the lowest prices we've seen so far. They even offered a "Buy 3, Get one free " on seed packs. Though they had just sold out, they typically keep an impressive selection of clones for a reasonable $15 each.

When asked why they believe patients choose them over others, they credited the patient-bud tender relations.

"We host the elderly and people that have time to talk. Sometimes patients will come in and talk for 30-45 minutes, stating other institutions rush them out or don't show them the same kind of compassion," our budtender friend explained. I know what some of the patients want before they even ask." —*L.D.*

13760

AURORA

AVE. N.

206.257.4941

N. SEATTLE

seattle-qaulity.com

MON-SAT
8AM TO 8PM
SUN
8PM TO 8PM

METRO SERVICE
358

TGA SUB COOL SEED CARRIER

IN-HOUSE HASH/KIEF

CLONES FOR $15

BEAUTIFUL BUDROOM







The first thing we think when we walk into "Green Hope" is 'Are we in the right place?' – No way this could be an access point, there are children's drawings on the wall, fun little nic nacs and pictures on the desk, an incredibly detailed mural on the wall (which we later found is actually a security trick). This is a family establishment.

"So many places aren't family friendly, " explains the receptionist. "Patients have to either leave their kids at home or in the car. Here, we have a box of toys and games for them to play with. We tell the kids we will hang any art they make in the waiting room," and they do so with pride.

We at 4E are family people, so this brought a smile to our face. Not a wiff of pretention in the air, this North Seattle access point is a place for all people.

To create a level playing field, all flowers at "Green Hope" are listed as a $10/g suggested donation. Each sample is displayed in mini sniffer jars with laminated cards with the Leafly bar graphs describing the effects (Relaxation, Depression Relief, Pain Relief, etc.)



"We don't like patients to get caught up on THC content, we really want them to receive the relief they are looking for," the Owner explains.

We were pleased with the quality of the modest selection. She really cares about her herbs. Not accepting walk-in medicine donations like most co-ops, she was tired of patients trying to pass of California herb to her. Now she has a close relationship with the gardens supplying her. Most of the medibles are made in-house with the same dosage from the same clarified butter (clarified butter is more stable because there is no plant matter to decompose like in greener versions), even the sodas are homemade. "Green Hope" embodies a true patient-focused non-profit: keep the production in house and costs low, pass the savings on to the patient.

If it keeps them coming back, that's what matters. "Green Hope" makes patient retention crucial, offering a reward system that can land patients with a free ounce at the end of the year and recycling rewards with a monthly raffle. "Green Hope" is all that and a bag a popcorn.

—L.D.

15021

AURORA

AVE. N.

206.367.4420

SHORELINE

greenhope
patient.org

MON-SAT
10AM TO 6PM
SUN
CLOSED

METRO SERVICE
358

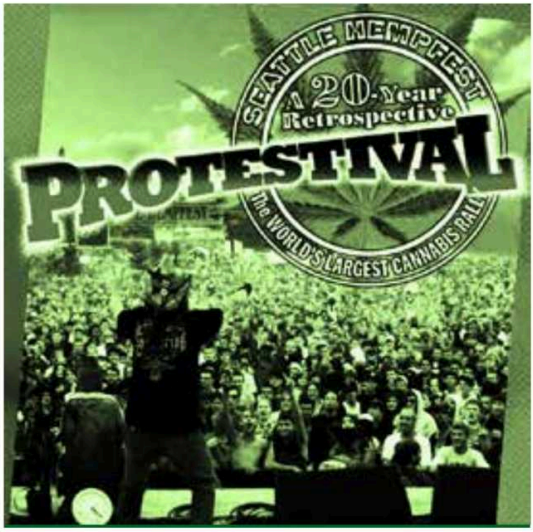
REWARD SYSTEM FOR MEMBERS

EFFECTS CONSULTATIONS

THC CURE PILLS

HOMEMADE SODAS

HEMP'S PROTESTIVAL



Vivian McPeak, Executive Director and one of the festivals founders, reflects on what made free speech for the cannabis cause the biggest party of the summer in the Northwest

Hempfest turns 21 this year and it's become an international event before its legal drinking age. It happens during the height of local tourism fervor, and acts as a magnet for the entire region. All that hoopla lands right in downtown and the revenue it spills on our shores is enough to make local government play nice. Vivian McPeak has been one of the activists doing that two-step with the political establishment since the first Hempfest at Volunteer Park in 1991.



“I remember looking out at one point and saying ‘there’s hundreds of people – it’s huge!’”



“In the city’s budget, they are relying on Hempfest to happen. They’ve written it in,” McPeak explains from his Lake City office space. “They expect the hotels to be sold, and the gasoline to sell. I see both sides of it. It’s a drain on city resources and traffic downtown, but it’s good for commerce. Why shouldn’t this be one of the greener cities in America?”

Seattle has always been the Emerald tucked away in the corner, and support of cannabis culture seems to cross party lines in this area code. That political clout has seen Hempfest rally from a neighborhood gathering to a mega-fest.

“It’s hard to deny the support for marijuana when you can see 100,000 people at one spot,” McPeak says expanding on that idea. “It’s like ‘okay, there is the voter block right there.’ It’s tomorrow’s voters, if they’re not registered to vote today they will be in a couple years. It speaks really loudly, and that’s the kind of language politicians understand.”

Although the relationship seems adversarial, McPeak and the Hempfest board are pleased to work with our civic leaders and acknowledge the difficult position they often find themselves in.

“A big city is a complicated thing to manage. There are competing interests all over the map, pushing and shoving to get their way,” McPeak reasons. “And everyone can’t get their way. So it becomes about power, influence, skill, negotiating and other aspects.



When things happen with Hempfest and there is some big obstacle for us, we don't take it personally. We don't say 'They're out to get us.' So we've got to schmooze. But when it comes down to it, we have to lay our position down and fight like everyone else."

HELLO, MYRTLE

"I remember looking out at one point and saying 'There's hundreds of people — it's huge!'" McPeak recalls of the humble start on the Hill. "The first three years were there at Volunteer Park, then we maxed it out."

It was 1993. For one year the growing free speech event called Gas Works Park home and a rock concert broke out. The audience was so huge it strained the quiet neighborhood of Wallingford and took the liveliness to a new level.

"That was the first big Hempfest really," McPeak remembered. "We maxed Gasworks out in one year. We got reports that people couldn't get home in Wallingford, couldn't drive to their houses because traffic was everywhere."

Emerging as a grassroots force after that display on the banks of Lake Union, Hempfest became an anti-establishment superstar. The Hempfest Board put some thought into what a perfect site would have, somewhere that could grow with them annually.

"Those were: minimal business and

cont. >>>

residential impact, adequate parking and adequate bus access," McPeak shares recalling the thought process, "some kind of existing perimeter so we didn't have to fence a gigantic area, and of course capacity to hold the audience. It also had to be on public property because of the nature of the event. Public parks are set aside for free speech and the right to gather, so they can't really deny you a permit when you are doing a political event."

They also were quite fond of the postcard setting and urban location where everyone had to take notice.

"It's right in the face of downtown Seattle. It's not tucked away somewhere where someone doesn't even know if it happened," McPeak states emphatically. "We've been at Myrtle Edwards since '95. Every time we think we have that place wired it changes on us. "

There used to be a huge vending space before the entrance to the grounds by the Old Trolley Barn, Hempfest even had dedicated parking in those days. Support swelled as staff members from England started volunteering every year. A band from New Jersey that stayed and helped tear down the stage started coming back every year (and does to this day). There were international visitors coming from Japan, Turkey, France, Germany, and as McPeak put it "we slowly were becoming an international go-to event."

HELLO, WOBBLIES

"There's a real respect here for free speech going all the way back to the 'Wobblies,' (International Workers of the World Union). Progressive activism has had a home in the Northwest. We've got a great State Constitution," McPeak states in a lecturer's even tone.

In what has become a gift from Puget Sound's blue-collar beginnings, local authorities have always made the extra effort to allow for demonstrations of this kind. A majority of us, from 4E to most of the cannabis industry, choose this part of the country because we think alike, and through our elected officials our positions are adopted.

"There are not many cities that can say their Mayor and City Attorney are pro-legalization," McPeak points out. "It was gigantic to have them on stage last year, especially since we just sued the city. We had just tangled and they were still there supporting the issue."

Last year construction on the "Thomas Street Pedestrian Overpass" was scheduled to take place during Hempfest, however, through legal maneuvering it got postponed and settled out of court. The same overpass is putting stress on this blossoming relationship between Hempfest and the city in 2012.

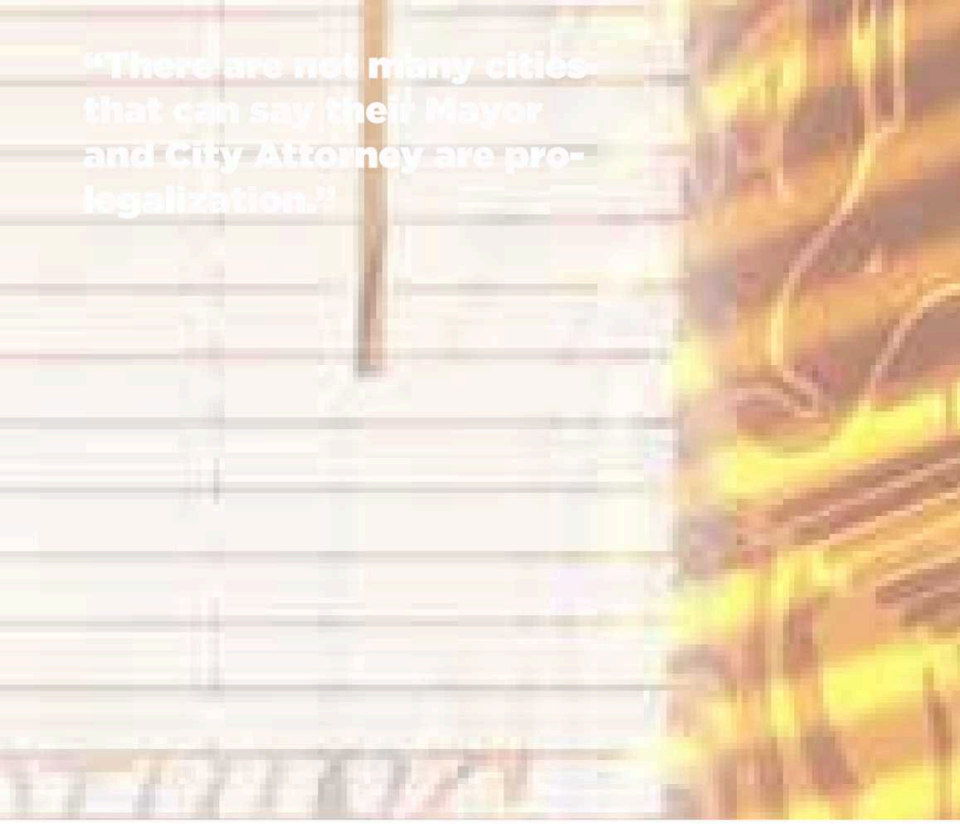
This time it was supposed to be ready for the festival and Hempfest arranged for new vending based on a third entry point. Now they are toe-to-toe again over a footbridge.

"We are the last priority every time,"

cont. >>>



“There’s a real respect here for free speech going all the way back to the ‘Wobblies,’ (International Workers of the World Union). Progressive activism has had a home in the Northwest.”



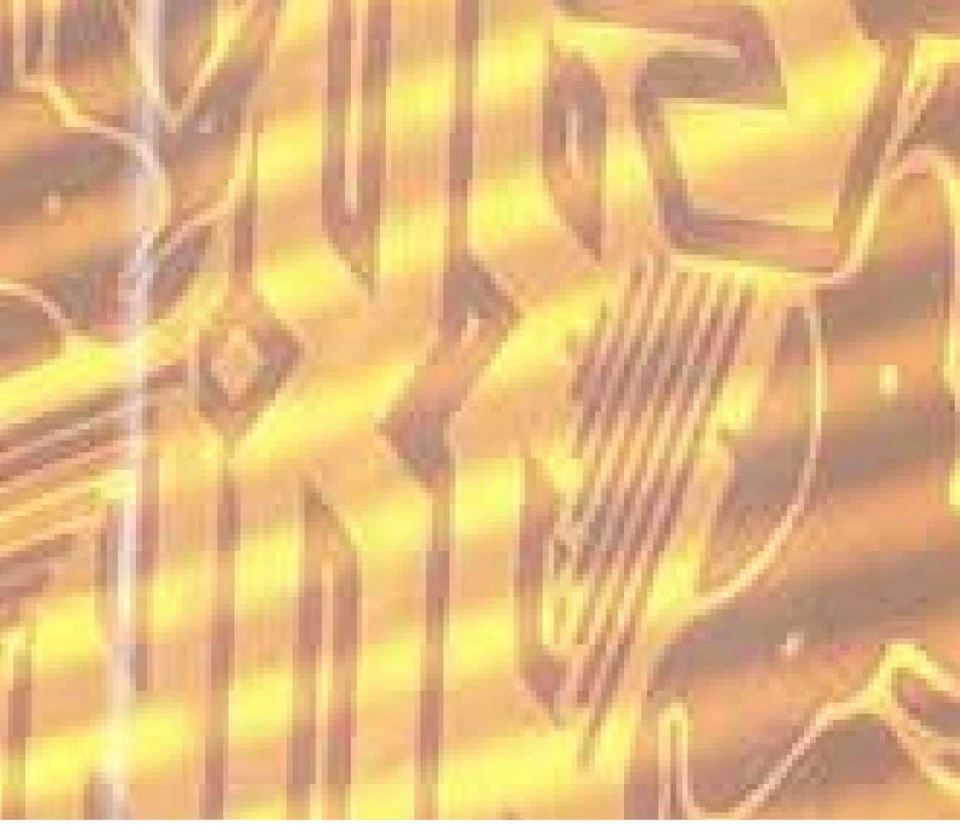
McPeak laments. "We're two months out and should be totally focused on production, yet here we are again fighting the city."

HELLO, EDM

Hempfest 21 will embrace some new programming in 2012. Given the explosion of electronic dance music scenes in mid-level markets across America, Hempfest will be giving Seattle, and the youth that drives this bottom-up music movement a voice this year. It's not about aging hippie hospitality, it's about igniting action and just by looking at the entertainment you'll have all proof you need.

Hempfest received 612 pro-active requests to play Hempfest this year. There are 117 spots for acts over the course of three-days. This is a forum more than a stage, everyone wants a chance to woo the audience.

"It's brutal eliminating acts, often acts we are personally most connected to don't make it on," McPeak informs us. "As soon as we book the last spot, because it needs to be in the program and be promoted in advance, the exact thing we want comes knocking at



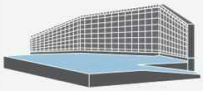
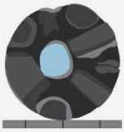
our door. Never fails. But we don't bump somebody, if we made a deal saying they are gonna play, they play. We also have a microscopic entertainment budget compared to any event our size, so the vast majority of acts play for meals and a backstage pass."

Always comfortable doing things differently, Hempfest knows the backdrop of 2012 with an election year and the polarizing effects of I-502 legislation, yet they have no position. Only a purpose.

"I'm looking forward to bringing both sides of the (I-502) issue to our stage," McPeak says revealing the purpose of Hempfest as a platform for the ideas, not another opinion machine. "I can honestly say, personally, I don't know how I'm gonna vote (on I-502)."

He's not the only one, which is precisely why Hempfest serves a purpose greater than just a party.

SEATTLE HEMPFEST
AUGUST 17-19, 2012
MYRTLE EDWARDS
HEMPFEST.ORG

YEAR 91	YEAR 92	YEAR 93	YEAR 94
			
VOLUNTEER PARK	VOLUNTEER PARK	VOLUNTEER PARK	GAS WORKS PARK
NEWS **THE START OF A NEW WAVE OF ACTIVISM**	**NEWS** **A HUMBLE FESTIVAL GROWS IN SIZE**	**NEWS** **EXAMPLE OF NATURE'S MAGICAL FOLIAGE**	**NEWS** **COMMUNITY MOVES TO GASWORKS, EXPLODES!**
FIRST "WASHINGTON HEMP EXPO" WITH A STAFF OF 20 PEOPLE INSPIRED BY THE PUBLICATION OF JACK HERER'S THE EMPORER WEARS NO CLOTHES	TWO BUDDING SINSEMILLA PLANTS PLACED AT THE VOLUNTEER PARK AMPITHEATER INCREASINGLY MORE PROFESSIONAL IN POPULATION	POPULAR "BONG-A-THON" WITH BIRTH OF THE HEMPFEST HOUSE BAND, HERBIVORES GROWING NUMBER OF PEOPLE EDUCATED ON THE "WAR ON WEED"	GROWTH IN SIZE BRINGS NEW DEMANDS FROM THE PARKS DEPARTMENT ART CHANTRY CREATES FAMOUS POSTER SET MADE WITH 100% HEMP
POPULATION: 500	**POPULATION: 2,000**	**POPULATION: 5,000**	**POPULATION: 15,000**
SEATTLE PEACE HEATHENS COMMUNITY ACTION GROUP	**JACK HERER** MUSICIANS PART OF THE EARLY GRUNGE YEARS	**STICKER BUSH** GANJA FARMERS **DANDYLION SOUP** HERBIVORES	**7 YEAR BITCH** SAGE **DANDYLION SOUP** HERBIVORES **STICKERBUSH**
			

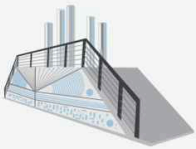
THIS ACCOUNT IS A HISTORICAL DOCUMENTATION

08.2012

HEMPFEST

	YEAR 95	YEAR 97	YEAR 98	YEAR 00
				
	MYRTLE EDWARDS	MYRTLE EDWARDS	MYRTLE EDWARDS	MYRTLE EDWARDS
	NEWS **BEAUTIFUL LOCATION ON THE WATERFRONT**	**NEWS** **HEMPFEST RETURNS AFTER A YEAR BREAK**	**NEWS** **EXPANDED INNER-CORE FIGHTS WAR ON DRUGS**	**NEWS** **A NEW MILLENIUM, A BRIGHT FUTURE**
	AFTER CONCERNS FROM THE CITY, HEMPFEST RELOCATES TO MYRTLE EDWARDS BEGINNING OF THE PRODUCTION OF THE STATEWIDE HEMP VOTER'S GUIDE	DOWNPOUR CLOSED DOWN THE MAINSTAGE INSPIRED BY RALPH SEELEY WHO WON A LAWSUIT AGAINST WA FOR DISALLOWING SAFE ACCESS TO MEDS	INTRODUCTION OF NORA CALLAHAN'S THE NOVEMBER COALITION RALPH SEELEY PASSES OF CANCER, SEELEY STAGE NAMED IN HONOR	HEMPFEST A POSITIVE PROTEST AFTER THE '99 WTO RIOTS CREATION OF COMPILATION CD, HEMPLENNIUM, FEATURING NW MUSIC ARTISTS
	POPULATION: 15,000+	**POPULATION: 15,000+**	**POPULATION: 20,000+**	**POPULATION: 20,000+**
	JACK HERER CHRIS CONRAD **DENNIS PERON** BILL CONDE **ELVY MUSIKA**	**RALPH SEELEY**	**JUDITH SEELEY** NORA CALLAHAN	**SMOKEHOUSE** HIGH TIMES CANNABIS CUP BAND **JOHN TRUDELL** PHAT SIDY
				

LOCATION	SEATTLE - WASHINGTON - UNITED STATES
YEARS	LATE TWENTIETH CENTURY - 1991-2000
SEASON	AUGUST - SEPTEMBER - SUMMER

YEAR 01	YEAR 02	YEAR 03	YEAR 05
			
MYRTLE EDWARDS	MYRTLE EDWARDS	MYRTLE EDWARDS	MYRTLE EDWARDS
NEWS **HEMPFEST FORMULA PUT IN EFFECT**	**NEWS** **A PRIDE FESTIVAL COMES TO HEMPFEST**	**NEWS** **POT GOES POLITICAL, HEMPFEST REJOICES**	**NEWS** **BIGGEST YEAR YET, ATTENDANCE FLOODS IN**
FIRST TWO DAY EXPO BREAKS ATTENDANCE RECORDS THEMED NO PRISON FOR POT, WOODY HARRELSON STORMED THE STAGE AT 4:20	POT PRIDE! GIVES A GREEN RIBBON TO CITY COUNCIL MEMBER NICK LICATA FOUNDER OF HEMP.NET AND INITIATIVE I-75, ROBERT LUNDAY PASSES AWAY	I-75 PASSES MAKING MARIJUANA POSSESSION THE LOWEST LAW PRIORITY GROWING NUMBER OF CELEBRITY SPEAKERS COME TO ENDORSE THE WIN	ALL REVOLUTIONARIES IN THE HEMP COMMUNITY CAME TO ADDRESS AN ENORMOUS CROWD OLYMPIC SCULPTURE PARK GRACES THE SOUTH ENTRANCE
POPULATION: 25,000+	**POPULATION: 30,000+**	**POPULATION: 40,000+**	**POPULATION: 45,000+**
WOODY HARRELSON	**FISHBONE**	**RICK STEVES** MARK STEPNOSKI **SECOND COMING** JOULES GRAVES	**ROB KAMPIA** JACK COLE **STEPHEN GASKIN** ANGEL RAICH
			

THIS ACCOUNT IS A HISTORICAL DOCUMENTATION

08.2012

HEMPFEST

YEAR 06	YEAR 07	YEAR 09	YEAR 10
			
MYRTLE EDWARDS	MYRTLE EDWARDS	MYRTLE EDWARDS	MYRTLE EDWARDS
NEWS **A BITTER-SWEET YEAR FOR HEMPFEST**	NEWS **RECORD CROWDS AND A RECORD LOSS**	NEWS **EXPANDED INNER-CORE FIGHTS WAR ON DRUGS**	NEWS **MODIFIED BUT NOT ALTERED EVENT**
TWO HEMPFEST FOUNDERS, JAMES MATTHIESSEN AND SHARE PARKER PASS FORMER SEATTLE POLICE CHIEF, NORM STAMPER, SPEAKS TO THE CROWDS	BROTHER BILLY MITCHELL PASSES HEMPFEST FRIEND AND TRAFFIC OGRE MERIL DRAPER PASSES IN MOTORCYCLE ACCIDENT.	THEME "CANNABIS FOR A BETTER FUTURE" WITH HEMP INDUSTRIES BOARD OF DIRECTORS WORK WITH SPD TO WRANGLE CROWDS	MODIFICATIONS MADE TO WIDEN PARK PATHS, VENDING RELOCATED HEMPFEST BECOMES THE LARGEST FESTIVAL IN THE STATE OF WASHINGTON
POPULATION: 50,000+	**POPULATION: 75,000+**	**POPULATION: 100,000+**	**POPULATION: 100,000+**
NORM STAMPER REHAB **RANDI RHODES** JOHN SINCLAIR	**PATO BANTON** MISS CRAZY **ALAN WHITE** CHARLIE DOWN **RICK STEVES**	**NORM STAMPER** REHAB **RANDI RHODES** JOHN SINCLAIR	**SMOKEHOUSE** HIGH TIMES CANNABIS CUP BAND **JOHN TRUDELL** PHAT SIDY
			

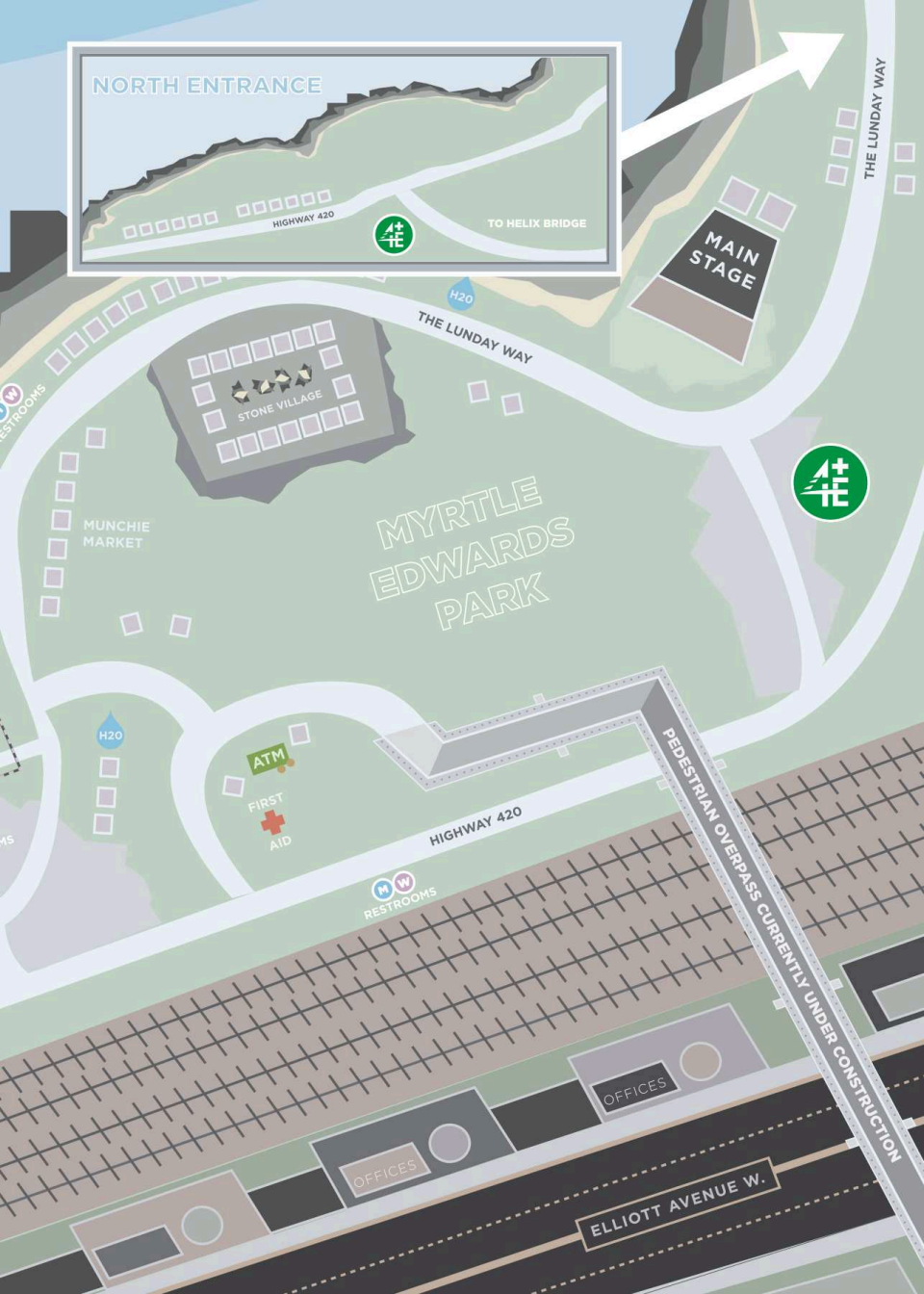
LOCATION — SEATTLE - WASHINGTON - UNITED STATES

YEARS — EARLY TWENTY-FIRST CENTURY - 2001-2011

SEASON — MID-AUGUST - SUMMER

SEATTLE HEMPFEST
MYRTLE EDWARDS PARK
GETTING AROUND IN 2012
AUGUST 17TH THRU 19TH




NORTH ENTRANCE
HIGHWAY 420
TO HELIX BRIDGE
THE LUNDAY WAY
MAIN STAGE
H2O
THE LUNDAY WAY
STONE VILLAGE
MUNCHIE MARKET
MYRTLE EDWARDS PARK
H2O
ATM
FIRST AID
HIGHWAY 420
PEDESTRIAN OVERPASS CURRENTLY UNDER CONSTRUCTION
RESTROOMS
OFFICES
OFFICES
ELLIOTT AVENUE W.





Hempfest had its day in the sun. All the community activism and dedicated efforts of all the volunteers produced the **1994 Gas Works Park** edition, with a respected rock bill, a legendary **Art Chantry** poster and 15,000 attendees. This legitimate political rally with cultural appeal, which was a success on every level, snarled traffic for the affluent residents and became the target of municipal bureaucracy for years to come...

READ THE TRANSCRIPT FROM THE HEMPFEST ARCHIVES

"By 1994 a strong tribe of dedicated volunteers had been established, and it became clear that a very special and unique spirit of community had developed around this group. The move to beautiful Gasworks Park had been made. Gasworks is a former petroleum production site with huge towers and stacks still standing — ironic for an event promoting alternative sources of energy."

"Featuring the legendary Seattle band 7 Year Bitch and the sensational El Steiner, '94 brought out 15,000 people and blew the lid off of Seattle while creating a snarled traffic cluster for miles around. This was the last year that Hempfest was able to exist without charging fees for vending and forming a formal, city-approved security force. The mosh pit that ensued for 7 Year Bitch's performance put a serious scare on the organizers, as bodies surfed the crowd and the brave and daring dove from the stage like doobies being thrown to the crowd."

"As the event grew exponentially in size and notoriety, the cost of production and promotion grew as well. The need for sound equipment, staging, scaffolding, radios, and advertising required the introduction of musical benefits and merchandising to offset the monetary demands of our growing phenomenon.

Famed Seattle clubs such as The Ditto, Crocodile Cafe, Rcknd y, The Off Ramp, and The OK Hotel all opened their doors to help raise green energy for the cause. Hundreds of Northwest bands have contributed to date by playing gigs for free, and without any promise of playing the 'big kahuna'."

"'94 was also the year we picked up the most kick-ass graphics design team that any Hempfest has ever had. Jamie Sheehan, Hempfest's art director, and world-renowned music art poster luminary Art Chantry, collaborated on our famous cigarette pack poster, produced both on hemp paper as well as 100% hemp burlap. This poster was the first of many designed by this team to win national awards for art, design, and creativity."

"The sheer girth and magnitude of Hempfest '94 brought the scrutiny of city officials and alarmed residents (traffic was clogged for miles) who saw a sleeping giant just starting to wake from a haze of political apathy and indifference. Up to that point not a single uniformed officer had ever stepped foot into Hempfest. That would change."

"A growing concern from the police, parks department, and neighborhood groups would be reflected in a series of negotiations that would span many months and involve as many subcommittee meetings to determine our ability to meet the new demands of the Special Events Permit that was now required of us."

"The negotiations culminated with assistance from the ACLU, and required a $1,000,000 insurance policy, the addition of hired licensed, bonded and insured security, emergency evacuation plans, an on-site ambulance and paid EMTs. Meetings with concerned community groups soon followed, helping to establish Hempfest as a legitimate political rally, not merely a "pot party in the park", as had been previously claimed by our critics."



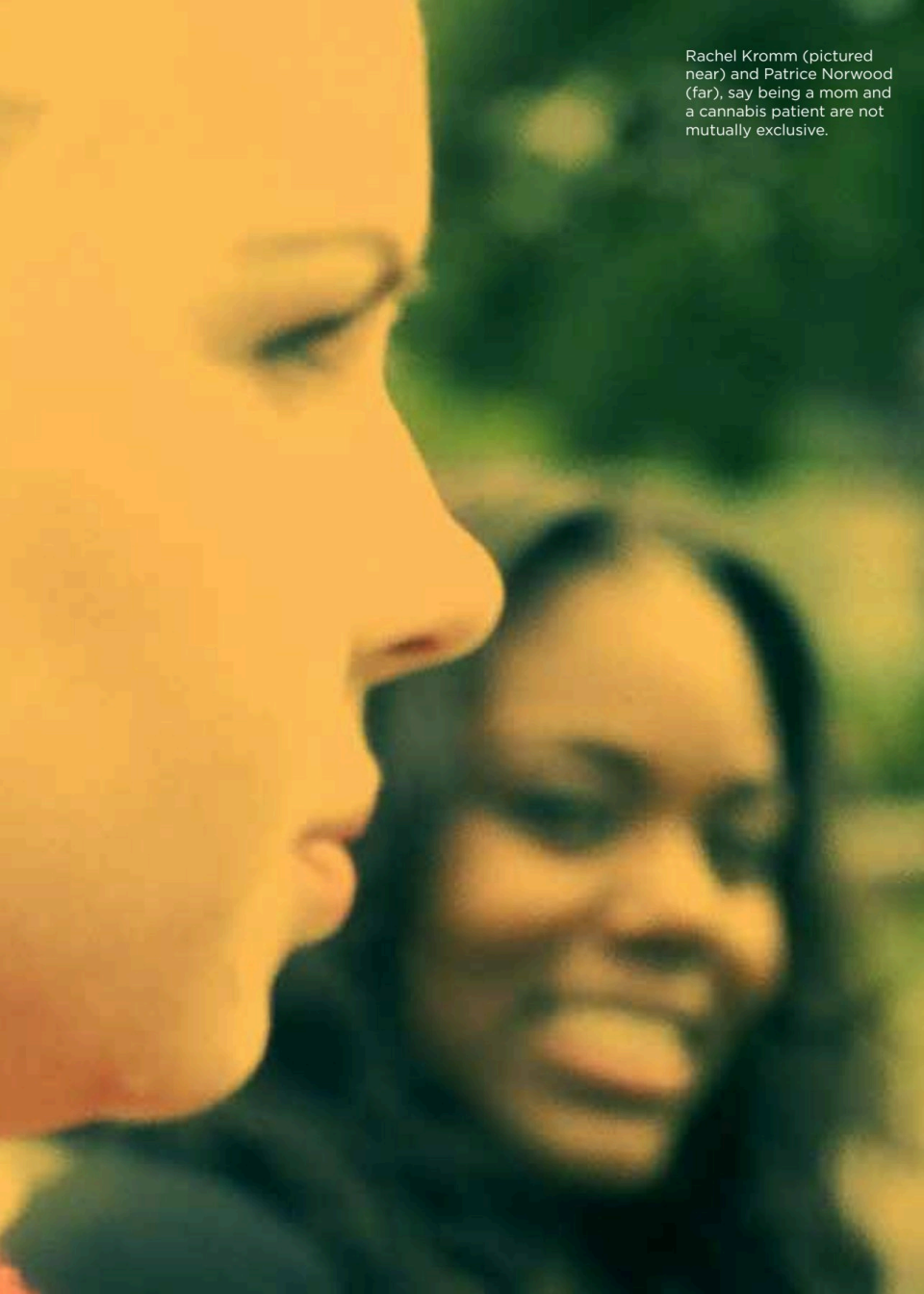
LETS GET BACK TO OUR ROOTS, AND PARTY LIKE ITS '94





MOMS FOR MARY-JANE

Stereotypes from sensational news headlines aren't the reality for these working moms, who are authorized patients as well



Rachel Kromm (pictured near) and Patrice Norwood (far), say being a mom and a cannabis patient are not mutually exclusive.

To be a marijuana patient and advocate comes with some negative connotations, and judgmental notions. We are looked down upon by disagreeing eyes as misfits, hippies, and perhaps my favorite – addicts. I stopped counting the amount of times I have been asked, if my use of marijuana causes me to live an inactive life...

"How do you work?"

"How can you get anything done?"

More ill-informed than this, is the ignorant association that the use of marijuana will cause a person to make rash, bad decisions. It is safe to say, that no class of cannabis users are more misunderstood than mothers. Criticized and scoffed at, mothers have been spotlighted and burned at a prejudicial stake thanks to cases like "Patricia Spottedcrow." Spottedcrow, a mother, received a 12-year prison sentence, after selling a small amount of marijuana to a police informant, with her children present.

Jessica Gamble, a mother, received a bond of $10,000 and a sentence of more than 11 years if convicted on all charges, after posting an online video of her two year old daughter smoking a doobie. Mother Stacey Sturdevant was jailed for ingesting marijuana while pregnant. Headlines like these flood the media market and are ran with far too often. Leaving uninformed viewers with a harmful perception, and placing a taboo on mothers who medicate safely. 4E got up close and personal with three very different moms in defense of their right to be patients.

Meet Patrice Norwood

A mother of a handsome 2-year old, Patrice is forthcoming about being a patient before her child was born and taking it up again after the pregnancy, to help with mounting feelings of postpartum depression.

"I quit for two years when I got pregnant and just recently started smoking again at the end of March," Norwood explained. "So when time came to be able to smoke again, it only felt right. Everyone has their own opinions on marijuana. It personally doesn't bother me at all."

"The first time I smoked after having my son, I felt like me again. I had loads of energy and all I wanted to do was interact with him and clean everything! When I'm having a bad day or feeling stressed it helps me unwind and stay sane. At times I've felt as though I might experience symptoms of depression. Marijuana relieves all those feelings. I use in moderation and never around my son. All I want from my son is to be responsible with the choices he makes in life, and know what's wrong and what's right."

Meet Tonya Myers

This mother truly believes she cured her cervical cancer using cannabis. And 4E has her back.

"My cancer after every pregnancy

cont. >>>



would spread. It went to my intestines, to my appendix, to my gallbladder," Myers recalled. "I was done, I was dying. There was nothing my doctors could do. They pretty much said they quit. God put the plant here, I think he put it here for us to use properly."

"They wouldn't allow me to receive medical marijuana, even while going through cancer. I had to turn to cannabis to cure what western medicine could not. So I got, and continue to get it from Oregon and Seattle dispensaries. I have been cancer and tumor free going on 16 months now. Aside from medical purposes, marijuana should be legal to use for recreational purposes. It saved my life when doctors could not, and gave my children back their mother. What is there to argue with here?"

Meet Rachel Kromm

A single mother and college student, who uses marijuana to help ease insomnia and help with the stress of her motherly duties.

"I have suffered from insomnia for many years, and no brand of sleeping pills ever seemed to help me," Kromm mentioned. "With a small amount of marijuana, I can get a great night's sleep and be up early to resume my responsibilities the next day. I get judged pretty harshly by those who do not know me personally. I think this is unfair because the two, marijuana and motherhood, are completely separate in my life."

"I get judged pretty harshly by those who do not know me personally. I think this is unfair because the two, marijuana and motherhood, are completely separate in my life."

"I know that there are a lot of negative stereotypes, but many people who are pro-marijuana are extremely successful individuals and great parents to their children. I don't believe that marijuana is a drug, or anywhere near as dangerous as alcohol or other substances. As long as your priorities are in order, and you have some free time, who's to judge? I won't tell my daughter about my usage till she is old enough. I want an open and honest relationship with my child, but I am her mother before I am her friend.

—E.B.



"WATCH MJ PLAY"

EEEE MADE HAS PLAYED ON THE LOCAL SLANG OF REFERRING TO 20-SACKS AS "GARY PAYTONS," WITH IT'S NEW T-SHIRT DESIGN. ON THE PHONE YOU USED THIS CODE, "MACMILLIANS" WERE 10-SACKS AND "KEMPS" WERE 40. OUR SLIGHTLY OLDER AND WISER BUDDY PHILIP DAWDY POINTED OUT THAT IN CALI, BACK WHEN HE WAS LIVING THERE, THE CODE TO TELL SOMEONE TO MEET UP FOR A SMOKE SESSION WAS "WANNA GET TOGETHER AND WATCH MJ PLAY?"

WITH MICHAEL JORDAN AT THE HEIGHT OF HIS NBA SUPREMACY IT WAS FOOL PROOF. MARY JANE OUT SMARTS THEM AGAIN. 4E HAS A TOAST... HERE'S TO THE LINGO THAT KEEPS OUR PERSONAL CHOICES PRIVATE. TOKE UP.

WWW.4EMADE.COM



THC PILLS: THE DOSAGE DIARIES

Lately 4E has been in the enviable position of touring Western Washington to check out several access points. One of our favorites is the CPC in Georgetown, owned by Jeremy Kaufman and Ben Regan. While visiting with Jeremy, who happens to be the Seattle Weekly's 2011 Bud Tender of the year, we were introduced to THC pills for the first time. The concept makes plenty sense, as many people consume cannabis for medical use and do not enjoy or simply cannot smoke. At the same time, many people don't want to consume a brownie or cookie either. So, a pill? How convenient indeed.

Like many collectives in the business, there is an interesting back story for those who created the start-up donation center as well as the products. The story behind CPC's THC pills however aims directly at the heart of what we do this for in the first place.

Jeremy Kaufman was a young, active college student and owner of his own company. He was always outdoors, and loved skiing and snowboarding. One day while snowboarding he suffered a horrendous accident, crashing head first into a tree and breaking his neck and suffering temporary paralysis. After the injury it took countless surgeries, years of rehab and untold amounts of opiates to cope with the constant pain. Not the occasional pain, but the constant pain that comes from having titanium rods connecting your head to your spine and pressure holes drilled into his skull. The kind of pain where your doctor says it will only get worse.

Opiate addiction ended up doing to Jeremy what it has done to many patients all over the world, and most notably

right here in America. He lost 30 pounds due to pill side effects, his liver and kidney shut down and his personal life suffered greatly.

"I was checked into a psych facility at one point because I was talking to people who weren't there. All of this with medicine my doctors were prescribing me. Morphine, Oxycontin, Percocet, Methadone, Diazepam, the list goes on and on." Kaufman adds, "So instead of jumping off a bridge, I started to research. Anything and everything that would help with degenerative muscle tissues as well as pain management."

Enter THC pills. After much research, trials and tribulations the current THC pills (sativa and indica options) at CPC took a lot of TLC. In short, these pills are comprised of THC oil and hemp oil, using the Rick Simpson oil extraction method. These specific pills are given in packs of 4, each pill being a .25 gram dosage. Like most products we get from the local dispensaries, we had to try it and form our own opinion.

On a recent Monday evening we got together and tried a single sativa THC pill. As instructed by Ben Regan, we took the pill with some milk (helps to get your stomach's digestive enzymes working, starting the digestion of the oil in the pill as well.) Truthfully it wasn't the most exciting, because edible consumption is not a preferred method of medicating for many of us at 4E. The general assumption was that the psychoactive effects of the pill would be similar to that of a brownie or cookie, but boy were we wrong.

Forty minutes after taking the pill, many of us felt the same type of sativa head high rush as combusting induces. Like exactly the same. Many of us went on with our normal evening plans, and were feeling the effects for 3 to 4 hours.

As Kaufman says, "I don't ever wonder what my life would be like without this plant. I know, and I wouldn't be here for it. This wonderful little (and sometimes massive) plant helps me find peace in a world of torture."

—B.Y.



I-502

The Issue for 4Everyone

All sides of this electrifying initiative
will be covered.

The truth will emerge.

PDA x I-502

coming Hempfest 2012

Munchin' AROUND

Diners and drive-up burger stands are what comes to mind when you think of North Seattle dining. However, that's hogwash. 4E takes a closer look from the greasy paper bag spots to the white tablecloth sit-downs. We also sample soul food and "magical" sandwiches in Tacoma. There is more to choose from if you listen to locals, so take it easy and take our advice. Yelp is full of haters anyway. And we apologize for the number of dishes that involve bacon, it just seems to work out like that...


SOUTHERN
KITCHEN


My Cheese Shoppe
NOW OPEN


IDIAZABAL

WELCOME TO TACOMA
SOUTHERN KITCHEN

1716 6th Avenue
Tacoma 98405

Munchin' AROUND

253.627.4282
southernkitchen-tacoma.com

When Microsoft mogul Paul Allen serves your food in his private jet, it says something about your restaurant. When money is no concern, Mr. Allen is still calling on Tacoma's Southern Kitchen, where breakfast plates remain $4.95. As the cool as a cucumber proprietor John (he always goes by his first name) likes to say: "Mr. Allen likes this kinda food."

Finally, something a billionaire and an auto mechanic have in common. All items are cooked to order and never under lights at Southern Kitchen. The fried green tomatoes are "off-the-chiznain" as John puts it. And he ain't lying. He describes the butterfish as "slammin" and always recommends a mango lemonade in a tall mason jar with whipped cream.

The countertop seating and tightly arranged tables with colorful floral tablecloths feel like a slice of the Deep South. The posters on the wall from Guy Fieri to E-40, and a cast-iron stove in the corner make even the most busy dinner rush feel relaxed.

"We sell more than Kentucky Fried, and we cheaper," John tells us about his cuisine. We always order more than we can eat and take something home for our loved ones. When we explained we wanted to feature his spot in the Munchin Around section of our PDA: Hempfest issue, he responded with a wink and said "they need better food at Hempfest, tell them to call me."

John knows the Tacoma dining landscape as well as anyone, Southern Kitchen has been open 30 years and John has run it for 15 since buying it from the original proprietor Leslie Smith who has since passed away. He tells us about a hidden gem that few know about, the basement cafeteria at Tacoma Light (officially called Tacoma Public Utilities or TPU).

"They take all your money at the light company, so they feed ya real good," John points out, he's a fan of the breakfasts.

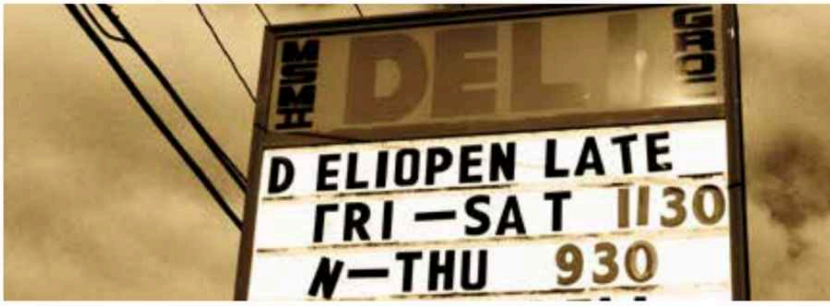
As we box up the rest of the Chicken Fried Steak and Mac & Cheese a phone rings with a particularly loud ringtone. It's one of the customers, who John obviously knows well. "Turn that loud phone off man, what are you a fireman?" he kids. An owner that holds court, knows the customers and is never too busy to show face is a rare thing these days. John has an appointment he has to get to and steps out front into his two-tone Kia Amanti on perfectly-shined rims, he's off in a blink down Division Ave.

This is why 4E loves Tacoma. It's nothing if it's not real.


MSM DELI
MSM DELI
TACOMA







WELCOME TO TACOMA

MSM DELI

2220 6th Ave.
Tacoma 98403

Munchin' AROUND

253.272.4814
msmdeli.com

Sometimes the best spots are hiding in plain sight. MSM Deli doesn't look like much more than a mini-mart from the outside, but if you heard what's cooking behind the counter it's hard to pass up. A lot like the gas station fried chicken on Beacon Hill, in Seattle's South End, these unlikely take out joints get famous on word of mouth.

Still in the family since its inception, these "Magical Sandwich Makers (MSM)" now learn from the original owner Mike's son. Parents that enjoyed MSM passed it on to their kids, who told their friends, who posted it on Facebook... now you're lucky if the line isn't out the door.

The gyro features Mad Mike's Sauce which we would buy in any grocery store if bottled. Mike's Deluxe is a deli hoagie so perfect, it will never change; and at $6.50 you could put away two of these 9" sandwiches for the price of one Quizno's. Seating is picnic style and there are overflow tables in the back, nothing fancy about it - just folks that put food first.

Try a "Pocket Full of Miracles" pita wrap which is a truly unique menu item, a chicken salad sandwich with toasted almonds is rolled in a pita with vegetables and get plenty of Mad Mike's Sauce on the side. The meatball sub is another 4E favorite, and with every regular sized sandwich under $7, it doesn't hurt to take an extra to go.

Family sized subs are extremely affordable too; a 26" mouthful starts at $16.99 but can be a few more bucks depending on which one you order. Feed a family for the price of a single sandwich in downtown Seattle? You can do it every day on 6th Ave in Tacoma.



Munchin' AROUND

STUMBLING GOAT

6722 Greenwood Avenue N.
(206) 784-3535
stumblinggoatbistro.com

Calling itself Seattle's best kept secret and quoting Virginia Woolf on the website made this spot an instant hit with 4E. Good food can add a smile that lasts awhile, and Chef Joshua Theilen's fare is built for this purpose. He is a rising star in the local foodie scene after stints with "Hunt Club" (Sorrento Hotel) and "Restaurant Zoe."

Pan-roasted organic chicken with garlic confit and polenta is a favorite amongst our ranks. SGB also makes a rootbeer float with in-house rootbeer that would make the malt shoppe jealous. The happy hour is another draw as the $5 pickled vegetable plate with some "Gougéres," a cheese puff concoction, has made many rainy afternoons less gloomy after long hours at the office. The confit, which is a French term for soaking meat in a gravy-type broth for preservation, has an addictive quality to it; it is aging and marination at the same time.

The cocktails make a lasting impression as well. "Old Vermont" with its bacon bourbon, maple syrup and orange bitters is a savory beverage with a sugary backside. The "Rhubirinha" makes rhubarb a main attraction which knocked the socks off some of 4E's out-of-town visitors.

For those wondering 'What the hell is a Stumbling Goat?' We asked. The place was to be named "Drunken



Boat" after an Arthur Rimbaud poem. However, the State Liquor Board rejected this based on a prohibition statute leftover from 1933. After several bottles of wine, the proprietors started rhyming things with "Drunken Boat" and the name came to be.

SALTORO

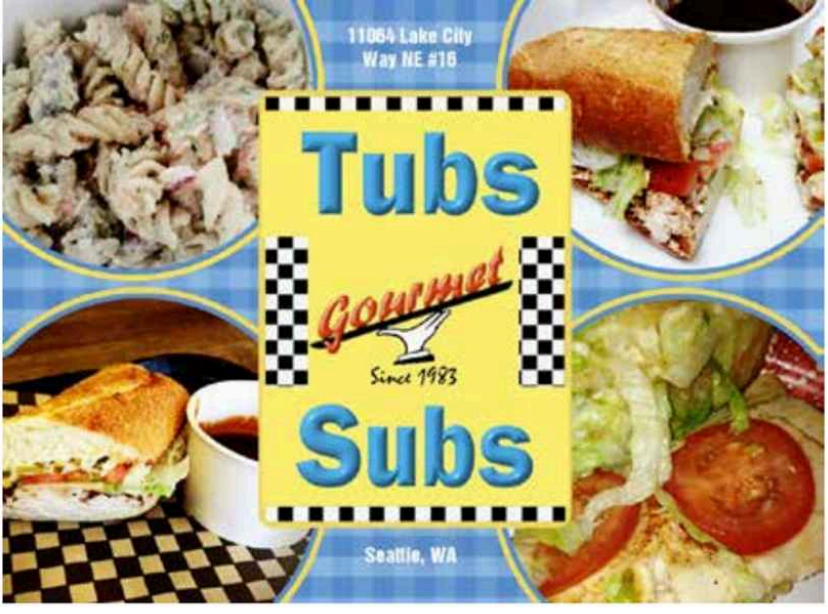
14053 Greenwood Avenue N.
(206) 365-6025

The sign in front has a direct caption, no frills but a bit of wit. It reads "Seafood and Landfood." The point being no matter where the ingredients are found, the kitchen at Saltoro knows what to do with it. Chef Sieb Jurriaans has created a menu with "French flair and Mediterranean style," according to the Seattle Times. Pasta dishes like Salmon penne are what the locals recommended, but the Sea-salt Chicken and Lamb Burgers are what really stole the show during our recent visit. Truffle fries are heaped tall, and are not easily forgotten even after a big entree. Another can't-miss dish is the starter of fried walnuts in honey with New Zealand blue cheese.

Proprietor Cole Ratliff has worked magic at nearby Bick's, an American-style diner, and Saltoro maintains a bit more modern decor with date-night ambience to boot. As Bethany Jean Clement of the Stranger put it "we're stunned to find the inside modern and cozy, glossy and comfortable — an entirely improbable oasis."

North Seattle does in fact have attractive dining that doesn't require you to drive up and eat in your passenger seat.

WELCOME TO N. SEATTLE



Munchin' AROUND

TUBS SUBS

11064 Lake City Way NE #16
(206) 361-1621 TUBSSUBS.COM

Parking is a tight squeeze, and if you pass Rick's adult entertainment you've gone too far. Tubs Subs is tucked away in Lake City, but it has been anything but a secret since it opened in 1983. Like most sandwich shops in town the bread has to be unique, it's the calling card and delivering fresh through-out the day is a given. Unlike many counterparts, Tubs won't say where this artisan baguette comes from, opting for mystery rather than co-signing with an established bakery to drive more patrons.

There is another location in Lynnwood, and most of the employees are local high school students that keep the atmosphere lively. Give them a call about party trays because the catered platters show a lot more class than a Jimmy John's boxed lunch spread. This local establishment is full of fun tidbits, from the in-house soups to a claim that they used a robot to make a sandwich delivery. We at 4E cannot confirm or deny this, but it's worth the detour if you are headed up Lake City Way.

Our two favorite items are the Firecracker and the Joker's Dip. The most original thing about these sandwiches is that they feature a hot BBQ sauce, served heated as a side in a dipping cup. You dunk the sandwich like it was au jus. Joker's Dip has a nice assortment of deli meats (ham,



turkey, roast beef and bacon) and the Firecracker is a seasoned chicken option with bold flavor courtesy of the garlic mayo, special firecracker seasonings, jalapeños, bacon, and jack cheese. The chicken is smothered in ranch dressing then the whole thing gets a hot BBQ sauce rub-and-tug. It's a dippers delight.

SPUD Fish and Chips

6860 E Green Lake Way N
(206) 524-0565

Jack and Frank Alger were living in Vancouver, B.C., where the classic British street food of fish-and-chips (similar to how we serve hot dogs in America) were being sold at stands in places like Kitsilano Beach. In 1934 Jack bet Seattle would embrace the foreign fast food and opened the first SPUD on Alki Beach.

That location was bought out by Ivars many years ago, and the recipe is not the same today. Although it's not widely reported, the Greenlake location maintained independence and still cooks the original SPUD cod: wide and thin, with a batter that blows minds. Our preference is for a "Single w/ Extra," which means a regular amount of hand-cut fries (or chips) and two large pieces of fish. The tartar sauce is out-of-this-world and large sides of it are $0.50, we understand because it's too good to give away free.

Summer days are when the lines get long, but SPUD becomes a bit of a local hangout and surprises like a stop in from the Seafair Pirates are the norm. Get a t-shirt for a piece of local history, they are more high quality than most souvenir merch, and follow them on Facebook for regular updates.

WELCOME TO N. SEATTLE



HERBAL EINSTEIN

At your request 4E expanded it's Herbal Einstein™ offering, in search of the greatest trichomes in the region. Who doesn't like pretty buds and test results? What makes our strain reviews a bit different is we tell you where you can get it locally, and let the numbers do the talking. Our focus is on in-house crops, or access point's exclusive relationships with farmers but sometimes a place just becomes associated with a certain strain. The power of patients parlaying with patients we assume. With that in mind here is some of what is popular in our Issue #2 featured areas...

POPULAR PICK

GRAPE APE

THC: **16.59%**

CBD: **0.34%**

CBN: **0.10%**



EYEBALL VIEW

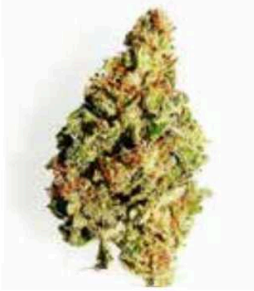
POPULAR PICK

ROMULAN CANDY

THC: **18.12%**

CBD: **0.37%**

CBN: **<0.1%**



EYEBALL VIEW

POPULAR PICK

SUPER SILVER HAZE

THC: 17.5%

CBD: <2%

CBN: <1%



EYEBALL VIEW

WEST COAST WELLNESS

POPULAR PICK

OG KUSH 1

THC: **18.38%**

CBD: **0.13%**

CBN: **0.11%**



EYEBALL VIEW

POPULAR PICK

FLAV

THC: 16.67%

CBD: <2%

CBN:<1%



EYEBALL VIEW

THE medicine JAR

POPULAR PICK

DJ SHORT BLUEBERRY

THC: 17.39%

CBD: .28%

CBN: 0.17%



EYEBALL VIEW

NORTH SEATTLE MEDICAL COLLECTIVE

POPULAR PICK

APPLE JACKS

THC: 16.9%

CBD: 0.18%

CBN: 0.05%



EYEBALL VIEW

GREENWORKS COOPERATIVE

POPULAR PICK

PINEAPPLE EXPRESS

THC: 14.25%

CBD: 0.1%

CBN: <0.1%



EYEBALL VIEW

POPULAR PICK

BLACKBERRY KUSH

THC: **20.81%**

CBD: 0.83%

CBN: **1.14%**



EYEBALL VIEW

LOVE ME TENDER

LOUIS

BUDTENDER AT GREENWORKS

Louis Santiago is Seattle. He is the epitomized Emerald City Native — from the Subaru he drives with Smartwool socks on his feet, to the superb locally grown herbs he serves daily. Negate any notion of the "Seattle Freeze," Louis is the representative spirit of the Pacific Northwest. When he tells us that as of now, he has currently spent more of his life living on Capitol Hill than anywhere else in the world, it all made sense.



"When I was a kid, I used to roll pretend joints out of leaves from the trees in the backyard," Santiago shares with us. His mission became clear in high school when he noticed that the only time he could contain his teenage rage was under a little bit good ol' fashion cannabis. This was 20 years ago, so if you can imagine, there was little option for legal medical support. He befriended some growers and made himself available to help volunteering doing front desk at Greenworks when the time came.

Although a lifetime lover of the herb, it wasn't until joining the medical community did Louis' eyes really open to the vast healing benefits of the plant.

Furthermore, despite encountering the more concentrated and advanced reaches of the plant science in the form of hash in Holland, where he used to live, Louis admits it has been after his time at Greenworks that he has gained the most knowledge and seen the most remarkable advances in the hash game.

A retired mechanic of 15 years, Louis used to listen to a car and would tell what was wrong with it and how to fix it. Now, he fixes people. They come in and ask for a certain feeling, or describe a certain ailment; he prescribes them the herb he knows will deliver the most effective results.

He dreams to one day become something of a "Grower Monk" living in Glacier, Washington.

"I want to snowboard all day, and tend to my plants all night," is something Santiago is fond of saying.

Seems like a nice life. With a spirit as pure as his and such a profound devotion and respect for cannabis, we can't see a reason why his dream isn't within reach.

—L.D.

"When I was a kid, I used to roll pretend joints out of leaves from the trees in the backyard."



BUDDHA

BUDDHA AT CANNABIS CLUB

As he windexes the glass display cases and keeps his domain looking spotless, Buddha shares his reasons for joining the Cannabis Club when he was a budtending free agent.

"I fit right in to this crew. We all have a sense of humor," Buddha recalls. "We all have a relationship with the boss and the people coming in, there's no pecking order here. There's a lot of people up in here that really need this [cannabis]."



It doesn't take long to find out he is known for his descriptive stories. His qualifications start with the all-important knowledge about treating symptoms; he has the large in-house inventory memorized as he pulls jars for the inquisitive visitors. But what really gives the guy an edge is the quick-witted stories about past cannabis experiences with the strains being considered.

They are like "Great Moments in Cannabis History," some riff off Dave Chapelle, for a new patient that's in no particular rush. One such example:

"This Ogre was 23% THC and a cherry from it burnt a hole in my brand-new Air Maxes. I didn't even care I went straight back to try and get more, and it was gone. I won't throw those Air Maxes away for that reason. The weed was that good. It burned all the way

through to my sock and everything."

The Skywalker strain from Cannabis Club has worked miracles according to Buddha. He suffers from a bad back, but with the help of his dosage he spent six hours underneath his '92 Chevy Blazer changing a transmission.

"I was all laid out in the dirt too; my bad back couldn't do that no other way."

Instead of focusing on what cannabis can potentially take away when used irresponsibly, Buddha encourages us to look at the number of people getting their lives back that can thank cannabis for the quality of life they are enjoying.

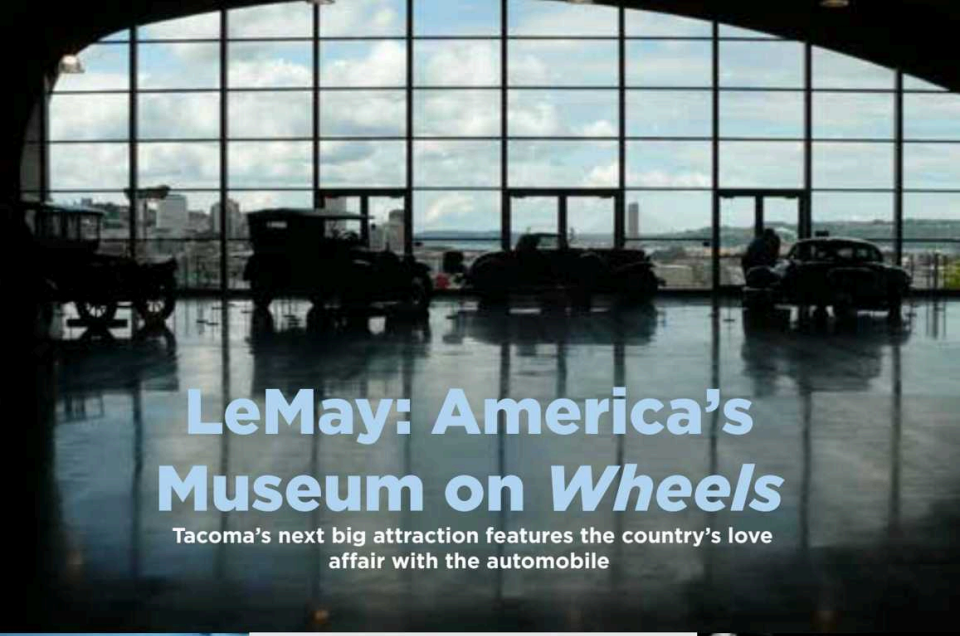
"It's about being able to play basketball with your kids," he says.

> "I fit right in to this crew. We all have a sense of humor. We have a relationship with [...] the people coming in, there's no pecking order here."

That understanding is what makes Cannabis Club live up to the term "Collective." Ask for Buddha next time you are on 6th Ave cruising for an access point that actually feels accessible.

—*L.D.*





LeMay: America's Museum on *Wheels*

Tacoma's next big attraction features the country's love affair with the automobile



The building will certainly stir up some negative reaction, but we love it and think it's a perfect fit next to the Tacoma Dome. The car collections of Harold LeMay and a variety of curated exhibits make up "America's Car Museum," four floors of luxury coaches and racing beauties.

"They've shaped history, given us freedom and mobility, and in many ways helped define how we see ourselves," President and CEO David Lowe Madeira said in a release.

The early Indy 500 models and Ferrari timeline were high points





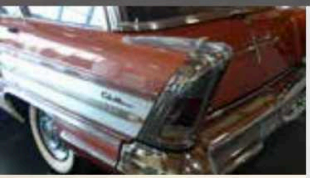




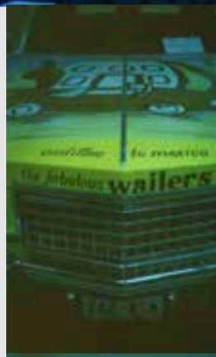












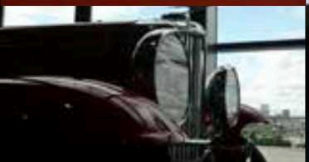


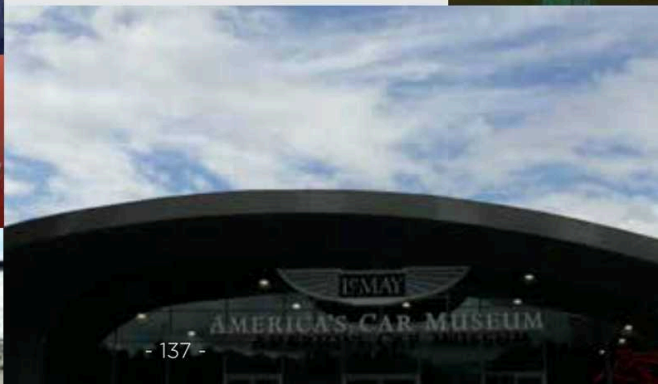
for us, but nothing topped the "Cadillac to Mexico" car used by the Fabulous Wailers, Tacoma's pioneering band best known for it's rendition of "Louie, Louie," but also featured on "American Bandstand" and authors of a Top-40 hit (Tall Cool One) in 1959.

The 1976 Brougham was dubbed the "Wailer Mobile." Artist Teddy Haggardy painted it, only fitting since he did the album artwork for the release in the early 2000s. We remember hearing stories about them riding around Tacoma using the PA system on top of the car to promote shows, and these guys were old enough to be your grandpas when they did it. Bad ass.

lemaymuseum.org







HIGHTOONS

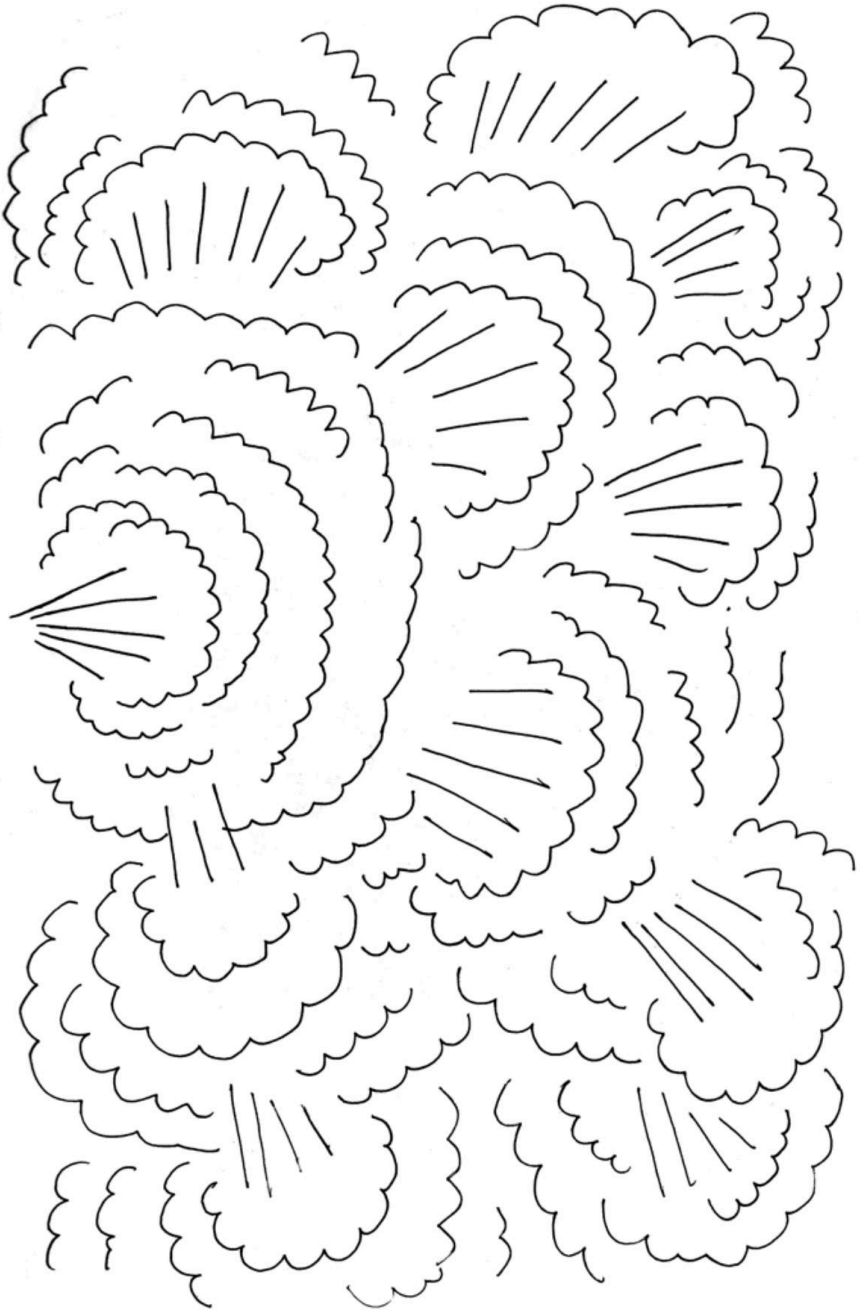
With all the intense debate on key issues determining the future of medical cannabis in WA State, we thought you could use a break. Hightoons are made for the light-hearted side of medicating, a good smile or laugh reminds us to be thankful for our small victories. These were produced in-house by the 4E Art Dept. but we welcome user submissions, if you've got something we think is good enough we'll publish it. Email **nate@4evergreengroup.com** your sketch or doodle. Keep it creative for cannabis' sake.

GREAT MOMENTS in ... MARIJUANA HISTORY

GEORGE W. GREW HEMP ON HIS FARM. HE WAS KNOWN TO PREFER HIS PIPE OVER ALCOHOL, AND LOVED THE SMELL. SOME PEOPLE BELIEVE HE SMOKED TO HELP HIS CHRONIC TOOTHACHE. OUR FOREFATHERS WERE GREAT BUT THEIR DENTISTS... NOT SO MUCH.








arried
to
marijuana

THE STRAIN GAME

This is what the 4E Art Dept. calls a "high-dea." We have noticed some pretty outlandish strain names recently and thought we would start making spoof logos for these fictional hybrids. What's the point of being authorized if we can't have a little fun with it?







REIGNCITY.COM



SUNDAY 7/22
SNOOP DOGG
7PM DOORS / ALL AGES + BAR / SHOWBOX SODO



WEDNESDAY 7/25
BIG KRIT
+ CASEY VEGGIES + BIG SANT + DJ TOPSPIN
8PM DOORS / ALL AGES + BAR / AT NEUMOS



THURSDAY 7/26
WATSKY
+ DUMBFOUNDEAD + UNIBROZ
8PM DOORS / ALL AGES + BAR / AT THE CROCODILE



SATURDAY 7/28
THE SMOKERS CLUB TOUR
+ JUICY J (TAYLOR GANG) + SMOKE DZA + MORE
8PM DOORS / ALL AGES + BAR / AT NEUMOS



TUESDAY 8/7
ELZHI
+ THADDEUS DAVID + JUSTIS + DJ SWERVEWON
8PM DOORS / ALL AGES + BAR / AT THE CROCODILE



SATURDAY 8/11
ONRA (LIVE)
MATTHEW DAVID + WD40 + JUSTICE & TREASURE
9PM DOORS / 21+ / AT THE CROCODILE



THURSDAY 8/16
LYRICS BORN
8PM DOORS / ALL AGES + BAR / AT THE CROCODILE

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EARBUDS®

Summer and music make a pair like peanut butter and jelly. So in this issue of PDA we reached out to some of our favorite acts and musicians to see what the festival season is like from backstage. Most importantly how they keep cannabis close during drought seasons and state-to-state travel. Take advantage of the good weather and keep that summer soundtrack shuffling, but always know that summer sounds better live.

Cannabis in a Social Blind Spot

Australian rap phenom Iggy Azalea on marijuana as medicine and getting spanked by Elvis.

Love her or loathe her, there is no denying Iggy Azalea's role in the future of hip-hop music. The beautiful Australian, born Amethyst Amelia Kelly, began her love affair with music at the tender age of 11. By 14 she was putting pen to paper, under the influence of Tupac Shakur, and writing her own lyrics.





"Tupac's was a huge part of my life at a younger age," Azalea tells 4E. "I was literally obsessed {LAUGHTER}! I memorized every song, and his pictures were all over my wall. He inspired me from the moment I first heard 'Baby Don't Cry'. I started writing my own raps, but I kept it a secret for a while."

While the rap scene flourished in the States, the fan base in Australia continued to slowly rise. Wanting to immerse herself in her new interest, Azalea found comfort and refuge in the only local hip-hop social community at its time.

"If you're from Australia you know there is no Hip-Hop or Rap scene without the Sudanese refugees. I have them to thank, and I always will," Azalea recalls. "They make up a large percentage of the people in the country who like hip-hop. The Sudanese embraced hip-hop, created events and gave back to the community. It was literally the only place to go if hip-hop was what you were looking for."

Now at the age of 21 Azalea has put Australia on the map bringing her bold, brash, and vulgar image to the industry.

"Me? Vulgar? No way! People don't know how to perceive me and that's fine. I'm learning that people have a hard time separating real life from the art that I do," she explains. "The fur coats, dogs and ice cream, its all art. I know my fans understand it, that it's metaphorical. I don't see why I have to separate what really happened from the metaphorical. I get so much hate for it, but if you think everything your favorite artist says is real; well then you're stupid and I don't want you to be a fan. My music, like 'D.R.U.G.S' is just social commentary for me, like pop art."

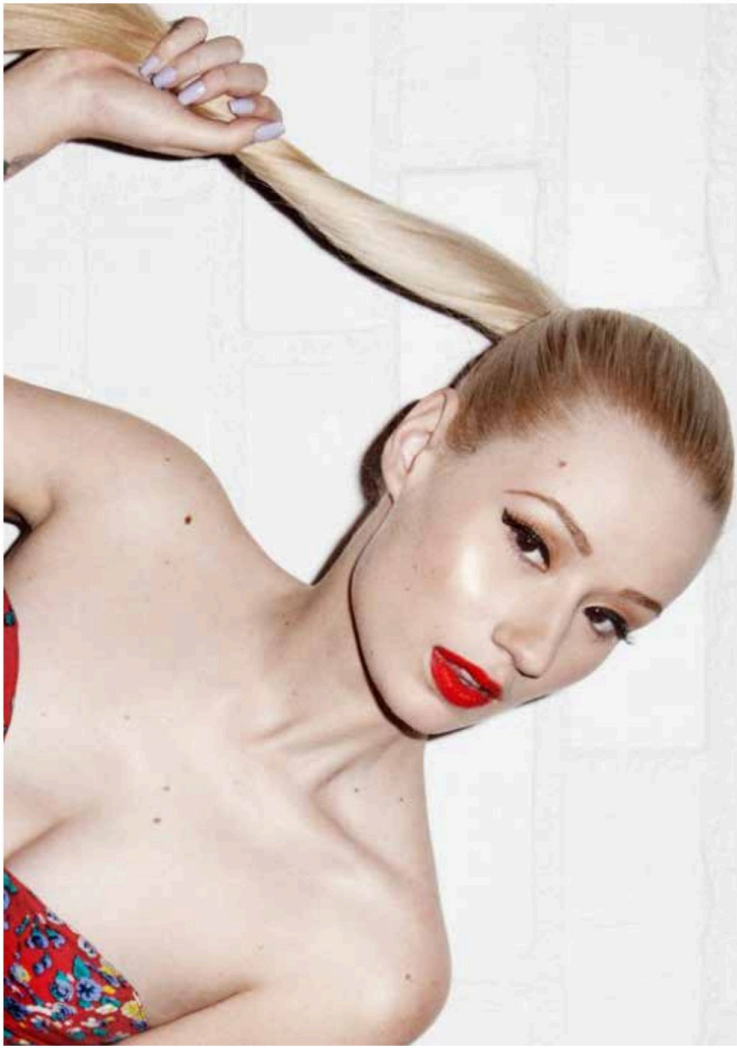
While Azalea is not for the promotion of drugs, she is a strong supporter of the medical marijuana movement.

"Just like music there is a large amount of people with social blinders, when it comes to weed," Azalea says. "People act like it's a drug, in my opinion it's not. I understand and I'm all for people using it as medicine. I think to be against making it legal is ignorant. And the media is ignorant and they try so hard to be politically and socially correct or conscious; but in doing that it somehow ends up still tainted, or ignorant. There are no deaths by weed, not one. I love where I live, but Seattle's openness about weed makes living there appealing."

Now after her debut single "Pu$$y" exploded through social network sites, Azalea plans to monopolize her sudden fame and give awaiting fans what they want – an album.

"Diiplo is helping me with the makings of it, and honestly I couldn't have a better team. More ice cream, more fur, and maybe even one of Elvis spanking me. I've always wanted to be spanked by Elvis."

—E.B..



DEVIN THE DUDE QUITS SMOKIN'

*Cigarettes that is...But he loves Dungeness crab and James Taylor

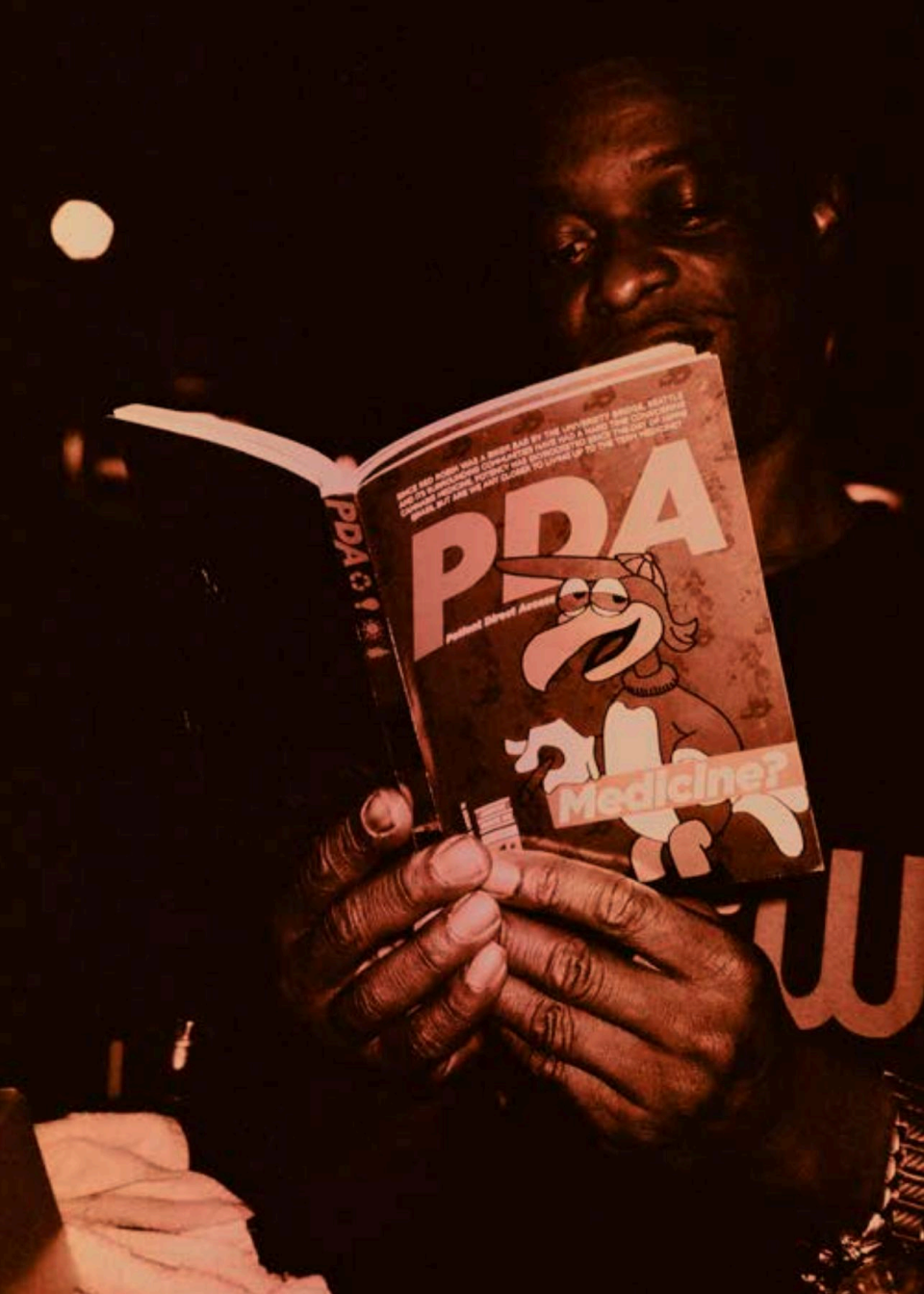


In 2006, Devin the Dude (a.k.a Devin Copeland) was hanging out with who would become the 4E founders. It was one of his many trips to Seattle. We had gotten to know Devin at studio sessions with OneBeLo and a a road trip with Ghetto Prez to Portland to play the Viper Room and a private screening of his documentary. Medication was shared, in staggering quantities; after all that he opened up and shared his wisdom about traveling domestically with cannabis onboard.

"I take it back in my dirty socks," Devin said of airport security avoidance practices. "I got hustles man. I got some tactics, because I had to think of somethin' to get this Seattle weed back to Houston. I got a big-ass deodorant bottle of Degree, I wound it all the way up and cut most of it off. I threw that away and left the top layer. I stuffed the weed and put the top back on it. It fit real cool and neat."

His honesty is an unwavering policy. So we thought we'd just give it to you straight.

• • •

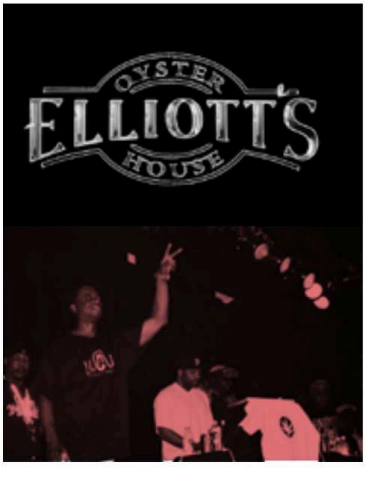

PDA
Medicine?



Q&A. *Devin the Dude.* Go.

4E: We've heard about your love of Northwest Dungeness crab, what's your favorite place in Seattle to get it?

Mr. The Dude: "I'm from Florida man, grew up in Texas. I had a lot of crab in Florida, and Texas not so much. So Elliott's (Oyster House on Pier 56), aww man. The best crab cakes in the world. Nah'm sayin, the Dungeness Crab when it's in season. It's crazy. So we made a ritual, that every time we come to Seattle we gotta make it a must to go to Elliott's. We're goin' there tomorrow, we were just talkin' about it."





Do you have a special relationship with the people out here?

"There's a lot here in Seattle, and it's grown over the years since the late 90s, Seattle has been really really cool to me. The weed up here bridged the gap, or whatever that is. I first came here when I started doing my solo stuff. And that was the first crowd that showed me a whole bunch of love. Then Chicago showed a lot of love, D.C. showed a lot of love, Cleveland... But when I came to Seattle it seemed like the lights was already on here. Everybody at the club was on it, and I went back to Texas and told everyone like 'Man, Seattle!!!...' So after that I made it a point to keep comin' back."

So Benson & Hedges, what's the story with that?

(Singing)
"Benson & Hedges menthol Bitches & Hoes, you know how it goes/ Smoke all 20 of 'em/ inhaling 'em through my nose"

"I stopped smokin' two and a half years ago. But those were a premium brand (english accent). I stopped because I had too much weed and cigarettes. A pack and a half a day. So I had a good reason to quit smoking. The other reason was people kept comin' up like 'Them's women's cigarettes.' Everyone would be like 'my auntie smokes them cigarettes.' I've learned there is no such thing as a good cigarette, I don't think."

“I stopped because I had too much weed and cigarettes. A pack and a half a day. So I had a good reason to quit smoking. The other reason was people kept comin’ up like ‘Them’s women’s cigarettes.’ Everyone would be like ‘my auntie smokes them cigarettes.’”

Cannabis as medicine, your thoughts?

“Everybody has cannabinoids in their system or whatever. I believe it’s natural to the point that it’s almost needed. Some people can’t really handle it, all the different grades that’s out there. I believe there is one that everyone can enjoy, that would work out for them. Bein’ health wise it’s just the best way to go. But you know it’s hard to tax so the government is scared of it. If they legalized all across the map, you couldn’t hold it down. It would be everywhere. And people would be like ‘OH, SHIT.’ We’d see a lot more people outta jail, and they don’t want to see that because it might disrupt the cash flow.”

How important were other artists bumping your records on their tour buses to becoming the household name you are now?

“I always felt blessed to be appreciated by artists that I looked up to. See that’s the whole thing. Snoop and Dre were telling me on the first chronic tour they were bumpin’ the Odd Squad stuff.”

James Taylor covers of “Handyman?” Singing to old ladies in elevators? You are really a unique individual...

“Growin’ up in Florida we stayed in front of a radio station, and I used to go in the trashcan to take old records out. They threw ‘em away, even if they just had a small scratch on them. They couldn’t afford to play it on the air like that, so I got all those records. I would DJ at the house for my family. There were so many different varieties of music. And you always felt like there was somethin’ there, in every genre of music... there was a song. You’d be like ‘oh okay, I can jam to that one.’





Guns n' Roses star, and local guitarist, Duff McKagan signs for fans

ROBBED RALLY

5,000+ put a Sonic Boom on Occidental Square


SEATTLE
SONICS
BRING 'EM BACK!
SONICS
KUBE93fm
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SPORTS RADIO
950 KJR



Shawn Kemp (left) and Gary Payton (right) take the stage to the crowd's delight.

On a star-studded June afternoon with former Sonics legends rubbing elbows with rock gods, the crowd rallying in support of a new arena and NBA team at Occidental Park cheered loudest for Michael Cage's jehri curl. Fan favorite and rarely used benchwarmer Steve Scheffler was the second biggest response during roll call.

What made the Sonics franchise different was the celebration of it's quirkiness. Fans embraced the characters, the disco-era uniforms, the headbands and colorful play-by-play broadcasts. Founded in 1967 as a relatively young team by comparison, that didn't stop the Sonics from amassing a unique history.

It's that history and the nostalgia that lingered after the vanishing act, especially with the success of our roster in Oklahoma City, that made for a special occasion. The dynamic duo of Gary Payton and Shawn Kemp took the stage together to a sea of outstretched arms that resembled a music festival mainstage. T-shirts were thrown to the crowd and those on stage began to compete to see who could toss one the farthest. Even Duff McKagan formerly of Guns n' Roses tried his hand at hurling the promo items.

Rainier Beach High and UW alum Nate Robinson gave his usual dose of comedy mentioning that he played for Gary Payton's AAU team as a teenager. "I'm not saying these guys



are old, but..." Robinson said referring to Payton and Kemp.

Enterprising youngsters hocked their old Sonics jerseys on coat-hangers, post-grunge Seattle rock band "Presidents of the United States" opened for "Blue Scholars" a rap duo with a much younger following. To 4E's dismay Sir Mix-A-Lot's "Not In Our House" wasn't played a single time. But that's our only gripe.

Kevin Calabro, the team's iconic voice along with his predecessor Bob Blackburn, was on-hand and he is admired in a way that is on par with the star players. Calabro is known for his nicknames and his personal touch is woven into the fabric of the team. He dropped some signature tag lines like "Big Paper Daddy" to wild ovations. We remembered his magic carpet rides and all the good gollying of poor old Ms. Molly.

Keeping the Sonics weird is as important as resurrecting them. It's the identity of a region, which was imprinted on a team. Even the name "Sonics" has two strange origins. One was capitalizing on the popularity of Tacoma garage rock super group "the Sonics" who were HUGE when the team was established.

The other was the Boeing Supersonic Transport (SST). This was a Concord-style jet that was ultra-futuristic and so expensive it never was released to market. In a strange way this "Curse of the SST" may have doomed our franchise to heart-wrenching relocation from the beginning.

cont. >>>



As a Seattle's sports fan we're used to those kinds of ironies.

To those who feel we are speaking witchcraft and superstitious nonsense consider this about the name "Sonics." It was conjured in an era when a public contest was held to get the people's feedback on what they thought would be good options. The Puget Sound submitted 25,000 recommendations and it was a local school teacher named Howard E. Schmidt and his son Brent who won. We visually branded the team with a series of quirky logos that became beloved over time.

That was until Howard Schultz bought the team, and hired local firm Hornall Anderson to completely "modernize" the brand identity. So while we want a team back as much as anyone, we feel it's important that the personality comes back with it. Yuppie-friendly ambiance in a new stadium must not make the basketball experience like watching a Mariners game at Safeco Field. The park is beautiful but it's a business/social space with small pockets of fandemonium.

The weirdness of the Kingdome, and the drippiness of Michael Cage's jehri curl needs to be baked in to the plan to bring the NBA back. Non negotiable.



The Boeing SST was the inspiration for the team's name, but the aircraft never got off the ground.





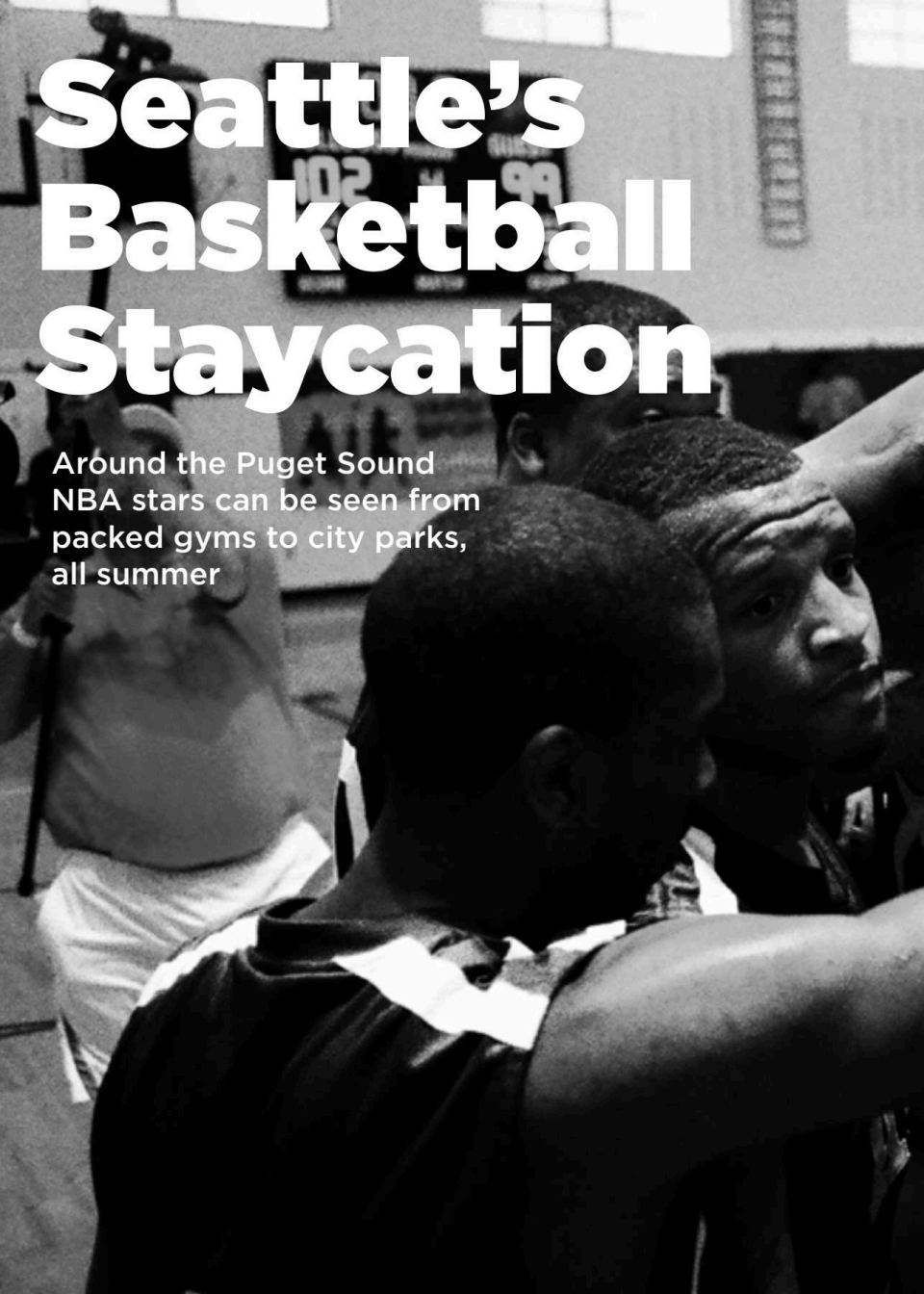


SEATTLE SUPERSONICS



Seattle's Basketball Staycation

Around the Puget Sound NBA stars can be seen from packed gyms to city parks, all summer







According to Seattle Times staff writer Percy Allen, the "summer circuit unofficially tipped off" with Rip The Cut at the end of May in the Cleveland High School gym. Once the NBA season ends players with local ties tend to make it back to see family, do charity work and train. With such a strong local network of top-notch players, the runs are always good in the summer and you can get out and see them up close and personal.

"Rip The Cut" featured everyone from Jamal Crawford to Nate Robinson, Aaron Brooks to Tony Wroten Jr. Captains built their own roster, even Shawn Kemp entered a squad. Crawford's "Home Team" took home the title, with Franklin High School legend Al Snow (who plays pro all over the globe) taking MVP honors. Proceeds benefited Fred Hutchinson Cancer Research, and players lingered long after it was over signing autographs and taking pictures.

More importantly for a city still stung from losing its Sonics, it means you can experience a different side of basketball that can be very entertaining. Things happen at these events, people gossip about them and word of mouth takes it across the region. There was the time Desmond Mason did a dunking exhibition at Rainier Beach HS, throwing lobs off the back wall and showing skills better than what won him the dunk contest in 2001. As recently as last year with Washington Wizard's former No. 1 overall pick John Wall in town, young Tony Wroten Jr. made a splash by going head up with him several times down the court and scoring at will.

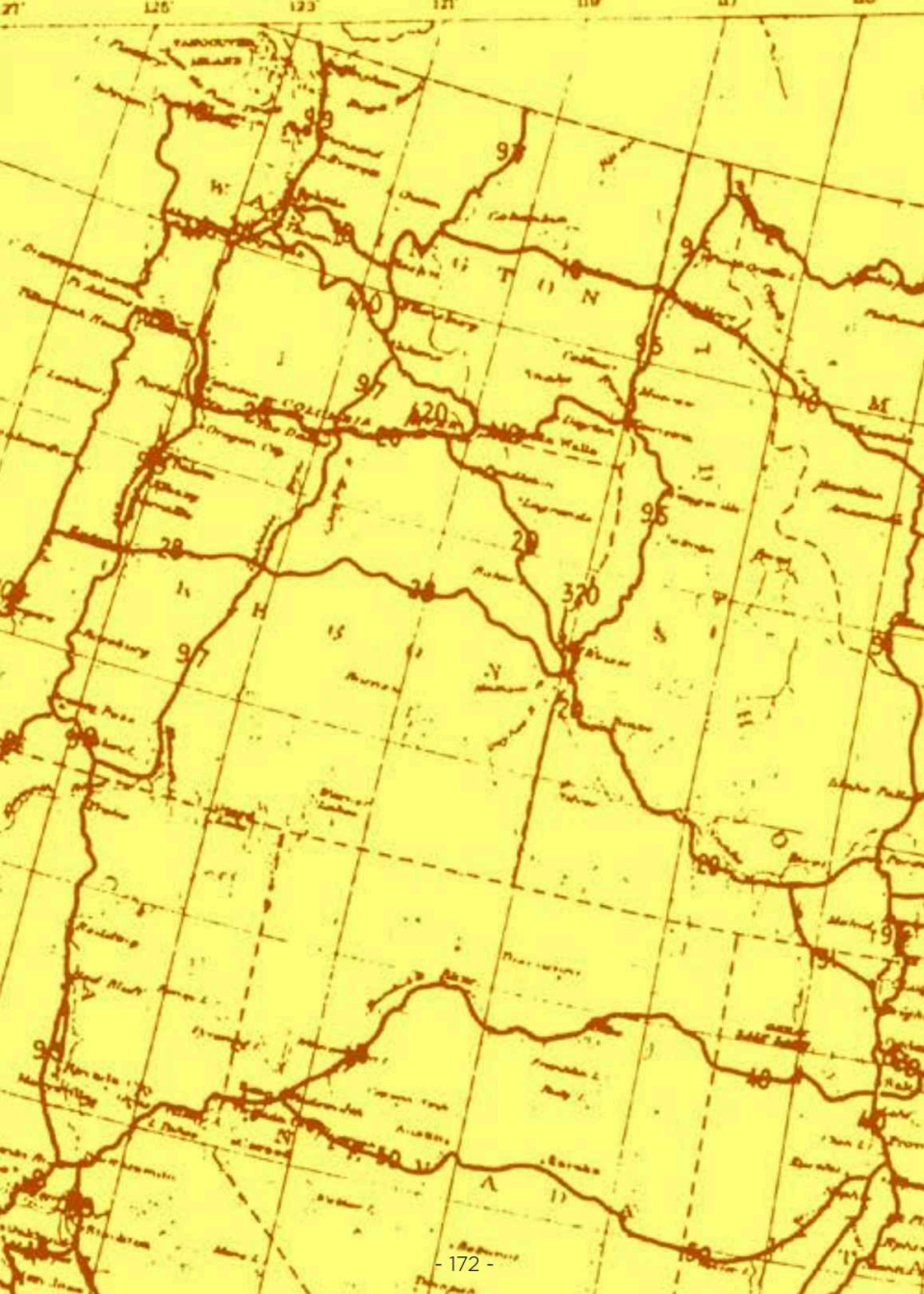
High school prospects use these pick up games to get on the court with their idols. The chance to learn and be mentored has been a real factor in putting players into the NBA. If they catch someone slippin' it also means their recruiting stock can rise. The jokes and trash talk between these players is as much fun as the action, and at any moment something could happen that would make national news. It's only a YouTube upload away.

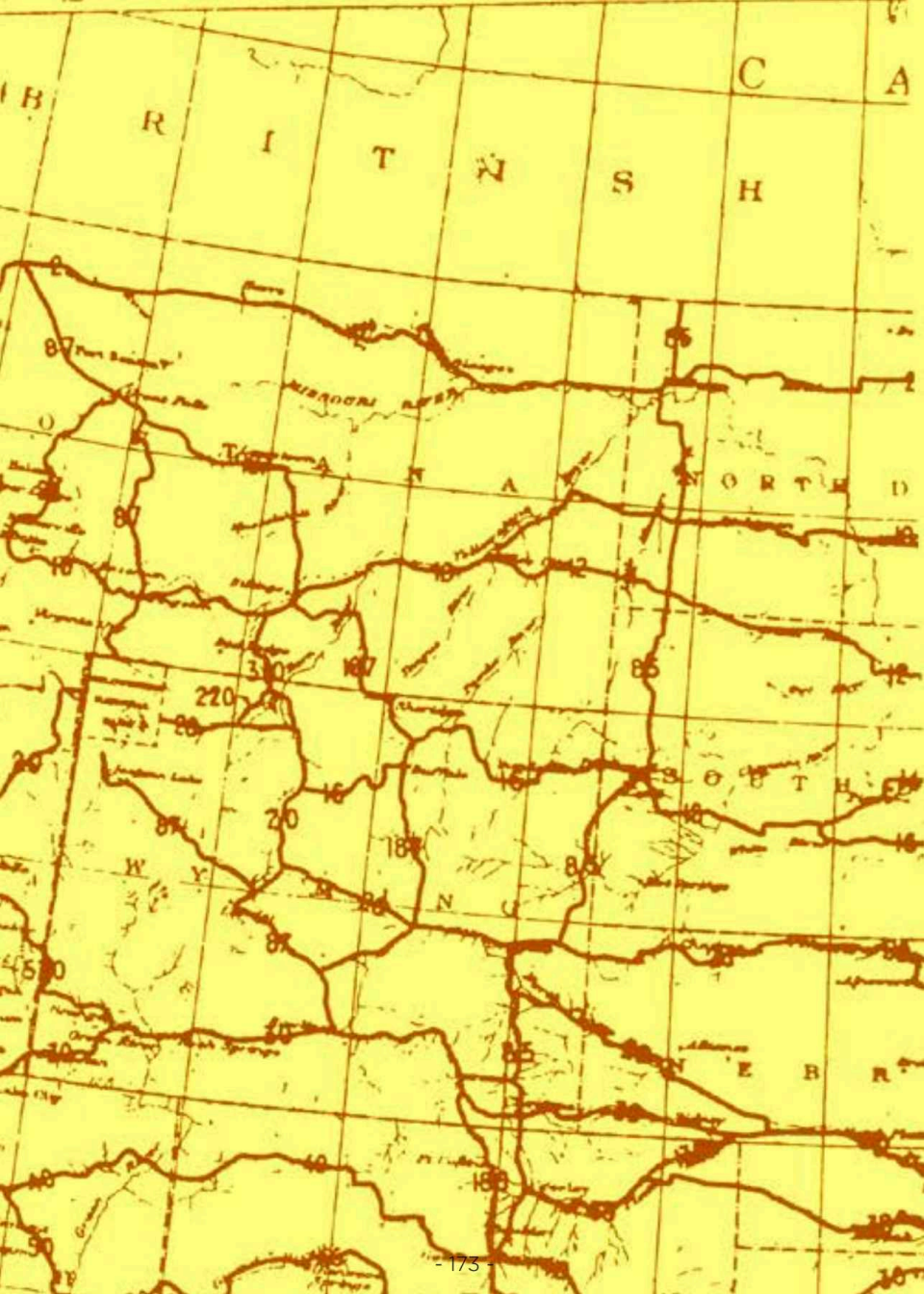
"If you know anything about Seattle, you know that all the hometown kids make it back for the summer," DIME Magazine writer Aron Phillips said last July "And what does that mean? Crazy action."

4E can tell you the best spot to catch this kind of game is at the Jamal Crawford Pro-Am held at the Rainier Vista Boys and Girls Club on MLK Way. It's happening every Saturday and Sunday in August from 1:30 pm - 4:30 pm. Admission is $5 but it's free family-friendly fun for those under 17.

Save the date on July 29th when Crawford hosts the All-Star Game for the league which includes a dunk contest, as well as three-point marksman shootout. Dunk artists like Kevin "Golden Boy" Kemp are known to enter these spectacles, do a quick google search on him if you ain't up on it. Not every city has this kind of scene so we at 4E are all about taking advantage of a good thing that's hard to find.

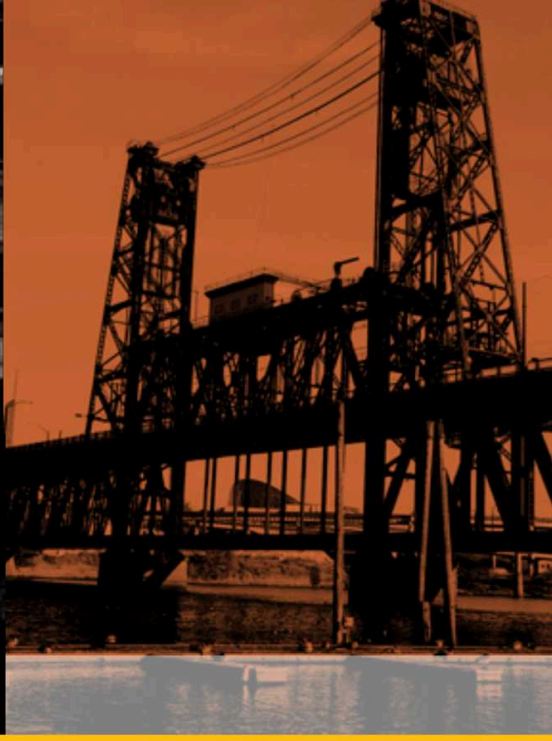

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HAWES




C A
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220


WELCOME TO
PORTLAND





The thing about the Northwest is it operates like a region. Our sister cities like Portland are a modest drive, or train/bus ride, down the coast and present an entirely fresh perspective. Vancouver is a true international destination, and Portland is the landing spot for orphaned Brooklyn cool kids. In order to keep our taste sharp we make the moves a few hours in either direction, and since we are celebrating the American road trip in this issue, 4E wanted to encourage everyone to find an excuse to go to

Portland. It's not an exact science since we are tourists in Portland, but here are a few things we enjoyed and would recommend any chance we get...


60-DAY
SUPPLY BAG
Chester Wallace
made in the North-
-west totes do the
heavy lifting
chesterwallace.com
patricklong.net
CHESTER
WALLACE

At 4E we are always in need of a well made bag to protect our prized pound and a half of cannabis (the legal limit) from the elements. During a recent trip to Portland, in a store called Canoe, we came across the Chester Wallace tote. To the touch it felt like Filson's tin cloth. We were sold.



Patrick Long makes them all by hand in his Portland studio, with his locally-sourced team, and releases a few colorways at a time. The standard bag uses #10 waxed canvas, a water repellent fabric for the mildew mornings of the Northwest. Bottoms are reinforced along every seam, handles are made of nylon and according to Long, it's carried everything from "hammers to watermelons" without a hiccup.

The idea was to design a bag to "carry a six-pack of beers across town on a bike," he is fond of saying. Long made the prototype 20 years ago and still has it. The brand he named after his two grandfathers has been experimenting with wild fabrics like Swiss and English technical wovens, polyurethane used in aircrafts, heat-sealable options... but the form remains. This is the bag that does the heavy lifting, and has never been called a "murse."

CHESTER WALLACE
PORTLAND OREGON

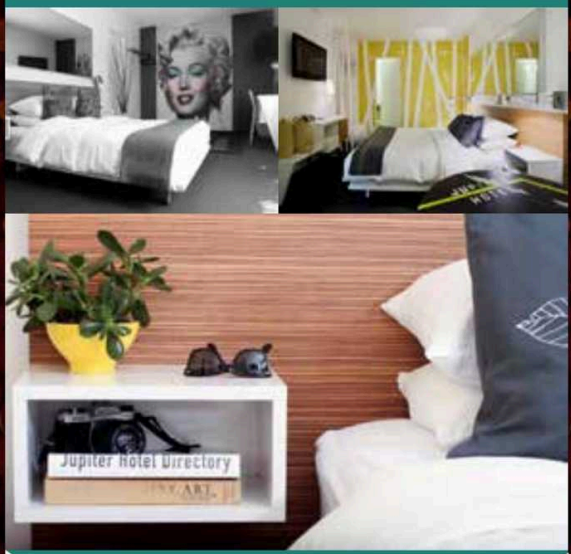
Long makes around 1,250 a year according to Dwell Magazine, and also earns a healthy living as a freelance illustrator in the advertising world.





HOTEL, MOTEL, JUPITER IS IN

A converted motor lodge became a design destination, now you need to book well in advance



800 E. Burnside St,
Portland, OR, 97214
503-230-9200
www.jupiterhotel.com



Only one place to stay in Portland has a hair salon, tattoo parlor, thriving music venue and sells thong underwear as a souvenir item – Jupiter Hotel, in the Lower Burnside neighborhood. What was once a 1960's motor lodge was recaptured in 2004 when it opened as Jupiter with all new rooms and a central courtyard where the parking lot used to be. What coolhunting.com calls a "HUB of effervescent creativity," with a diverse cross-section of people, is where 4E cools its jets on the Northwest weekend getaways.

Doug Fir is the log cabin music venue, built underground on-site with modern fixtures and a disco floor. It's perfectly Portland. If you can catch the Portland Cello Project doing their "Extreme Dance Party" on July 20/21 or Seattle favorites "The Young Evils" at the end of July, you'll see what we mean. If you are so inclined ask about the DreamSUITE for a penthouse level accommodation, or the "Midnight Special" where rooms booked after midnight are $59.

Until Sept. 30th they are offering an advance purchase discount, that allows you to hold a room without paying upfront. Cancel 24-hours prior, no questions asked. It's loud, young and keeps late hours and for all those reasons the New York Times said: "the intersection of local culture and contemporary design makes Jupiter one of Portland's most eclectic places."









CASCADIA COOL

The Woodlands shop outfits the Northwest's backyard

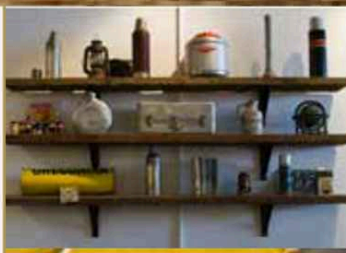


1308 W Burnside
Portland, OR 97205
(503) 222-2774
woodlandsshop.com

Our location dictates our style. The Woodlands shop was founded on this principle, how to gear up when the forecast looks damp, what to carry with you for the day-to-day. Products that they use, wear and consume became the inventory of Woodlands. They are not curators. As they say "if we sell it, we stand behind it, and most likely in it."

This spot is one of the few places to get **Danner Boots**, and we are always trying to get our hands on some of the Stumptown collection. At 4E we tend to grab some of the **Made in Oregon** stuff because most of the national brands are available elsewhere. **Portland General Store** cologne made from whisky but smelling like a million bucks was a must have. Tellason denim coats were as fly as they were affordable. Other favorites were local collective **"Bridge & Burn"** and the **"ColumbiaKnit"** beanies made exclusively for Woodlands.

Woodlands even carries the Chihuly "Native Tapestry" Pendleton book. The original is a tough find and costs $775, plus you need to call ahead. A nice reproduction was also on hand for for $40 so all the bases are covered with these guys.











LIGHTING THE WAY

Schoolhouse Electric Co. sold vintage fixtures, then a lightbulb went off

www.schoolhouseelectric.com

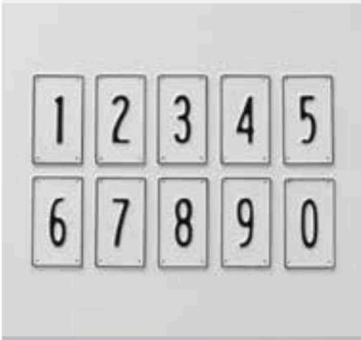
The early 20th Century had it going on for ornamental light fixtures. Art deco classics were found everywhere from courthouses to local libraries. Modernism did away with the excess details in the 1960s but Portland real estate agent Brian Faherty collected lighting brochures and built an archive of his own regardless. It was his thing.

In 2003 Schoolhouse Electric opened on MLK Way in Portland and sold fixtures to builders and homeowners looking for period pieces. Faherty specialized in period houses on the market, and his new venture got off the ground flying high. This year they entered the household products market and left the niche behind, but Restoration Hardware they are not. In Portland we stopped by the 100-year old warehouse showroom on NW Nicolai St. and peeked in.

There's been a lot of progress since Faherty bought 60 molds from Gillinder & Sons Inc. when the company established in 1861 went in a new direction. The table lamps are some of our favorites, and the Edison bulbs can be left bare in an Ion lamp and that room won't need any further decoration. Monocle Magazine recently propped them up for faithfully reproducing the 1960s IBM wall clock, and mass producing it. Order online, or make the trip, the gift you get will hit home.











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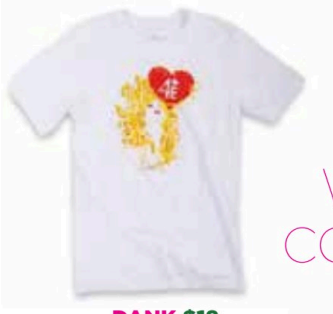






OBAMA $24

WOMEN'S COLLECTION



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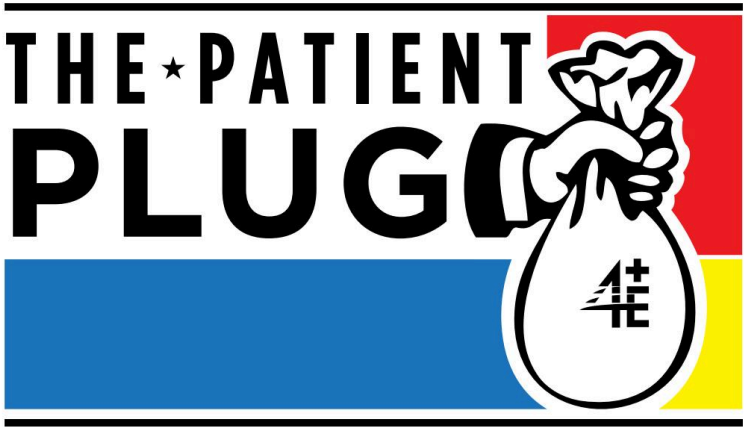


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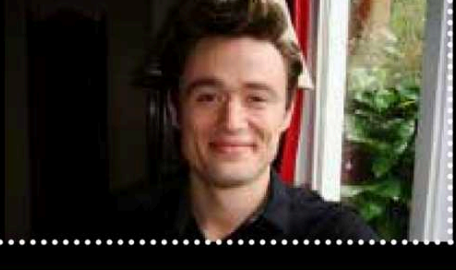
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